



# Weightlifting Queensland

June 2012

The Official Journal of the Queensland Weightlifting Association Inc.



Damon Kelly - Commonwealth and Oceania Champion

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Queensland  
Government

**The Queensland Government is proud to provide funding for the Queensland Weightlifting Association to get more Queenslanders active through sport and recreation.**

## Weightlifting Queensland

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Secretary: Deb Oliver  
Treasurer: Tim Steele  
Committee Member: Bonnie Sleeman  
Committee Member: Bowen Stuart

## QWA Mission Statement

"To Promote and develop all aspects of the sport of weightlifting in Queensland"

## Acknowledgement:

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## Disclaimer

The views represented in this publication do not necessarily reflect those of the editor or of the Officers or the Management Committee of the QWA.



## 2012 Events Calendar

|                   |                                                        |              |
|-------------------|--------------------------------------------------------|--------------|
| July 27 – Aug 12  | Olympic Games                                          | London, GBR  |
| July 28           | QWA League Round 3 & Masters League Round 3            | Zillmere     |
| August 11         | Qld U15 & Youth & Junior Championships                 | Toowoomba    |
| August 18 – 19    | Club Weightlifting / Sports Power Coach Level 1 course | Chandler     |
| August 24         | JME Qld Club Challenge – Ironskull                     | Sumner Park  |
| August 24         | JME Qld Club Challenge – Toowoomba                     | Toowoomba    |
| August 25         | JME Qld Club Challenge – Cairns North                  | Cairns       |
| August 25         | JME Qld Club Challenge – Cougars                       | Chandler     |
| August 25         | JME Qld Club Challenge – Crossfit Brisbane             | Coorparoo    |
| August 25         | JME Qld Club Challenge – Crossfit Northside            | Clontarf     |
| August 25         | JME Qld Club Challenge – Sunshine Coast                | Nambour      |
| August 26         | JME Qld Club Challenge – North Brisbane                | Zillmere     |
| September 1       | QWA League Round 4 & Masters League Round 4            | Sumner Park  |
| September 15      | Cairns North Open Club Competition                     | Cairns       |
| September 15 – 22 | IWF World Masters Championships                        | Lviv, UKR    |
| September 16 – 22 | Youth World Championships                              | Koscice, SVK |
| September 22      | Sunshine Coast Open Club Competition                   | Nambour      |
| October 5         | Australian Under 15 Tournament                         | Sydney, NSW  |
| October 6 - 7     | Australian Youth & Junior Championships                | Sydney, NSW  |
| October 19        | JME Qld Club Challenge – Ironskull                     | Sumner Park  |
| October 19        | JME Qld Club Challenge – Toowoomba                     | Toowoomba    |
| October 20        | JME Qld Club Challenge – Cairns North                  | Cairns       |

|                  |                                                        |                |
|------------------|--------------------------------------------------------|----------------|
| October 20       | JME Qld Club Challenge – Cougars                       | Chandler       |
| October 20       | JME Qld Club Challenge – Crossfit Brisbane             | Coorparoo      |
| October 20       | JME Qld Club Challenge – Crossfit Northside            | Clontarf       |
| October 20       | JME Qld Club Challenge – North Brisbane                | Zillmere       |
| October 20       | JME Qld Club Challenge – Sunshine Coast                | Nambour        |
| November 3       | Qld All Schools Championships                          | Sunshine Coast |
| November 5 – 10  | World University Championships                         | Eilat, ISR     |
| November 10 – 11 | Club Weightlifting / Sports Power Coach Level 1 course | Chandler       |
| November 24      | QWA Grand Final                                        | Cougars        |
| December 1       | 'Mike Keelan Shield' Competition                       | Cougars        |
| December 8       | Sunshine Coast Open Club Competition                   | Nambour        |
| December 14      | Toowoomba Open Club Competition                        | Toowoomba      |
| December 15      | Cairns North Open Club Competition                     | Cairns         |
| December 22      | North Brisbane Xmas Competition                        | Zillmere       |

The closing date for entries for all QWA events is 15 days prior to the competition date.

The closing date for entries for all National events is 28 days prior to the competition date.

The minimum standard for entry in the Queensland Senior Championships is **AWF D Grade**.

The qualifying period for the Queensland Junior Championships is 27<sup>th</sup> July 2011 – 27<sup>th</sup> July 2012.

The minimum standard for entry in the Queensland Junior Championships is **AWF E Grade**.

There is no minimum qualifying standard for Queensland Under 15, Youth, School, or Masters Championships.

To be eligible to be selected to represent the QWA at the 2012 National U15 & Youth & Junior Championships athletes must compete in the 2012 Queensland U15 & Youth & Junior Championships.

An exemption from these conditions may apply in special circumstances. Refer to Section 2 of the QWA Team Selection Policy. The QWA Team Selection Policy is available on the QWA web site at [www.qwa.org](http://www.qwa.org) or from the QWA office on request.

## Queensland Competition Venues

| Venue                                    | Address                                                                                      |
|------------------------------------------|----------------------------------------------------------------------------------------------|
| Cairns North Weightlifting Association   | St Andrew's College<br>Redlynch Intake Rd<br>Redlynch 4870                                   |
| Cougars Weightlifting Club               | The Velodrome<br>Sleeman Sports Complex<br>Cnr Old Cleveland Rd & Tilley Rd<br>Chandler 4155 |
| Crossfit Northside                       | 25 Tubbs Street<br>Clontarf 4019                                                             |
| Ironskull Weightlifting & Fitness        | Unit 2<br>16 Spine Street<br>Sumner Park 4074                                                |
| Sunshine Coast Weightlifting Club        | Crusher Park or Nambour SHS<br>Crusher Drive 1 Carroll St<br>Nambour 4560 Nambour 4560       |
| Toowoomba Weightlifting Association      | Toowoomba State High School – Mt Lofty Campus<br>Stuart St<br>Toowoomba 4350                 |
| USQ Springfield                          | The Auditorium<br>University of Southern Queensland<br>Sinnathamby Blvd<br>Springfield 4300  |
| North Brisbane Weightlifting Association | O'Callaghan Park<br>348 Zillmere Rd<br>Zillmere 4034                                         |

## From the QWA Office

Well, another State election has come and gone and Queensland has a new government. The new Premier makes no bones about his debt-reduction agenda and all government departments, including Sport & Recreation Services, are required to tighten their belts. What this will mean for sport funding in Queensland won't be known until the state budget is handed down in September. So, while we await the release of this Government's first budget with great interest, it's business as usual at the QWA office.

The Annual General Meeting of the QWA and election of office bearers was held at Toowoomba on 26<sup>th</sup> May. The Management Committee, which will hold office until the next AGM, consists of Craig Wegert, President; Greg Hobl, Vice-President; Deb Oliver, Secretary; Tim Steele, Treasurer; plus Committee Members: Bowen Stuart and Bonnie Sleeman. Bonnie is a new comer to the Committee and she fills the position previously held by Miles Wydall.

In the middle of June, QWA staff and volunteers were kept busy with an event that delivered four competitions in three days. Last year, the AWF decided that the 2012 National Senior Championships and 2012 National Masters Championships would be run together and the QWA successfully applied to host these two competitions. The National Senior Championships was to be the final Olympic nomination event and so it also became the AWF Olympic Team Nomination Trials. Then early in 2012, the Oceania Weightlifting Federation sanctioned the inaugural Oceania Masters Championships, to be run concurrently with the 2012 Australian Masters Championships. And so from the 15<sup>th</sup> to the 17<sup>th</sup> of June, the QWA hosted the Oceania Masters Championships and the Olitek AWF National Masters Championships and the AWF National Senior Championships and the AWF Olympic Team Nomination Trials.

Many people contributed to the success of this event, but one person in particular worked tirelessly behind the scenes from start to finish. In a masterful display of multi-tasking, Bowen Stuart simultaneously controlled the music, operated the scoreboard and produced the live webcast for every one of the eleven competition sessions over three days.

At the conclusion of the AWF Olympic Team Nomination Trials, Damon Kelly's nomination for Australian Olympic Team selection was announced by the AWF. London 2012 will be Damon's second Olympic Games and he will be joined by Victorian lifter Seen Lee in the Weightlifting Section.

In a late decision by the Australian Olympic Committee to revise their previously confirmed arrangements for the Weightlifting Section, Michael Keelan was removed from the Section Manager/Coach position and replaced with the coaches of the two selected athletes. In explaining this extraordinary move, the 2012 Australian Olympic Team Chef de Mission stated "...it is a practice for the AOC to prioritise personal coaching over administrative personnel when appointing support personnel for smaller sections..." One can only assume that this is a new practice of the AOC, given that the Weightlifting Sections of the 2008 and 2004 Australian Olympic Teams were supported by one Section Manager/Coach, who was not the personal coach of any of the weightlifters selected in those Teams.

Regardless of the turn of events, congratulations are most certainly in order for Miles Wydall on his first Olympic Team appointment. Miles will assume the duties of the Weightlifting Section Manager and he will coach Damon in the men's +105kg category on August 7<sup>th</sup>.

For Queensland's younger lifters and their coaches, the current focus is on the Queensland Junior & Youth & Under 15 Championships, taking place in Toowoomba on 11<sup>th</sup> August. This will be the main qualifying event for selection in the Queensland Team that will compete at the National Championships in Sydney in October. And there are still a number of rounds of the QWA League and QWA Masters League yet to run; as well as the JME Queensland Club Challenge, to keep us all busy through the rest of Winter and into Spring.

Until next time...

Ian Moir



## Queensland Senior Championships

Cougars Weightlifting Club, Chandler Qld  
28th April 2012

### Women

| Name                  | Yob  | Club           | Bwt   | Sn | C&J | Total | Sinclair | Forbes  | Place |
|-----------------------|------|----------------|-------|----|-----|-------|----------|---------|-------|
| <b>53kg Category</b>  |      |                |       |    |     |       |          |         |       |
| Tegan Napper          | 1986 | Cougars        | 52.90 | 51 | 71  | 122   | 171.77   | 171.77  | 1     |
| Jade Sharp            | 1980 | Sunshine Coast | 51.20 | 50 | 60  | 110   | 159.01   | 3529.16 | 2     |
| <b>58kg Category</b>  |      |                |       |    |     |       |          |         |       |
| Tanya Beths           | 1989 | Cougars        | 57.90 | 48 | 60  | 108   | 142.09   | 142.09  | 1     |
| <b>63kg Category</b>  |      |                |       |    |     |       |          |         |       |
| Melissa Robinson      | 1981 | Cougars        | 62.35 | 67 | 88  | 155   | 193.97   | 193.97  | 1     |
| Bianca Sheppard       | 1992 | Toowoomba      | 62.15 | 65 | 62  | 127   | 159.26   | 159.26  | 2     |
| Diana Loy             | 1965 | Milton         | 59.90 | 50 | 71  | 121   | 155.48   | 155.48  | 3     |
| Kim Hanssen           | 1986 | Cougars        | 62.60 | 45 | 58  | 103   | 128.57   | 128.57  | 4     |
| <b>75kg Category</b>  |      |                |       |    |     |       |          |         |       |
| Jenny Butler          | 1973 | Morayfield     | 71.00 | 65 | 84  | 149   | 172.88   | 545.84  | 1     |
| Bronwyn Hitchener     | 1962 | Toowoomba      | 74.65 | 55 | 71  | 126   | 142.58   | 329.01  | 2     |
| <b>+75kg Category</b> |      |                |       |    |     |       |          |         |       |
| Bonnie Sleeman        | 1993 | Cougars        | 87.15 | 73 | 84  | 157   | 166.85   | 166.85  | 1     |

### Men

| Name                 | Yob  | Club           | Bwt   | Sn  | C&J | Total | Sinclair | Forbes  | Place |
|----------------------|------|----------------|-------|-----|-----|-------|----------|---------|-------|
| <b>56kg Category</b> |      |                |       |     |     |       |          |         |       |
| James Norman         | 1996 | Cougars        | 55.30 | 70  | 100 | 170   | 265.99   | 3521.52 | 1     |
| Joshua Wu            | 1996 | Cougars        | 55.80 | 69  | 90  | 159   | 247.04   | 731.96  | 2     |
| <b>62kg Category</b> |      |                |       |     |     |       |          |         |       |
| David Hockins        | 1991 | Toowoomba      | 60.10 | 85  | 107 | 192   | 282.16   | 8482.16 | 1     |
| <b>77kg Category</b> |      |                |       |     |     |       |          |         |       |
| Joseph Reweti        | 1983 | Cougars        | 73.30 | 91  | 113 | 204   | 263.14   | 5059.45 | 1     |
| Bowen Stuart         | 1986 | Toowoomba      | 76.55 | 94  | 110 | 204   | 256.67   | 256.67  | 2     |
| Jakob Daniels        | 1995 | Sunshine Coast | 76.20 | 85  | 105 | 190   | 239.67   | 239.67  | 3     |
| Michael Teede        | 1975 | CrossFit Foxes | 77.00 | 80  | 106 | 186   | 233.26   | 233.26  | 4     |
| Norman Hanna         | 1981 | North Brisbane | 76.95 | 75  | 108 | 183   | 229.58   | 882.70  | 5     |
| Shane Wagner         | 1996 | Toowoomba      | 69.75 | 80  | 103 | 183   | 243.27   | 1037.87 | Guest |
| <b>85kg Category</b> |      |                |       |     |     |       |          |         |       |
| Benjamin Shaw        | 1991 | Cougars        | 85.00 | 100 | 123 | 223   | 265.60   | 690.18  | 1     |
| Jon Pakchung         | 1993 | Cougars        | 81.00 | 96  | 117 | 213   | 259.93   | 259.93  | 2     |

| Name                   | Yob  | Club      | Bwt    | Sn  | C&J | Total | Sinclair | Forbes  | Place |
|------------------------|------|-----------|--------|-----|-----|-------|----------|---------|-------|
| <b>94kg Category</b>   |      |           |        |     |     |       |          |         |       |
| Stuart Wagner          | 1972 | Toowoomba | 90.95  | 97  | 120 | 217   | 250.45   | 250.45  | 1     |
| Thomas Rech            | 1990 | Cougars   | 93.40  | 90  | 118 | 208   | 237.31   | 912.05  | 2     |
| Jonathan Coy           | 1980 | Cougars   | 93.65  | 95  | 113 | 208   | 237.04   | 1915.33 | 3     |
| Nathaniel Wight        | 1984 | Cougars   | 87.60  | 87  | 117 | 204   | 239.50   | 1506.32 | 4     |
| Ben Fuller             | 1983 | Ironskull | 88.75  | 75  | 110 | 185   | 215.88   | 1582.94 | 5     |
| <b>105kg Category</b>  |      |           |        |     |     |       |          |         |       |
| Luke Gardner           | 1988 | Cougars   | 104.20 | 126 | 157 | 283   | 309.50   | 309.50  | 1     |
| Linzey Beister         | 1984 | Cougars   | 99.30  | 112 | 140 | 252   | 280.50   | 1435.62 | 2     |
| Kevin Blake            | 1960 | Cougars   | 103.00 | 112 | 135 | 247   | 271.24   | 1328.52 | 3     |
| <b>+105kg Category</b> |      |           |        |     |     |       |          |         |       |
| Robert Webster         | 1976 | Cougars   | 111.35 | 90  | 120 | 210   | 224.74   | 2020.25 | 1     |
| Peter Foster           | 1967 | Cougars   | 110.75 | 106 | 123 | 229   | 245.48   | 245.48  | 2     |
| Robert Galsworthy      | 1989 | Cougars   | 109.55 | --- | --- | ---   | 0.00     | 0.00    | ---   |

**Referees:** Vicki Brady (Cat II), John Hanlon (Cat II), Keith Forbes (National), Deb Oliver (National), Lesley Moyle (State), Luke Gardner (State).

**Time Keeper:** Wendy Pakchung, Paula Barber, Keith Forbes.

**M.C:** Ian Moir.

### Best Lifter Awards

|        | Name             | Sinclair Points |
|--------|------------------|-----------------|
| Male   | Luke Gardner     | 309.50          |
| Female | Melissa Robinson | 193.97          |

### William Faulkner Performance Awards

|        | Name          | Forbes Points |
|--------|---------------|---------------|
| Male   | David Hockins | 8482.16       |
| Female | Jade Sharp    | 3529.16       |

### Records

| Name              | Bwt Cat | Age Group     | Record Level | Record Type | New Record |
|-------------------|---------|---------------|--------------|-------------|------------|
| Bronwyn Hitchener | F75     | Masters 50-54 | QLD          | SNATCH      | 55kg       |
| Bronwyn Hitchener | F75     | Masters 50-54 | QLD          | CJ          | 71kg       |
| Bronwyn Hitchener | F75     | Masters 50-54 | QLD          | TOTAL       | 126kg      |
| James Norman      | M56     | Youth         | AUS          | CJ          | 100kg      |
| James Norman      | M56     | Youth         | QLD          | CJ          | 100kg      |
| James Norman      | M56     | Youth         | AUS          | TOTAL       | 170kg      |
| James Norman      | M56     | Youth         | QLD          | TOTAL       | 170kg      |
| Jenny Butler      | F75     | Masters 35-39 | QLD          | SNATCH      | 65kg       |
| Jenny Butler      | F75     | Masters 35-39 | QLD          | CJ          | 84kg       |
| Jenny Butler      | F75     | Masters 35-39 | AUS          | CJ          | 84kg       |
| Jenny Butler      | F75     | Masters 35-39 | QLD          | TOTAL       | 149kg      |
| Peter Foster      | M105+   | Masters 45-49 | AUS          | SNATCH      | 106kg      |
| Peter Foster      | M105+   | Masters 45-49 | QLD          | SNATCH      | 106kg      |
| Stuart Wagner     | M94     | Masters 40-44 | QLD          | SNATCH      | 97kg       |
| Stuart Wagner     | M94     | Masters 40-44 | QLD          | TOTAL       | 217kg      |





## 2012 Queensland Masters Championships

Nambour SHS, Sunshine Coast Qld

5th May 2012

### Men

| Name                   | Yob  | Club           | Bwt    | Sn  | C&J | Total | MMS     | Place |
|------------------------|------|----------------|--------|-----|-----|-------|---------|-------|
| <b>65-69 Years</b>     |      |                |        |     |     |       |         |       |
| <b>77kg Category</b>   |      |                |        |     |     |       |         |       |
| Bob Henderson          | 1943 | Sunshine Coast | 76.10  | 50  | 61  | 111   | 260.065 | 1     |
| <b>85kg Category</b>   |      |                |        |     |     |       |         |       |
| Ray Loudon             | 1945 | Sunshine Coast | 80.00  | 53  | 67  | 120   | 253.382 | 1     |
| <b>60-64 Years</b>     |      |                |        |     |     |       |         |       |
| <b>105kg Category</b>  |      |                |        |     |     |       |         |       |
| Martin Walton          | 1949 | North Brisbane | 99.60  | 51  | 65  | 116   | 204.290 | 1     |
| <b>+105kg Category</b> |      |                |        |     |     |       |         |       |
| Ben Grzes              | 1950 | Cougars        | 128.40 | 47  | 45  | 92    | 148.198 | 1     |
| <b>55-59 Years</b>     |      |                |        |     |     |       |         |       |
| <b>+105kg Category</b> |      |                |        |     |     |       |         |       |
| Harry Grzes            | 1956 | Cougars        | 121.40 | 53  | 74  | 127   | 183.694 | 1     |
| <b>50-54 Years</b>     |      |                |        |     |     |       |         |       |
| <b>94kg Category</b>   |      |                |        |     |     |       |         |       |
| Barry Harden           | 1959 | Sunshine Coast | 92.60  | 80  | 100 | 180   | 266.514 | 1     |
| <b>45-49 Years</b>     |      |                |        |     |     |       |         |       |
| <b>94kg Category</b>   |      |                |        |     |     |       |         |       |
| John Hanlon            | 1966 | Cougars        | 89.70  | 65  | 85  | 150   | 210.251 | 1     |
| <b>+105kg Category</b> |      |                |        |     |     |       |         |       |
| Peter Foster           | 1967 | Cougars        | 111.80 | 110 | 127 | 237   | 302.726 | 1     |
| <b>40-44 Years</b>     |      |                |        |     |     |       |         |       |
| <b>85kg Category</b>   |      |                |        |     |     |       |         |       |
| Patrick Galligan       | 1972 | Cougars        | 79.80  | 58  | 85  | 143   | 199.806 | 1     |
| <b>94kg Category</b>   |      |                |        |     |     |       |         |       |
| Jason Loneragan        | 1971 | Cougars        | 91.10  | --- | 90  | ---   |         |       |
| <b>35-39 Years</b>     |      |                |        |     |     |       |         |       |
| <b>77kg Category</b>   |      |                |        |     |     |       |         |       |
| Michael Teede          | 1975 | Crossfit Foxes | 76.60  | 85  | 105 | 190   | 262.864 | 1     |
| <b>+105kg Category</b> |      |                |        |     |     |       |         |       |
| Craig Wegert           | 1973 | Ironskull      | 144.00 | 125 | 152 | 277   | 315.443 | 1     |
| Rodney Carr            | 1973 | Sunshine Coast | 111.30 | 100 | 130 | 230   | 276.951 | 2     |

### Women

| Name                 | Yob  | Club           | Bwt   | Sn | C&J | Total | MMS     | Place |
|----------------------|------|----------------|-------|----|-----|-------|---------|-------|
| <b>65-69 Years</b>   |      |                |       |    |     |       |         |       |
| <b>53kg Category</b> |      |                |       |    |     |       |         |       |
| Vicki Brady          | 1943 | North Brisbane | 52.40 | 24 | 28  | 52    | 136.915 | 1     |
| <b>63kg Category</b> |      |                |       |    |     |       |         |       |
| Lesley Moyle         | 1945 | North Brisbane | 60.80 | 29 | 43  | 72    | 157.452 | 1     |
| <b>60-64 Years</b>   |      |                |       |    |     |       |         |       |
| <b>53kg Category</b> |      |                |       |    |     |       |         |       |
| Julie Davis          | 1952 | North Brisbane | 52.70 | 27 | 38  | 65    | 138.514 | 1     |
| <b>63kg Category</b> |      |                |       |    |     |       |         |       |
| Valerie Silver       | 1949 | Cougars        | 61.30 | 31 | 39  | 70    | 140.295 | 1     |
| <b>55-59 Years</b>   |      |                |       |    |     |       |         |       |
| <b>58kg Category</b> |      |                |       |    |     |       |         |       |
| Coral Quinell        | 1957 | Milton         | 55.10 | 53 | 63  | 116   | 213.640 | 1     |
| <b>63kg Category</b> |      |                |       |    |     |       |         |       |
| Colleen Duplock      | 1954 | Cougars        | 58.50 | 24 | 29  | 53    | 100.303 | Guest |
| <b>69kg Category</b> |      |                |       |    |     |       |         |       |
| Leandra Miscamble    | 1956 | Cougars        | 68.60 | 34 | 50  | 84    | 137.409 | 1     |
| <b>50-54 Years</b>   |      |                |       |    |     |       |         |       |
| <b>63kg Category</b> |      |                |       |    |     |       |         |       |
| Marie Brett          | 1961 | Milton         | 62.80 | 31 | 42  | 73    | 114.123 | 1     |
| <b>69kg Category</b> |      |                |       |    |     |       |         |       |
| Sue Cox              | 1961 | North Brisbane | 68.40 | 43 | 55  | 98    | 145.604 | 1     |
| <b>75kg Category</b> |      |                |       |    |     |       |         |       |
| Bronwyn Hitchener    | 1962 | Toowoomba      | 74.80 | 56 | 72  | 128   | 179.869 | 1     |
| <b>45-49 Years</b>   |      |                |       |    |     |       |         |       |
| <b>58kg Category</b> |      |                |       |    |     |       |         |       |
| Annie Hewitt         | 1967 | Sunshine Coast | 57.70 | 42 | 51  | 93    | 146.570 | 1     |
| <b>35-39 Years</b>   |      |                |       |    |     |       |         |       |
| <b>69kg Category</b> |      |                |       |    |     |       |         |       |
| Emma Teede           | 1976 | Crossfit Foxes | 68.90 | 41 | 63  | 104   | 133.296 | 1     |

Referees: Debra Keelan (Cat I), Lawrie Townsend (Cat I), Vicki Brady (Cat II), Tanya Harden (National), Kathleen Harden (National), Julie Davis (National), Deb Oliver (National), Coral Quinell (National), Trevor Walz (State).

Time Keeper: Barry Harden, Deb Oliver, Lesley Moyle.

M.C: Ian Moir.

### Best Lifter Awards

|         |               |                    |
|---------|---------------|--------------------|
| Male:   | Craig Wegert  | 315.443 MMS points |
| Female: | Coral Quinell | 213.640 MMS Points |

### Records

| Lifter            | Bwt Cat | Age Group     | Record Level | Record Type | New Record |
|-------------------|---------|---------------|--------------|-------------|------------|
| Bronwyn Hitchener | F75     | Masters 50-54 | QLD          | SNATCH      | 56kg       |
| Bronwyn Hitchener | F75     | Masters 50-54 | QLD          | CJ          | 72kg       |
| Bronwyn Hitchener | F75     | Masters 50-54 | QLD          | TOTAL       | 128kg      |
| Coral Quinell     | F58     | Masters 55-59 | AUS          | SNATCH      | 53kg       |
| Coral Quinell     | F58     | Masters 55-59 | QLD          | SNATCH      | 53kg       |
| Coral Quinell     | F58     | Masters 55-59 | AUS          | CJ          | 63kg       |
| Coral Quinell     | F58     | Masters 55-59 | QLD          | CJ          | 63kg       |
| Coral Quinell     | F58     | Masters 55-59 | AUS          | TOTAL       | 116kg      |
| Coral Quinell     | F58     | Masters 55-59 | QLD          | TOTAL       | 116kg      |
| Julie Davis       | F53     | Masters 60-64 | AUS          | CJ          | 38kg       |
| Julie Davis       | F53     | Masters 60-64 | QLD          | CJ          | 38kg       |
| Julie Davis       | F53     | Masters 60-64 | AUS          | TOTAL       | 65kg       |
| Julie Davis       | F53     | Masters 60-64 | QLD          | TOTAL       | 65kg       |
| Lesley Moyle      | F63     | Masters 65-69 | AUS          | CJ          | 43kg       |
| Lesley Moyle      | F63     | Masters 65-69 | QLD          | CJ          | 43kg       |
| Peter Foster      | M105+   | Masters 45-49 | AUS          | SNATCH      | 110kg      |
| Peter Foster      | M105+   | Masters 45-49 | QLD          | SNATCH      | 110kg      |
| Peter Foster      | M105+   | Masters 45-49 | AUS          | TOTAL       | 237kg      |
| Peter Foster      | M105+   | Masters 45-49 | QLD          | TOTAL       | 237kg      |



Lesley Moyle



## QWA League & Masters League, Round 2

Toowoomba State High School, Toowoomba QLD

26th May 2012

Points are calculated as the percentage of World Record Total relative to bodyweight category plus bonus points for equal or new personal best lifts and 6 successful attempts; less penalty points for lifts more than 5kg below personal best.

### Division 1

| NAME             | BORN | CLUB      | BWT    | SN  | C&J | TOTAL | BONUS | POINTS |
|------------------|------|-----------|--------|-----|-----|-------|-------|--------|
| Luke Gardner     | 1988 | Cougars   | 104.50 | 125 | 167 | 292   | 2     | 68.972 |
| Melissa Robinson | 1981 | Cougars   | 62.70  | 70  | 90  | 160   | 3     | 65.257 |
| David Hockins    | 1991 | Toowoomba | 60.80  | 60  | 80  | 140   | -9    | 33.945 |

### Division 2

| NAME            | BORN | CLUB     | BWT   | SN    | C&J | TOTAL | BONUS | POINTS |
|-----------------|------|----------|-------|-------|-----|-------|-------|--------|
| Joshua Wu       | 1996 | Cougars  | 55.90 | 70    | 93  | 163   | 17    | 70.443 |
| Linzey Beister  | 1984 | Cougars  | 98.50 | 112   | 143 | 255   | 9     | 67.486 |
| Christine Meier | 1983 | Cougars  | 59.90 | 71    | 86  | 157   | 0     | 61.089 |
| Benjamin Shaw   | 1991 | Cougars  | 84.50 | 98    | 125 | 223   | 1     | 57.599 |
| Tegan Napper    | 1986 | Cougars  | 51.70 | 52    | 68  | 120   | 0     | 52.174 |
| James Norman    | 1996 | Cougars  | 55.80 | 68    | 90  | 158   | -10   | 41.803 |
| Coral Quinell   | 1957 | Milton   | 54.30 | 49    | 60  | 109   | -3    | 40.426 |
| Bonnie Sleeman  | 1993 | Cougars  | 87.50 | ---   | --- | ---   | ---   | ---    |
| Jakob Daniels   | 1995 | Sunshine | Coast | 76.10 | --- | ---   | ---   | ---    |

### Division 3

| NAME              | BORN | CLUB           | BWT   | SN | C&J | TOTAL | BONUS | POINTS |
|-------------------|------|----------------|-------|----|-----|-------|-------|--------|
| Thomas Rech       | 1990 | Cougars        | 95.70 | 97 | 120 | 217   | 19    | 68.771 |
| Tayla Ryan        | 1992 | Milton         | 52.40 | 42 | 55  | 97    | 15    | 57.174 |
| Sarah Counter     | 1994 | Toowoomba      | 81.80 | 53 | 66  | 119   | 15    | 51.280 |
| Bronwyn Hitchener | 1962 | Toowoomba      | 74.90 | 55 | 72  | 127   | 7     | 49.905 |
| Luke Snabaitis    | 1985 | Pine Rivers    | 62.20 | 66 | 78  | 144   | 2     | 42.223 |
| Sue Cox           | 1961 | North Brisbane | 68.30 | 43 | 50  | 93    | -1    | 31.517 |

### Division 4

| NAME             | BORN | CLUB           | BWT   | SN | C&J | TOTAL | BONUS | POINTS |
|------------------|------|----------------|-------|----|-----|-------|-------|--------|
| Darcia Ondrovck  | 1990 | Cougars        | 62.40 | 45 | 66  | 111   | 21    | 64.191 |
| Jonathan Coy     | 1980 | Cougars        | 93.40 | 93 | 120 | 213   | 10    | 61.699 |
| Ben Reyer        | 1988 | Morayfield     | 75.10 | 60 | 80  | 140   | 21    | 58.037 |
| Madeline Wu      | 1998 | Cougars        | 46.20 | 26 | 38  | 64    | 21    | 50.493 |
| Patrick Galligan | 1972 | Cougars        | 80.20 | 55 | 87  | 142   | 9     | 45.041 |
| Lisa Weis        | 1969 |                | 65.90 | 38 | 52  | 90    | 13    | 44.469 |
| Mitchell Daniels | 1997 | Sunshine Coast | 52.00 | 38 | 49  | 87    | 15    | 43.525 |
| Ji Jin Lim       | 1981 | Milton         | 68.30 | 60 | 75  | 135   | 0     | 37.709 |
| Liam Hanlon      | 1996 | Cougars        | 44.70 | 29 | 40  | 69    | 11    | 33.623 |

| NAME                 | BORN | CLUB           | BWT    | SN  | C&J | TOTAL | BONUS | POINTS |
|----------------------|------|----------------|--------|-----|-----|-------|-------|--------|
| Robin Parr           | 1997 | Cougars        | 41.90  | 32  | 40  | 72    | 0     | 33.180 |
| James Catlow-Elliott | 1998 | Cougars        | 44.70  | 24  | 42  | 66    | 10    | 31.639 |
| Lesley Moyle         | 1945 | North Brisbane | 60.50  | 29  | 44  | 73    | 1     | 29.405 |
| Elizabeth Ross       | 1969 |                | 92.60  | 29  | 37  | 66    | 6     | 26.122 |
| Daniel McTainsh      | 1981 | Pine Rivers    | 72.20  | 45  | 67  | 112   | -5    | 24.630 |
| Julian Norman        | 2000 | Cougars        | 35.30  | 18  | 30  | 48    | 7     | 22.738 |
| Leandra Miscamble    | 1956 | Cougars        | 67.70  | 31  | 45  | 76    | -5    | 21.573 |
| Bob Henderson        | 1943 | Sunshine Coast | 74.50  | 47  | 65  | 112   | -11   | 18.630 |
| Valerie Silver       | 1949 | Cougars        | 60.10  | 29  | 37  | 66    | -12   | 13.681 |
| Alex Greeff          | 1995 | Cougars        | 104.60 | 60  | 78  | 138   | Guest |        |
| Julie Davis          | 1952 | North Brisbane | 52.40  | --- | 38  | ---   |       |        |

Referees: Vicki Brady (Cat II); Miles Wydall (Cat II); Deb Oliver (National);  
Julie Davis (National); Coral Quinell (National); Lesley Moyle (State);  
Tim Steele (Club); Shayden Venville (Club).

Time Keeper: Bowen Stuart.

M.C.: Craig Wegert; Greg Hohl.

## Records

| Lifter       | Bwt Cat | Age Group | Group | Record Level | Record Type | New Record |
|--------------|---------|-----------|-------|--------------|-------------|------------|
| Lesley Moyle | F63     | Masters   | 65-69 | AUS          | CJ          | 44kg       |
| Lesley Moyle | F63     | Masters   | 65-69 | QLD          | CJ          | 44kg       |
| Lesley Moyle | F63     | Masters   | 65-69 | AUS          | TOTAL       | 73kg       |
| Lesley Moyle | F63     | Masters   | 65-69 | QLD          | TOTAL       | 73kg       |
| Lisa Weis    | F69     | Masters   | 40-44 | QLD          | SNATCH      | 38kg       |
| Lisa Weis    | F69     | Masters   | 40-44 | QLD          | CJ          | 52kg       |
| Lisa Weis    | F69     | Masters   | 40-44 | QLD          | TOTAL       | 90kg       |

## Masters League

Points are calculated as the percentage of World Record Total relative to bodyweight category multiplied by the Malone Meltzer age coefficient, plus 6 Bonus points for six successful attempts

| Name              | Born | Club           | Bwt   | Sn    | C&J | Total | Bonus | Score  |
|-------------------|------|----------------|-------|-------|-----|-------|-------|--------|
| <b>Men</b>        |      |                |       |       |     |       |       |        |
| Bob Henderson     | 1943 | Sunshine Coast | 74.50 | 47    | 65  | 112   | 0     | 54.993 |
| Patrick Galligan  | 1972 | Cougars        | 80.20 | 55    | 87  | 142   | 6     | 46.942 |
| <b>Women</b>      |      |                |       |       |     |       |       |        |
| Bronwyn Hitchener | 1962 | Toowoomba      | 74.90 | 55    | 72  | 127   | 6     | 59.331 |
| Coral Quinell     | 1957 | Milton         | 54.30 | 49    | 60  | 109   | 0     | 58.625 |
| Lesley Moyle      | 1945 | North Brisbane | 60.50 | 29    | 44  | 73    | 0     | 48.828 |
| Lisa Weis         | 1969 |                | 65.90 | 38    | 52  | 90    | 6     | 42.818 |
| Sue Cox           | 1961 | North Brisbane | 68.30 | 43    | 50  | 93    | 0     | 40.809 |
| Valerie Silver    | 1949 | Cougars        | 60.10 | 29    | 37  | 66    | 0     | 40.679 |
| Leandra Miscamble | 1956 | Cougars        | 67.70 | 31    | 45  | 76    | 0     | 36.778 |
| Elizabeth Ross    | 1969 |                | 92.60 | 29    | 37  | 66    | 6     | 29.543 |
| Julie Davis       | 1952 | North Brisbane |       | 52.40 | --- | 38    | ---   | 0      |

## 2012 Commonwealth Weightlifting Championships

Apia, Samoa  
4<sup>th</sup> – 9<sup>th</sup> June 2012

### 50kg Men

| Name              | Yob  | Nat | Bwt   | Sn | C&J | Total | Senior | Junior | Youth |
|-------------------|------|-----|-------|----|-----|-------|--------|--------|-------|
| JAMJANG Deru      | 1998 | IND | 49.13 | 73 | 97  | 170   |        |        | 1     |
| McTAGGART Cameron | 1997 | NZL | 49.47 | 70 | 81  | 151   |        |        | 2     |
| MOSS Cameron      | 1997 | NZL | 48.39 | 58 | 75  | 133   |        |        | 3     |
| DELANEY James     | 1996 | AUS | 49.34 | 56 | 70  | 126   |        |        | 4     |
| KATOATAU Ruben    | 1997 | KIR | 49.86 | 55 | 65  | 120   |        |        | 5     |

### 56kg Men

| Name                       | Yob  | Nat | Bwt   | Sn | C&J | Total | Senior | Junior | Youth |
|----------------------------|------|-----|-------|----|-----|-------|--------|--------|-------|
| CHINCHWADE Ranjit Kalgonda | 1991 | IND | 55.86 | 99 | 125 | 224   | 1      |        |       |
| MOORAYIL SURESH Karthik    | 1992 | IND | 55.43 | 94 | 125 | 219   |        | 1      |       |
| BRECHTEFIELD Elson         | 1994 | NRU | 55.47 | 97 | 120 | 217   | 2      | 2      |       |
| SANTA Aruna                | 1996 | IND | 55.65 | 94 | 120 | 214   |        |        | 1     |
| OALA Fred                  | 1996 | PNG | 55.31 | 80 | 108 | 188   | 3      | 3      | 2     |
| NORMAN James               | 1996 | AUS | 55.60 | 72 | 100 | 172   |        | 4      | 3     |
| POURTOOSSI Martin          | 1995 | NZL | 54.45 | 70 | 92  | 162   |        | 5      | 4     |
| WU Joshua                  | 1996 | AUS | 55.57 | 70 | 90  | 160   |        | 6      | 5     |
| McTAGGART Cameron          | 1997 | NZL | 49.47 | 70 | 81  | 151   |        | 7      |       |
| MOREA Ignasus              | 1994 | PNG | 55.77 | 65 | 85  | 150   | 4      | 8      |       |
| KATOATAU Ruben             | 1997 | KIR | 49.86 | 55 | 65  | 120   |        | 9      |       |

### 62kg Men

| Name                    | Yob  | Nat | Bwt   | Sn  | C&J | Total | Senior | Junior | Youth |
|-------------------------|------|-----|-------|-----|-----|-------|--------|--------|-------|
| RUSTAM SARANG           | 1988 | IND | 61.83 | 116 | 144 | 260   | 1      |        |       |
| DILLI SENTHAMIZH Selvan | 1987 | IND | 61.42 | 110 | 141 | 251   | 2      |        |       |
| KOUM Koum Daniel        | 1985 | AUS | 61.22 | 110 | 140 | 250   | 3      |        |       |
| GUINARES Ianne          | 1988 | NZL | 61.48 | 103 | 136 | 239   | 4      |        |       |
| SOROM Hitlar Tagru      | 1996 | IND | 60.84 | 103 | 132 | 235   |        |        | 1     |
| BARU Morea              | 1990 | PNG | 60.87 | 105 | 130 | 235   | 5      |        |       |
| LAPUA LAPUA Tuau        | 1991 | TUV | 61.36 | 105 | 120 | 225   | 6      |        |       |
| ACHYUTANANDA Sahoo      | 1994 | IND | 61.41 | 95  | 125 | 220   |        | 1      |       |
| BROWN Ramoaka           | 1988 | SOL | 61.45 | 95  | 125 | 220   | 7      |        |       |
| SRINIVASAN Manivannan   | 1992 | IND | 60.92 | 95  | 122 | 217   |        | 2      |       |
| RANGIDINI Chris Akarba  | 1995 | NRU | 61.47 | 81  | 110 | 191   | 8      | 3      | 2     |
| FUKUYAMA Fusakichi Adam | 1996 | KIR | 61.43 | 80  | 107 | 187   | 9      | 4      | 3     |
| RANA Bassel             | 1996 | AUS | 59.73 | 72  | 98  | 170   |        | 5      | 4     |
| ELESIN Boris            | 1995 | AUS | 60.57 | 75  | 95  | 170   |        | 6      | 5     |
| UNGA Selimoti           | 1993 | TGA | 61.93 | 65  | 85  | 150   | 10     | 7      |       |

*Weightlifting Queensland*

**69kg Men**

| Name                 | Yob  | Nat | Bwt   | Sn  | C&J | Total | Senior | Junior | Youth |
|----------------------|------|-----|-------|-----|-----|-------|--------|--------|-------|
| NAMECHAND Sunilkumar | 1989 | IND | 68.11 | 126 | 152 | 278   | 1      |        |       |
| TOROMON Takenibeia   | 1992 | KIR | 68.44 | 119 | 148 | 267   | 2      | 1      |       |
| KOJUM Taba           | 1997 | IND | 68.18 | 112 | 130 | 242   |        |        | 1     |
| VILLALON Vester      | 1991 | NZL | 67.44 | 102 | 135 | 237   | 3      |        |       |
| SAMBO Lapung         | 1997 | IND | 68.62 | 107 | 130 | 237   |        |        | 2     |
| UDIA Toua            | 1992 | PNG | 68.19 | 100 | 135 | 235   | 4      | 2      |       |
| EDWARDS John         | 1982 | NZL | 68.05 | 100 | 124 | 224   | 5      |        |       |
| WAIBEIYA Tom-Jaye    | 1995 | NRU | 67.53 | 83  | 117 | 200   | 6      | 3      | 3     |
| PALANITE Ofatonga    | 1995 | TGA | 67.52 | 85  | 110 | 195   | 7      | 4      | 4     |
| SAKARIAS Leo         | 1977 | PNG | 68.01 | 85  | 110 | 195   | 8      |        |       |
| SAMUELU Sione        | 1994 | SAM | 68.63 | 80  | 105 | 185   |        | 5      |       |
| LOBBAN James         | 1994 | NZL | 67.69 | 79  | 103 | 182   |        | 6      |       |
| MALLINSON JACK       | 1994 | NZL | 65.95 | 77  | 104 | 181   |        | 7      |       |
| MILNE Micah          | 1997 | NZL | 67.18 | 75  | 96  | 171   |        |        | 5     |
| HAWKEN Ethan         | 1996 | NZL | 66.35 | 70  | 90  | 160   |        |        | 6     |

**77kg Men**

| Name                     | Yob  | Nat | Bwt   | Sn  | C&J | Total | Senior | Junior | Youth |
|--------------------------|------|-----|-------|-----|-----|-------|--------|--------|-------|
| SIVALINGAM Sathish Kumar | 1992 | IND | 76.50 | 131 | 166 | 297   | 1      |        |       |
| PERIVE Toafitu           | 1985 | SAM | 76.35 | 126 | 162 | 288   | 2      |        |       |
| VIKAS Thakur             | 1993 | IND | 76.50 | 130 | 156 | 286   |        | 1      |       |
| RAGALA Venkat Rahul      | 1997 | IND | 75.40 | 125 | 157 | 282   |        |        | 1     |
| TURNER Benjamin          | 1984 | AUS | 75.57 | 121 | 161 | 282   | 3      |        |       |
| PESALELI Bob             | 1992 | SAM | 75.04 | 117 | 160 | 277   | 4      | 2      |       |
| ALIKLIK Ika              | 1985 | NRU | 75.96 | 125 | 150 | 275   | 5      |        |       |
| KATZ Daniel              | 1990 | AUS | 76.50 | 117 | 142 | 259   | 6      |        |       |
| MADSEN Mathew            | 1991 | NZL | 76.60 | 107 | 151 | 258   | 7      |        |       |
| FINAU Ianiume            | 1986 | TGA | 74.46 | 110 | 145 | 255   | 8      |        |       |
| KARITEMA Otang           | 1993 | KIR | 73.49 | 107 | 133 | 240   | 9      | 3      |       |
| LARKINS Liam             | 1993 | AUS | 76.92 | 110 | 130 | 240   |        | 4      |       |
| HAN Terry                | 1989 | NZL | 74.44 | 100 | 133 | 233   | 10     |        |       |
| BRUERTON Stewart         | 1993 | NZL | 75.90 | 98  | 119 | 217   |        | 5      |       |
| DANIELS Jakob            | 1995 | AUS | 75.50 | 90  | 111 | 201   |        | 6      | 2     |
| HENI Udu                 | 1974 | PNG | 73.15 | 80  | 105 | 185   | 11     |        |       |
| DEIRANAUW Bronco         | 1991 | NRU | 76.73 | --- | --- | ---   |        |        |       |

**85kg Men**

| Name              | Yob  | Nat | Bwt   | Sn  | C&J | Total | Senior | Junior | Youth |
|-------------------|------|-----|-------|-----|-----|-------|--------|--------|-------|
| PATTERSON Richard | 1983 | NZL | 84.37 | 150 | 184 | 334   | 1      |        |       |
| KARI Steven       | 1993 | PNG | 84.85 | 140 | 184 | 324   | 2      | 1      |       |
| DUMAIS Paul       | 1991 | CAN | 84.93 | 145 | 175 | 320   | 3      |        |       |
| MAPOSUA Uati      | 1976 | SAM | 83.69 | 130 | 170 | 300   | 4      |        |       |
| LEUIO Siasoi      | 1992 | SAM | 84.60 | 120 | 157 | 277   | 5      | 2      |       |
| STONE Luke        | 1992 | AUS | 83.94 | 100 | 145 | 245   |        | 3      |       |

*Weightlifting Queensland*

| Name          | Yob  | Nat | Bwt   | Sn  | C&J | Total | Senior | Junior | Youth |
|---------------|------|-----|-------|-----|-----|-------|--------|--------|-------|
| SHIVAM Saini  | 1996 | IND | 82.85 | 111 | 132 | 243   |        |        | 1     |
| NG CHOON Yeow | 1993 | SIN | 82.70 | 95  | 120 | 215   | 6      | 4      |       |
| NAUER Norman  | 1995 | SAM | 82.28 | 85  | 110 | 195   |        | 5      | 2     |
| LEUTU Junior  | 1995 | SAM | 83.96 | 80  | 105 | 185   |        | 6      | 3     |

**94kg Men**

| Name                     | Yob  | Nat | Bwt   | Sn  | C&J | Total | Senior | Junior | Youth |
|--------------------------|------|-----|-------|-----|-----|-------|--------|--------|-------|
| KATOATAU David           | 1984 | KIR | 93.45 | 138 | 192 | 330   | 1      |        |       |
| CHANDRAKANT Dadu Mali    | 1987 | IND | 93.16 | 140 | 189 | 329   | 2      |        |       |
| CIANCIO Christopher      | 1984 | AUS | 90.73 | 135 | 165 | 300   | 3      |        |       |
| GREGORY-HUNT Saxon       | 1993 | NZL | 87.25 | 122 | 160 | 282   |        | 1      |       |
| OPELOGE Petunu           | 1994 | SAM | 89.15 | 122 | 160 | 282   | 4      | 2      |       |
| MUDHA Rajendra Chaitanya | 1993 | IND | 92.57 | 124 | 147 | 271   |        | 3      |       |
| MOLISA Pala Basil        | 1979 | VAN | 88.91 | 100 | 130 | 230   | 5      |        |       |
| DEEPAK                   | 1995 | IND | 87.75 | 107 | 120 | 227   |        |        | 1     |
| VEA Christopher          | 1992 | TGA | 93.02 | 100 | 125 | 225   | 6      | 4      |       |
| FAAULIULI Faavae         | 1983 | SAM | 93.56 | --- | --- | ---   |        |        |       |

**+94kg Men**

| Name           | Yob  | Nat | Bwt    | Sn | C&J | Total | Senior | Junior | Youth |
|----------------|------|-----|--------|----|-----|-------|--------|--------|-------|
| SALIMU Laititi | 1995 | SAM | 105.87 | 92 | 110 | 202   |        |        | 1     |

**105kg Men**

| Name              | Yob  | Nat | Bwt    | Sn  | C&J | Total | Senior | Junior | Youth |
|-------------------|------|-----|--------|-----|-----|-------|--------|--------|-------|
| MOHANLAL Syamlal  | 1989 | IND | 100.44 | 151 | 188 | 339   | 1      |        |       |
| THOMAS Meamea     | 1985 | KIR | 104.64 | 140 | 190 | 330   | 2      |        |       |
| OPELOGE Tovia     | 1990 | SAM | 102.90 | 130 | 187 | 317   | 3      |        |       |
| GALSWORTHY Robert | 1989 | AUS | 104.88 | 141 | 176 | 317   | 4      |        |       |
| GARDNER Luke      | 1988 | AUS | 104.62 | 122 | 165 | 287   | 5      |        |       |
| NITIN Singh Rawat | 1992 | IND | 104.00 | 130 | 152 | 282   |        | 1      |       |
| KARANDEEP Singh   | 1992 | IND | 94.34  | 127 | 150 | 277   |        | 2      |       |
| CORREOS David     | 1992 | NZL | 102.92 | 116 | 159 | 275   | 6      | 3      |       |
| SETI Fitu         | 1992 | SAM | 95.21  | 119 | 155 | 274   |        | 4      |       |
| HAMANI Sione      | 1990 | TGA | 95.45  | 95  | 126 | 221   | 7      |        |       |
| OPELOGE Niusila   | 1980 | SAM | 104.29 | 155 | --- | ---   |        |        |       |

**+105kg Men**

| Name                       | Yob  | Nat | Bwt    | Sn  | C&J | Total | Senior | Junior | Youth |
|----------------------------|------|-----|--------|-----|-----|-------|--------|--------|-------|
| KELLY Damon                | 1983 | AUS | 148.09 | 172 | 218 | 390   | 1      |        |       |
| DETENAMO Itte              | 1986 | NRU | 153.26 | 170 | 210 | 380   | 2      |        |       |
| VICTOR Abilash Christopher | 1986 | IND | 105.10 | 145 | 178 | 323   | 3      |        |       |
| NEMANI Daniel              | 1981 | NIU | 141.95 | 140 | 170 | 310   | 4      |        |       |
| THOMAS Bonteatu            | 1990 | KIR | 106.35 | 117 | 166 | 283   | 5      |        |       |
| NGALU Tevita               | 1973 | NZL | 122.70 | 123 | 157 | 280   | 6      |        |       |
| LOLOHEA Maamaloa           | 1968 | TGA | 130.80 | 120 | 153 | 273   | 7      |        |       |
| HIMANSHU Kumar Chang       | 1992 | IND | 129.45 | 125 | 145 | 270   |        | 1      |       |

| Name               | Yob  | Nat | Bwt    | Sn  | C&J | Total | Senior | Junior | Youth |
|--------------------|------|-----|--------|-----|-----|-------|--------|--------|-------|
| PRENDERGAST Samuel | 1994 | NZL | 105.07 | 115 | 147 | 262   |        | 2      |       |
| SALIMU Lauititi    | 1995 | SAM | 105.87 | 92  | 110 | 202   |        | 3      |       |

#### 48kg Women

| Name                     | Yob  | Nat | Bwt   | Sn | C&J | Total | Senior | Junior | Youth |
|--------------------------|------|-----|-------|----|-----|-------|--------|--------|-------|
| KHUMUKCHAM Sanjita Chanu | 1994 | IND | 47.54 | 64 | 90  | 154   | 1      |        |       |
| HARE Kathleen            | 1988 | PNG | 47.24 | 60 | 75  | 135   | 2      |        |       |
| ATOM Indubala Chanu      | 1997 | IND | 47.37 | 60 | 73  | 133   |        |        | 1     |
| MOSS Charlotte           | 1995 | NZL | 47.19 | 41 | 52  | 93    |        | 1      | 2     |

#### 53kg Women

| Name                   | Yob  | Nat | Bwt   | Sn | C&J | Total | Senior | Junior | Youth |
|------------------------|------|-----|-------|----|-----|-------|--------|--------|-------|
| TOUA Dika              | 1984 | PNG | 52.22 | 80 | 102 | 182   | 1      |        |       |
| TIKINA Gopal Tikina    | 1980 | IND | 52.44 | 74 | 88  | 162   | 2      |        |       |
| KATILA Venkata Lakshmi | 1993 | IND | 52.78 | 66 | 85  | 151   | 3      | 1      |       |
| BE Socheata            | 1989 | AUS | 52.58 | 65 | 85  | 150   | 4      |        |       |
| HALE Phillipa          | 1984 | NZL | 51.53 | 68 | 78  | 146   | 5      |        |       |
| ERRA Deexitha          | 1997 | IND | 52.30 | 60 | 70  | 130   |        |        | 1     |

#### 58kg Women

| Name                         | Yob  | Nat | Bwt   | Sn | C&J | Total | Senior | Junior | Youth |
|------------------------------|------|-----|-------|----|-----|-------|--------|--------|-------|
| MINATI Sethi                 | 1990 | IND | 57.50 | 75 | 100 | 175   | 1      |        |       |
| NAMEIRAKPAM Sumanbala Devi   | 1992 | IND | 57.04 | 76 | 90  | 166   | 2      | 1      |       |
| WINI Jenlyn Tegu             | 1983 | SOL | 56.33 | 68 | 93  | 161   | 3      |        |       |
| MEIER Christine              | 1983 | AUS | 57.86 | 68 | 86  | 154   | 4      |        |       |
| KUMERICH Nicole              | 1975 | NZL | 57.35 | 67 | 80  | 147   | 5      |        |       |
| SAGOLSEM Thansana Chanu      | 1997 | IND | 57.28 | 61 | 81  | 142   |        |        | 1     |
| SHEPPARD Bianca              | 1992 | AUS | 57.74 | 70 | 70  | 140   |        | 2      |       |
| EDGE Jessica                 | 1986 | AUS | 56.73 | 60 | 77  | 137   | 6      |        |       |
| MANIKKAL Shamsudheen Muneera | 1996 | IND | 57.52 | 55 | 74  | 129   |        |        | 2     |
| KASSMAN Monalisa             | 1992 | PNG | 57.14 | 58 | 70  | 128   | 7      | 3      |       |
| COWEN Sophie                 | 1997 | AUS | 57.33 | 45 | 60  | 105   |        | 4      | 3     |

#### 63kg Women

| Name               | Yob  | Nat | Bwt   | Sn | C&J | Total | Senior | Junior | Youth |
|--------------------|------|-----|-------|----|-----|-------|--------|--------|-------|
| RAJWANT Kaur       | 1987 | IND | 61.97 | 76 | 96  | 172   | 1      |        |       |
| RAKHI Halder       | 1993 | IND | 60.40 | 67 | 97  | 164   |        | 1      |       |
| IRO Hepline        | 1992 | SOL | 61.90 | 74 | 90  | 164   | 2      | 2      |       |
| JASVIR Kaur        | 1993 | IND | 61.55 | 66 | 89  | 155   |        | 3      |       |
| ROBINSON Melissa   | 1981 | AUS | 62.54 | 69 | 86  | 155   | 3      |        |       |
| TUIPULOTI Fakaola  | 1997 | TGA | 61.98 | 65 | 82  | 147   | 4      | 4      | 1     |
| ROBERTS Lauren     | 1985 | NZL | 62.37 | 66 | 77  | 143   | 5      |        |       |
| GOODMAN Rachel     | 1997 | AUS | 62.82 | 58 | 78  | 136   | 6      | 5      | 2     |
| SUBHASMITA Mohanty | 1995 | IND | 61.64 | 60 | 75  | 135   |        |        | 3     |

#### 69kg Women

| Name                   | Yob  | Nat | Bwt   | Sn | C&J | Total | Senior | Junior | Youth |
|------------------------|------|-----|-------|----|-----|-------|--------|--------|-------|
| LAISHRAM Monika Devi   | 1983 | IND | 68.84 | 96 | 111 | 207   | 1      |        |       |
| ARES-PILON Marie-Josée | 1982 | CAN | 67.51 | 96 | 105 | 201   | 2      |        |       |
| AHKUOI Manu            | 1982 | SAM | 67.99 | 79 | 104 | 183   | 3      |        |       |
| VANESSA Lui            | 1991 | SAM | 67.94 | 79 | 100 | 179   | 4      |        |       |
| OINAM Geeta Devi       | 1993 | IND | 65.93 | 71 | 100 | 171   |        | 1      |       |
| HALE Guba              | 1986 | PNG | 65.37 | 75 | 90  | 165   | 5      |        |       |
| AKO Sandra             | 1994 | PNG | 68.76 | 70 | 90  | 160   | 6      | 2      |       |
| ANDERSON-HORELL Ruth   | 1984 | NZL | 67.26 | 67 | 85  | 152   | 7      |        |       |
| KEPAE Giovika          | 1994 | NRU | 67.86 | 67 | 80  | 147   | 8      | 3      |       |
| YUMKHAIBAM Nafisa      | 1996 | IND | 68.25 | 62 | 85  | 147   |        |        | 1     |
| SWAPNA Priya Baruah    | 1996 | IND | 65.54 | 61 | 80  | 141   |        |        | 2     |
| PILKINGTON Ella        | 1995 | NZL | 63.78 | 52 | 63  | 115   |        | 4      | 3     |

#### +69kg Women

| Name           | Yob  | Nat | Bwt   | Sn | C&J | Total | Senior | Junior | Youth |
|----------------|------|-----|-------|----|-----|-------|--------|--------|-------|
| HARRY Lorraine | 1996 | PNG | 79.92 | 70 | 85  | 155   |        |        | 1     |
| PAGE Courtney  | 1996 | AUS | 98.83 | 58 | 75  | 133   |        |        | 2     |

#### 75kg Women

| Name                        | Yob  | Nat | Bwt   | Sn  | C&J | Total | Senior | Junior | Youth |
|-----------------------------|------|-----|-------|-----|-----|-------|--------|--------|-------|
| OPELOGE Mary                | 1992 | SAM | 73.62 | 103 | 120 | 223   | 1      | 1      |       |
| MYERS Jenna                 | 1986 | AUS | 74.58 | 96  | 115 | 211   | 2      |        |       |
| LAMBRECH Chantal            | 1990 | NZL | 73.75 | 76  | 99  | 175   | 3      |        |       |
| WILLIAMS Tasha              | 1973 | NZL | 73.26 | 70  | 93  | 163   | 4      |        |       |
| PRATAP Singh Sushmita Singh | 1993 | IND | 74.11 | 63  | 85  | 148   |        | 2      |       |

#### +75kg Women

| Name                         | Yob  | Nat | Bwt    | Sn  | C&J | Total | Senior | Junior | Youth |
|------------------------------|------|-----|--------|-----|-----|-------|--------|--------|-------|
| OPELOGE Ele                  | 1985 | SAM | 125.49 | 117 | 147 | 264   | 1      |        |       |
| ACASON Deborah               | 1983 | AUS | 88.74  | 103 | 120 | 223   | 2      |        |       |
| SIMANU Iuniarra              | 1993 | SAM | 100.64 | 96  | 125 | 221   | 3      | 1      |       |
| PETERS Luisa Fatiaki Taitapu | 1993 | COK | 87.32  | 80  | 98  | 178   | 4      | 2      |       |
| AMALAPURAPU Siromani         | 1993 | IND | 79.94  | 80  | 92  | 172   |        | 3      |       |
| HARRY Lorraine               | 1996 | PNG | 79.92  | 70  | 85  | 155   | 5      | 4      |       |
| PAGE Courtney                | 1996 | AUS | 98.83  | 58  | 75  | 133   |        | 5      |       |

## 2012 Oceania Senior, Junior & Youth Weightlifting Championships

Apia, Samoa  
4<sup>th</sup> – 9<sup>th</sup> June 2012

**50kg Men**

| Name              | Yob  | Nat | Bwt   | Sn | C&J | Total | Senior | Junior | Youth |
|-------------------|------|-----|-------|----|-----|-------|--------|--------|-------|
| McTAGGART Cameron | 1997 | NZL | 49.47 | 70 | 81  | 151   |        |        | 1     |
| MOSS Cameron      | 1997 | NZL | 48.39 | 58 | 75  | 133   |        |        | 2     |
| DELANEY James     | 1996 | AUS | 49.34 | 56 | 70  | 126   |        |        | 3     |
| KATOATAU Ruben    | 1997 | KIR | 49.86 | 55 | 65  | 120   |        |        | 4     |

**56kg Men**

| Name               | Yob  | Nat | Bwt   | Sn  | C&J | Total | Senior | Junior | Youth |
|--------------------|------|-----|-------|-----|-----|-------|--------|--------|-------|
| TULO Manueli       | 1990 | FIJ | 55.45 | 107 | 130 | 237   | 1      |        |       |
| BRECHTEFIELD Elson | 1994 | NRU | 55.47 | 97  | 120 | 217   | 2      | 1      |       |
| OALA Fred          | 1996 | PNG | 55.31 | 80  | 108 | 188   | 3      | 2      | 1     |
| DAU Isikeli        | 1995 | FIJ | 54.90 | 80  | 107 | 187   | 4      | 3      | 2     |
| SHIRO Amon         | 1993 | MHL | 54.90 | 72  | 100 | 172   | 5      | 4      |       |
| NORMAN James       | 1996 | AUS | 55.60 | 72  | 100 | 172   |        | 5      | 3     |
| POURTOOSSI Martin  | 1995 | NZL | 54.45 | 70  | 92  | 162   |        | 6      | 4     |
| WU Joshua          | 1996 | AUS | 55.57 | 70  | 90  | 160   |        | 7      | 5     |
| ENOCH Peter        | 1997 | MHL | 54.40 | 66  | 90  | 156   | 6      | 8      | 6     |
| McTAGGART Cameron  | 1997 | NZL | 49.47 | 70  | 81  | 151   |        | 9      |       |
| MOREA Ignasus      | 1994 | PNG | 55.77 | 65  | 85  | 150   | 7      | 10     |       |
| KATOATAU Ruben     | 1997 | KIR | 49.86 | 55  | 65  | 120   |        | 11     |       |

**62kg Men**

| Name                    | Yob  | Nat | Bwt   | Sn  | C&J | Total | Senior | Junior | Youth |
|-------------------------|------|-----|-------|-----|-----|-------|--------|--------|-------|
| MINGINFEL Manuel        | 1978 | FSM | 61.65 | 124 | 156 | 280   | 1      |        |       |
| KOUM Koum Daniel        | 1985 | AUS | 61.22 | 110 | 140 | 250   | 2      |        |       |
| GUINARES Ianne          | 1988 | NZL | 61.48 | 103 | 136 | 239   | 3      |        |       |
| BARU Morea              | 1990 | PNG | 60.87 | 105 | 130 | 235   | 4      |        |       |
| PATRIS Stevick          | 1991 | PLW | 61.55 | 100 | 130 | 230   | 5      |        |       |
| LAPUA LAPUA Tuau        | 1991 | TUV | 61.36 | 105 | 120 | 225   | 6      |        |       |
| BROWN Ramoaka           | 1988 | SOL | 61.45 | 95  | 125 | 220   | 7      |        |       |
| RANGIDINI Chris Akarba  | 1995 | NRU | 61.47 | 81  | 110 | 191   | 8      | 1      | 1     |
| FUKUYAMA Fusakichi Adam | 1996 | KIR | 61.43 | 80  | 107 | 187   | 9      | 2      | 2     |
| RANA Bassel             | 1996 | AUS | 59.73 | 72  | 98  | 170   |        | 3      | 3     |
| ELESIN Boris            | 1995 | AUS | 60.57 | 75  | 95  | 170   |        | 4      | 4     |
| UNGA Selimoti           | 1993 | TGA | 61.93 | 65  | 85  | 150   | 10     | 5      |       |

**69kg Men**

| Name                | Yob  | Nat | Bwt   | Sn  | C&J | Total | Senior | Junior | Youth |
|---------------------|------|-----|-------|-----|-----|-------|--------|--------|-------|
| TOROMON Takenibeia  | 1992 | KIR | 68.44 | 119 | 148 | 267   | 1      | 1      |       |
| TAWAI Tevita Wanono | 1992 | FIJ | 67.82 | 103 | 137 | 240   | 2      | 2      |       |
| VILLALON Vester     | 1991 | NZL | 67.44 | 102 | 135 | 237   | 3      |        |       |
| UDIA Toua           | 1992 | PNG | 68.19 | 100 | 135 | 235   | 4      | 3      |       |
| LOLOHEA Charlie     | 1993 | FIJ | 68.12 | 93  | 122 | 215   | 5      | 4      |       |
| WAIBEIYA Tom-Jaye   | 1995 | NRU | 67.53 | 83  | 117 | 200   | 6      | 5      | 1     |
| PALANITE Ofatonga   | 1995 | TGA | 67.52 | 85  | 110 | 195   | 7      | 6      | 2     |
| SAKARIAS Leo        | 1977 | PNG | 68.01 | 85  | 110 | 195   | 8      |        |       |
| SAMUELU Sione       | 1994 | SAM | 68.63 | 80  | 105 | 185   |        | 7      |       |
| LOBBAN James        | 1994 | NZL | 67.69 | 79  | 103 | 182   |        | 8      |       |
| MALLINSON JACK      | 1994 | NZL | 65.95 | 77  | 104 | 181   |        | 9      |       |
| MILNE Micah         | 1997 | NZL | 67.18 | 75  | 96  | 171   |        |        | 3     |
| HAWKEN Ethan        | 1996 | NZL | 66.35 | 70  | 90  | 160   |        |        | 4     |
| FANOLUA Pita Junior | 1996 | ASA | 66.65 | 60  | 80  | 140   | 9      | 10     | 5     |

**77kg Men**

| Name                  | Yob  | Nat | Bwt   | Sn  | C&J | Total | Senior | Junior | Youth |
|-----------------------|------|-----|-------|-----|-----|-------|--------|--------|-------|
| PERIVE Toafitu        | 1985 | SAM | 76.35 | 126 | 162 | 288   | 1      |        |       |
| TURNER Benjamin       | 1984 | AUS | 75.57 | 121 | 161 | 282   | 2      |        |       |
| PESALELI Bob          | 1992 | SAM | 75.04 | 117 | 160 | 277   | 3      | 1      |       |
| TAQUA Paula Peniasi   | 1982 | FIJ | 75.16 | 120 | 155 | 275   | 4      |        |       |
| ALIKLIK Ika           | 1985 | NRU | 75.96 | 125 | 150 | 275   | 5      |        |       |
| KATZ Daniel           | 1990 | AUS | 76.50 | 117 | 142 | 259   | 6      |        |       |
| SEKONE-FRASER Douglas | 1991 | NZL | 76.15 | 116 | 141 | 257   | 7      |        |       |
| SYMOM Caleb           | 1982 | NZL | 76.90 | 112 | 145 | 257   | 8      |        |       |
| FINAU Ilanume         | 1986 | TGA | 74.46 | 110 | 145 | 255   | 9      |        |       |
| KARITEMA Otang        | 1993 | KIR | 73.49 | 107 | 133 | 240   | 10     | 2      |       |
| LARKINS Liam          | 1993 | AUS | 76.92 | 110 | 130 | 240   |        | 3      |       |
| BRUERTON Stewart      | 1993 | NZL | 75.90 | 98  | 119 | 217   |        | 4      |       |
| DANIELS Jakob         | 1995 | AUS | 75.50 | 90  | 111 | 201   |        | 5      | 1     |
| KIM Hasu Elliott      | 1993 | ASA | 75.92 | 80  | 108 | 188   | 11     | 6      |       |
| HENI Udu              | 1974 | PNG | 73.15 | 80  | 105 | 185   | 12     |        |       |
| DEIRANAUW Bronco      | 1991 | NRU | 76.73 | --- | --- | ---   |        |        |       |

**85kg Men**

| Name              | Yob  | Nat | Bwt   | Sn  | C&J | Total | Senior | Junior | Youth |
|-------------------|------|-----|-------|-----|-----|-------|--------|--------|-------|
| PATTERSON Richard | 1983 | NZL | 84.37 | 150 | 184 | 334   | 1      |        |       |
| KARI Steven       | 1993 | PNG | 84.85 | 140 | 184 | 324   | 2      | 1      |       |
| MAPOSUA Uati      | 1976 | SAM | 83.69 | 130 | 170 | 300   | 3      |        |       |
| LEUIO Siaoisi     | 1992 | SAM | 84.60 | 120 | 157 | 277   | 4      | 2      |       |
| RAIVIU Mesake     | 1990 | FIJ | 81.70 | 117 | 146 | 263   | 5      |        |       |
| STONE Luke        | 1992 | AUS | 83.94 | 100 | 145 | 245   |        | 3      |       |
| NAUER Norman      | 1995 | SAM | 82.28 | 85  | 110 | 195   |        | 4      | 1     |

| Name               | Yob  | Nat | Bwt   | Sn | C&J | Total | Senior | Junior | Youth |
|--------------------|------|-----|-------|----|-----|-------|--------|--------|-------|
| LEUTU Junior       | 1995 | SAM | 83.96 | 80 | 105 | 185   |        | 5      | 2     |
| SATILA James Tupea | 1996 | ASA | 83.42 | 65 | 90  | 155   | 6      | 6      | 3     |

**94kg Men**

| Name                         | Yob  | Nat | Bwt   | Sn  | C&J | Total | Senior | Junior | Youth |
|------------------------------|------|-----|-------|-----|-----|-------|--------|--------|-------|
| KATOATAU David               | 1984 | KIR | 93.45 | 138 | 192 | 330   | 1      |        |       |
| CIANCIO Christopher          | 1984 | AUS | 90.73 | 135 | 165 | 300   | 2      |        |       |
| GREGORY-HUNT Saxon           | 1993 | NZL | 87.25 | 122 | 160 | 282   | 3      | 1      |       |
| OPELOGE Petunu               | 1994 | SAM | 89.15 | 122 | 160 | 282   | 4      | 2      |       |
| VUETI Josefa Atekini         | 1979 | FIJ | 90.66 | 105 | 152 | 257   | 5      |        |       |
| JUNGBLUT Tanumafili Malietoa | 1990 | ASA | 92.16 | 116 | 134 | 250   | 6      |        |       |
| MOLISA Pala Basil            | 1979 | VAN | 88.91 | 100 | 130 | 230   | 7      |        |       |
| VEA Christopher              | 1992 | TGA | 93.02 | 100 | 125 | 225   | 8      | 3      |       |
| FALEVALU Kevin Valleliano    | 1999 | NCL | 91.50 | 62  | 75  | 137   |        |        | 1     |
| FAAULIULI Faavae             | 1983 | SAM | 93.56 | --- | --- | ---   |        |        |       |

**+94kg Men**

| Name            | Yob  | Nat | Bwt    | Sn | C&J | Total | Senior | Junior | Youth |
|-----------------|------|-----|--------|----|-----|-------|--------|--------|-------|
| SALIMU Lauititi | 1995 | SAM | 105.87 | 92 | 110 | 202   |        |        | 1     |

**105kg Men**

| Name              | Yob  | Nat | Bwt    | Sn  | C&J | Total | Senior | Junior | Youth |
|-------------------|------|-----|--------|-----|-----|-------|--------|--------|-------|
| THOMAS Meamea     | 1985 | KIR | 104.64 | 140 | 190 | 330   | 1      |        |       |
| OPELOGE Tovia     | 1990 | SAM | 102.90 | 130 | 187 | 317   | 2      |        |       |
| GALSWORTHY Robert | 1989 | AUS | 104.88 | 141 | 176 | 317   | 3      |        |       |
| GARDNER Luke      | 1988 | AUS | 104.62 | 122 | 165 | 287   | 4      |        |       |
| CORREOS David     | 1992 | NZL | 102.92 | 116 | 159 | 275   | 5      | 1      |       |
| SETI Fitu         | 1992 | SAM | 95.21  | 119 | 155 | 274   |        | 2      |       |
| HAMANI Sione      | 1990 | TGA | 95.45  | 95  | 126 | 221   | 6      |        |       |
| OPELOGE Niusila   | 1980 | SAM | 104.29 | 155 | --- | ---   |        |        |       |

**+105kg Men**

| Name                    | Yob  | Nat | Bwt    | Sn  | C&J | Total | Senior | Junior | Youth |
|-------------------------|------|-----|--------|-----|-----|-------|--------|--------|-------|
| KELLY Damon             | 1983 | AUS | 148.09 | 172 | 218 | 390   | 1      |        |       |
| DETENAMO Itte           | 1986 | NRU | 153.26 | 170 | 210 | 380   | 2      |        |       |
| NEMANI Daniel           | 1981 | NIU | 141.95 | 140 | 170 | 310   | 3      |        |       |
| THOMAS Bonteatu         | 1990 | KIR | 106.35 | 117 | 166 | 283   | 4      |        |       |
| NGALU Tevita            | 1973 | NZL | 122.70 | 123 | 157 | 280   | 5      |        |       |
| LOLOHEA Maamaloa        | 1968 | TGA | 130.80 | 120 | 153 | 273   | 6      |        |       |
| PRENDERGAST Samuel      | 1994 | NZL | 105.07 | 115 | 147 | 262   |        | 1      |       |
| VAOGA Apineru           | 1991 | ASA | 111.67 | 117 | 145 | 262   | 7      |        |       |
| SALIMU Lauititi         | 1995 | SAM | 105.87 | 92  | 110 | 202   |        | 2      |       |
| JUNGBLUT Vainuupo David | 1994 | ASA | 111.13 | 82  | 100 | 182   | 8      | 3      |       |

**48kg Women**

| Name            | Yob  | Nat | Bwt   | Sn | C&J | Total | Senior | Junior | Youth |
|-----------------|------|-----|-------|----|-----|-------|--------|--------|-------|
| HARE Kathleen   | 1988 | PNG | 47.24 | 60 | 75  | 135   | 1      |        |       |
| MALANI Seruwaia | 1993 | FIJ | 46.18 | 45 | 65  | 110   | 2      | 1      |       |
| MOSS Charlotte  | 1995 | NZL | 47.19 | 41 | 52  | 93    | 3      | 2      | 1     |

**53kg Women**

| Name              | Yob  | Nat | Bwt   | Sn | C&J | Total | Senior | Junior | Youth |
|-------------------|------|-----|-------|----|-----|-------|--------|--------|-------|
| TOUA Dika         | 1984 | PNG | 52.22 | 80 | 102 | 182   | 1      |        |       |
| BE Socheata       | 1989 | AUS | 52.58 | 65 | 85  | 150   | 2      |        |       |
| HALE Phillipa     | 1984 | NZL | 51.53 | 68 | 78  | 146   | 3      |        |       |
| MUDUNAVOCE Arieta | 1993 | FIJ | 51.42 | 50 | 65  | 115   | 4      | 1      |       |
| TIBON Lomina      | 1994 | MHL | 50.87 | 45 | 64  | 109   | 5      | 2      |       |

**58kg Women**

| Name                   | Yob  | Nat | Bwt   | Sn | C&J | Total | Senior | Junior | Youth |
|------------------------|------|-----|-------|----|-----|-------|--------|--------|-------|
| LIKU Maria             | 1990 | FIJ | 57.39 | 84 | 104 | 188   | 1      |        |       |
| WINI Jenlyn Tegu       | 1983 | SOL | 56.33 | 68 | 93  | 161   | 2      |        |       |
| MEIER Christine        | 1983 | AUS | 57.86 | 68 | 86  | 154   | 3      |        |       |
| KUMERICH Nicole        | 1975 | NZL | 57.35 | 67 | 80  | 147   | 4      |        |       |
| SHEPPARD Bianca        | 1992 | AUS | 57.74 | 70 | 70  | 140   |        | 1      |       |
| EDGE Jessica           | 1986 | AUS | 56.73 | 60 | 77  | 137   | 5      |        |       |
| KASSMAN Monalisa       | 1992 | PNG | 57.14 | 58 | 70  | 128   | 6      | 2      |       |
| ROBERT-SASSER Mathlynn | 1996 | MHL | 55.60 | 50 | 71  | 121   | 7      | 3      |       |
| TAUWAI Teresia Ella    | 1995 | FIJ | 56.41 | 50 | 70  | 120   | 8      | 4      |       |
| COWEN Sophie           | 1997 | AUS | 57.33 | 45 | 60  | 105   |        | 5      |       |

**63kg Women**

| Name              | Yob  | Nat | Bwt   | Sn | C&J | Total | Senior | Junior | Youth |
|-------------------|------|-----|-------|----|-----|-------|--------|--------|-------|
| IRO Hepline       | 1992 | SOL | 61.90 | 74 | 90  | 164   | 1      | 1      |       |
| ROBINSON Melissa  | 1981 | AUS | 62.54 | 69 | 86  | 155   | 2      |        |       |
| TUIPULOTI Fakaola | 1997 | TGA | 61.98 | 65 | 82  | 147   | 3      | 2      | 1     |
| TIMI Julia Ana    | 1996 | FIJ | 61.26 | 65 | 81  | 146   | 4      | 3      | 2     |
| ROBERTS Lauren    | 1985 | NZL | 62.37 | 66 | 77  | 143   | 5      |        |       |
| GOODMAN Rachel    | 1997 | AUS | 62.82 | 58 | 78  | 136   | 6      | 4      | 3     |

**69kg Women**

| Name        | Yob  | Nat | Bwt   | Sn | C&J | Total | Senior | Junior | Youth |
|-------------|------|-----|-------|----|-----|-------|--------|--------|-------|
| AHKUOI Manu | 1982 | SAM | 67.99 | 79 | 104 | 183   | 1      |        |       |
| VANESSA Lui | 1991 | SAM | 67.94 | 79 | 100 | 179   | 2      |        |       |
| HALE Guba   | 1986 | PNG | 65.37 | 75 | 90  | 165   | 3      |        |       |
| AKO Sandra  | 1994 | PNG | 68.76 | 70 | 90  | 160   | 4      | 1      |       |

| Name            | Yob  | Nat | Bwt   | Sn | C&J | Total | Senior | Junior | Youth |
|-----------------|------|-----|-------|----|-----|-------|--------|--------|-------|
| KEPAE Giovika   | 1994 | NRU | 67.86 | 67 | 80  | 147   | 5      | 2      |       |
| PILKINGTON Ella | 1995 | NZL | 63.78 | 52 | 63  | 115   |        | 3      | 1     |

#### +69kg Women

| Name           | Yob  | Nat | Bwt   | Sn | C&J | Total | Senior | Junior | Youth |
|----------------|------|-----|-------|----|-----|-------|--------|--------|-------|
| HARRY Lorraine | 1996 | PNG | 79.92 | 70 | 85  | 155   |        |        | 1     |
| PAGE Courtney  | 1996 | AUS | 98.83 | 58 | 75  | 133   |        |        | 2     |

#### 75kg Women

| Name             | Yob  | Nat | Bwt   | Sn  | C&J | Total | Senior | Junior | Youth |
|------------------|------|-----|-------|-----|-----|-------|--------|--------|-------|
| OPELOGE Mary     | 1992 | SAM | 73.62 | 103 | 120 | 223   | 1      | 1      |       |
| MYERS Jenna      | 1986 | AUS | 74.58 | 96  | 115 | 211   | 2      |        |       |
| VAIVAI Apolonia  | 1991 | FIJ | 74.13 | 86  | 107 | 193   | 3      |        |       |
| LAMBRECH Chantal | 1990 | NZL | 73.75 | 76  | 99  | 175   | 4      |        |       |
| WILLIAMS Tasha   | 1973 | NZL | 73.26 | 70  | 93  | 163   | 5      |        |       |

#### +75kg Women

| Name                         | Yob  | Nat | Bwt    | Sn  | C&J | Total | Senior | Junior | Youth |
|------------------------------|------|-----|--------|-----|-----|-------|--------|--------|-------|
| OPELOGE Ele                  | 1985 | SAM | 125.49 | 117 | 147 | 264   | 1      |        |       |
| LAMBRECHS Tracey             | 1985 | NZL | 100.38 | 104 | 130 | 234   | 2      |        |       |
| ACASON Deborah               | 1983 | AUS | 88.74  | 103 | 120 | 223   | 3      |        |       |
| SIMANU Iuniarra              | 1993 | SAM | 100.64 | 96  | 125 | 221   | 4      | 1      |       |
| PETERS Luisa Fatiaki Taitapu | 1993 | COK | 87.32  | 80  | 98  | 178   | 5      | 2      |       |
| HARRY Lorraine               | 1996 | PNG | 79.92  | 70  | 85  | 155   | 6      | 3      |       |
| PAGE Courtney                | 1996 | AUS | 98.83  | 58  | 75  | 133   |        | 4      |       |



Deborah Lovely



## 2012 Olitek AWF Masters Championships

Brisbane • Queensland

15<sup>th</sup> - 17<sup>th</sup> June 2012

### WOMEN

| Age Group     | Name / Category       | Born | State | B/Wt  | Snatch | C & J | Total | MMS     | Place |
|---------------|-----------------------|------|-------|-------|--------|-------|-------|---------|-------|
| 65 – 69 Years | <b>53kg Category</b>  |      |       |       |        |       |       |         |       |
|               | Vicki Brady           | 1943 | QLD   | 51.30 | 23     | 27    | 50    | 133.934 | 1     |
|               | <b>58kg Category</b>  |      |       |       |        |       |       |         |       |
|               | Sandra Young          | 1945 | NSW   | 55.85 | 27     | 35    | 62    | 143.933 | 1     |
|               | <b>63kg Category</b>  |      |       |       |        |       |       |         |       |
|               | Lesley Moyle          | 1945 | QLD   | 60.25 | 29     | 43    | 72    | 158.412 | 1     |
| 60 – 64 Years | Elaine Janes          | 1945 | VIC   | 61.65 | 24     | 32    | 56    | 121.349 | 2     |
|               | <b>53kg Category</b>  |      |       |       |        |       |       |         |       |
|               | Julie Davis           | 1952 | QLD   | 51.90 | 25     | 40    | 65    | 140.225 | 1     |
|               | <b>63kg Category</b>  |      |       |       |        |       |       |         |       |
|               | Valerie Silver        | 1949 | QLD   | 59.75 | 33     | 42    | 75    | 152.914 | 1     |
|               | <b>+75kg Category</b> |      |       |       |        |       |       |         |       |
| 55 – 59 Years | Gail Batman           | 1951 | ACT   | 91.55 | 25     | 31    | 56    | 90.022  | 1     |
|               | <b>48kg Category</b>  |      |       |       |        |       |       |         |       |
|               | Annette Wilmott       | 1955 | NSW   | 47.00 | 26     | 35    | 61    | 134.515 | 1     |
|               | <b>58kg Category</b>  |      |       |       |        |       |       |         |       |
|               | Coral Quinell         | 1957 | QLD   | 54.50 | 51     | 62    | 113   | 209.854 | 1     |
|               | Colleen Duplock       | 1954 | QLD   | 56.10 | 25     | 32    | 57    | 111.173 | 2     |
| 50 – 54 Years | <b>63kg Category</b>  |      |       |       |        |       |       |         |       |
|               | Meg Emerton           | 1953 | QLD   | 61.75 | 38     | 49    | 87    | 162.141 | 1     |
|               | <b>69kg Category</b>  |      |       |       |        |       |       |         |       |
|               | Grace Morrison        | 1954 | WA    | 67.75 | 43     | 55    | 98    | 169.014 | 1     |
|               | <b>75kg Category</b>  |      |       |       |        |       |       |         |       |
|               | Leandra Miscamble     | 1956 | QLD   | 69.15 | 34     | 47    | 81    | 131.920 | 1     |
| 50 – 54 Years | <b>53kg Category</b>  |      |       |       |        |       |       |         |       |
|               | Mary Macken           | 1961 | NSW   | 49.55 | 45     | 50    | 95    | 177.141 | 1     |

*Weightlifting Queensland*

| Age Group     | Name / Category       | Born | State | B/Wt   | Snatch | C & J | Total | MMS     | Place |
|---------------|-----------------------|------|-------|--------|--------|-------|-------|---------|-------|
| 50 – 54 Years | <b>58kg Category</b>  |      |       |        |        |       |       |         |       |
|               | Lynne Knapman         | 1959 | NSW   | 57.80  | 38     | 55    | 93    | 158.395 | 1     |
|               | <b>63kg Category</b>  |      |       |        |        |       |       |         |       |
|               | Lina Vukojevic        | 1961 | VIC   | 63.00  | 46     | 65    | 111   | 173.180 | 1     |
|               | Marie Brett           | 1961 | QLD   | 62.15  | 33     | 44    | 77    | 121.180 | 2     |
|               | <b>69kg Category</b>  |      |       |        |        |       |       |         |       |
|               | Sue Cox               | 1961 | QLD   | 68.00  | 43     | 52    | 95    | 141.610 | 1     |
|               | <b>75kg Category</b>  |      |       |        |        |       |       |         |       |
|               | Bronwyn Hitchener     | 1962 | QLD   | 74.60  | 54     | 67    | 121   | 170.249 | 1     |
|               |                       |      |       |        |        |       |       |         |       |
| 45 – 49 Years | <b>58kg Category</b>  |      |       |        |        |       |       |         |       |
|               | Annie Hewitt          | 1967 | QLD   | 56.90  | 40     | 50    | 90    | 143.273 | 1     |
|               | <b>63kg Category</b>  |      |       |        |        |       |       |         |       |
|               | Diana Loy             | 1965 | QLD   | 59.30  | 50     | 67    | 117   | 184.227 | 1     |
|               | <b>69kg Category</b>  |      |       |        |        |       |       |         |       |
|               | Kelly Rau             | 1967 | NT    | 67.95  | 58     | 70    | 128   | 181.755 | 1     |
|               | <b>75kg Category</b>  |      |       |        |        |       |       |         |       |
|               | Leanne Goldsworthy    | 1963 | NT    | 72.75  | 38     | ---   | ---   |         |       |
|               | <b>+75kg Category</b> |      |       |        |        |       |       |         |       |
|               | Danielle Waller       | 1965 | WA    | 117.40 | 76     | 89    | 165   | 201.210 | 1     |
| 40 – 44 Years | <b>53kg Category</b>  |      |       |        |        |       |       |         |       |
|               | Sarah Ireland         | 1965 | NSW   | 93.95  | 43     | 50    | 93    | 117.606 | 2     |
|               | <b>58kg Category</b>  |      |       |        |        |       |       |         |       |
|               | Jenni Robinson        | 1973 | VIC   | 53.60  | 35     | 46    | 81    | 126.979 | 1     |
|               | <b>63kg Category</b>  |      |       |        |        |       |       |         |       |
|               | Emma Teede            | 1976 | QLD   | 68.30  | 42     | 65    | 107   | 137.807 | 1     |
|               | <b>69kg Category</b>  |      |       |        |        |       |       |         |       |
|               | <b>+75kg Category</b> |      |       |        |        |       |       |         |       |
|               | Megan Kelly           | 1974 | NSW   | 91.40  | 61     | 65    | 126   | 146.839 | 1     |
|               |                       |      |       |        |        |       |       |         |       |

Jury:

Sam Coffa (VIC); Pedro Sanchez (VIC); Lyn Jones (NSW);  
Boris Kayser (VIC) Lawrie Townsend (QLD); Chris Michaelopoulos (NSW)

*Weightlifting Queensland*

Referees: Angela Wydall (QLD); Coral Quinell (QLD); Deb Oliver (QLD);  
Diana Loy (QLD); Shokr Fallah (QLD); Barrie Gilbert (SA);  
Keith Forbes (QLD)

Time Keepers: Phil Maunder (SA); Lawrie Townsend (QLD); Barrie Gilbert (SA)

Technical Controllers: Robert Mitchell (NSW); Dean Pascoe (SA); Keith Forbes (QLD)

Announcers: Michael Keelan (QLD); Ian Moir (QLD)

**MEN**

| Age Group     | Name                   | Born | State | B/Wt   | Snatch | C & J | Total | MMS     | Place |
|---------------|------------------------|------|-------|--------|--------|-------|-------|---------|-------|
| 75 – 79 Years | <b>69kg Category</b>   |      |       |        |        |       |       |         |       |
|               | Keith Penney           | 1937 | QLD   | 62.50  | 43     | 56    | 99    | 303.083 | 1     |
|               | <b>105kg Category</b>  |      |       |        |        |       |       |         |       |
|               | Barry Reilly           | 1937 | VIC   | 102.75 | 53     | 66    | 119   | 280.158 | 1     |
|               | <b>70 – 74 Years</b>   |      |       |        |        |       |       |         |       |
|               | <b>69kg Category</b>   |      |       |        |        |       |       |         |       |
|               | John Preston           | 1938 | NSW   | 68.15  | 35     | 48    | 83    | 236.574 | 1     |
|               | <b>85kg Category</b>   |      |       |        |        |       |       |         |       |
|               | John Humphrys          | 1941 | SA    | 82.85  | 42     | 58    | 100   | 241.498 | 1     |
|               |                        |      |       |        |        |       |       |         |       |
| 65 – 69 Years | <b>77kg Category</b>   |      |       |        |        |       |       |         |       |
|               | Bob Henderson          | 1943 | QLD   | 74.35  | 47     | 60    | 107   | 254.049 | 1     |
|               | Rohan Mason            | 1946 | VIC   | 75.76  | ---    | ---   | ---   |         |       |
|               | <b>85kg Category</b>   |      |       |        |        |       |       |         |       |
|               | Ray Loudon             | 1945 | QLD   | 80.10  | 52     | 67    | 119   | 251.104 | 1     |
|               | <b>105kg Category</b>  |      |       |        |        |       |       |         |       |
|               | John Reynolds          | 1944 | VIC   | 103.80 | 50     | 68    | 118   | 230.280 | 1     |
|               | Michael Burns          | 1946 | VIC   | 100.05 | 46     | 55    | 101   | 187.322 | 2     |
|               |                        |      |       |        |        |       |       |         |       |
|               | <b>60 – 64 Years</b>   |      |       |        |        |       |       |         |       |
| 60 – 64 Years | <b>77kg Category</b>   |      |       |        |        |       |       |         |       |
|               | John Clow              | 1949 | VIC   | 76.55  | 73     | 96    | 169   | 336.810 | 1     |
|               | <b>105kg Category</b>  |      |       |        |        |       |       |         |       |
|               | Peter Voss             | 1951 | ACT   | 101.80 | 60     | 75    | 135   | 228.677 | 1     |
|               | <b>+105kg Category</b> |      |       |        |        |       |       |         |       |
|               | Ben Grzes              | 1950 | QLD   | 126.90 | 45     | 45    | 90    | 145.336 | 1     |
|               |                        |      |       |        |        |       |       |         |       |
|               | <b>55 – 59 Years</b>   |      |       |        |        |       |       |         |       |
|               | <b>94kg Category</b>   |      |       |        |        |       |       |         |       |
|               | Ross Lloyd             | 1957 | ACT   | 92.15  | 75     | 95    | 170   | 263.357 | 1     |
|               | <b>+105kg Category</b> |      |       |        |        |       |       |         |       |
|               | Harry Grzes            | 1956 | QLD   | 122.25 | 55     | 70    | 125   | 180.495 | 1     |

| Age Group            | Name                   | Born | State | B/Wt   | Snatch | C & J | Total | MMS     | Place |
|----------------------|------------------------|------|-------|--------|--------|-------|-------|---------|-------|
| <b>50 – 54 Years</b> | <b>69kg Category</b>   |      |       |        |        |       |       |         |       |
|                      | Terry Munro            | 1959 | NT    | 67.45  | 47     | 55    | 102   | 179.089 | 1     |
|                      | <b>77kg Category</b>   |      |       |        |        |       |       |         |       |
|                      | Goran Vukojevic        | 1962 | VIC   | 75.60  | 72     | 95    | 167   | 263.020 | 1     |
|                      | <b>85kg Category</b>   |      |       |        |        |       |       |         |       |
|                      | Peter Ticehurst        | 1962 | NSW   | 84.95  | 43     | 55    | 98    | 145.125 | 1     |
|                      | <b>94kg Category</b>   |      |       |        |        |       |       |         |       |
|                      | Armando Miotti         | 1962 | VIC   | 93.30  | 105    | 140   | 245   | 347.608 | 1     |
|                      | <b>105kg Category</b>  |      |       |        |        |       |       |         |       |
|                      | Stephen Johnstone      | 1958 | NSW   | 94.65  | ---    | ---   | ---   |         | 1     |
|                      |                        |      |       |        |        |       |       |         |       |
| <b>45 – 49 Years</b> | <b>94kg Category</b>   |      |       |        |        |       |       |         |       |
|                      | John Hanlon            | 1966 | QLD   | 93.85  | 65     | 80    | 145   | 199.273 | 1     |
|                      | <b>105kg Category</b>  |      |       |        |        |       |       |         |       |
|                      | Edward Mandla          | 1963 | NSW   | 99.85  | 80     | 105   | 185   | 253.575 | 1     |
|                      | <b>+105kg Category</b> |      |       |        |        |       |       |         |       |
|                      | Peter Foster           | 1967 | QLD   | 112.50 | 112    | 128   | 240   | 305.986 | 1     |
|                      |                        |      |       |        |        |       |       |         |       |
| <b>40 – 44 Years</b> | <b>77kg Category</b>   |      |       |        |        |       |       |         |       |
|                      | David Holt             | 1968 | VIC   | 74.35  | ---    | ---   | ---   |         | 1     |
|                      | <b>85kg Category</b>   |      |       |        |        |       |       |         |       |
|                      | Shane Bailey           | 1968 | VIC   | 81.45  | 71     | 90    | 161   | 231.764 | 1     |
|                      | <b>94kg Category</b>   |      |       |        |        |       |       |         |       |
|                      | Brendan Kennedy        | 1968 | WA    | 88.55  | 86     | 112   | 198   | 273.617 | 1     |
|                      | Jason Loneragan        | 1971 | QLD   | 91.75  | 60     | 100   | 160   | 210.993 | 2     |
|                      |                        |      |       |        |        |       |       |         |       |
| <b>35 – 39 Years</b> | <b>85kg Category</b>   |      |       |        |        |       |       |         |       |
|                      | Michael Teede          | 1975 | QLD   | 77.60  | 86     | 112   | 198   | 271.968 | 1     |
|                      | Jeffrey Davie          | 1974 | QLD   | 82.40  | 78     | 100   | 178   | 239.643 | 2     |
|                      | Tommy Marshman         | 1976 | NSW   | 77.35  | 76     | 85    | 161   | 218.921 | 3     |
|                      | <b>94kg Category</b>   |      |       |        |        |       |       |         |       |
|                      | Adrian Frankling       | 1974 | WA    | 89.80  | 75     | 108   | 183   | 236.411 | 1     |
|                      | Mark Szttybel          | 1973 | QLD   | 86.80  | 55     | 75    | 130   | 172.440 | 2     |
|                      | <b>105kg Category</b>  |      |       |        |        |       |       |         |       |
|                      | Andrew Russell         | 1977 | QLD   | 103.30 | 91     | 122   | 213   | 250.486 | 1     |
|                      | <b>+105kg Category</b> |      |       |        |        |       |       |         |       |
|                      | Craig Wegert           | 1973 | QLD   | 149.15 | 116    | 135   | 251   | 284.663 | 1     |
|                      | Rodney Carr            | 1973 | QLD   | 111.15 | 110    | 125   | 235   | 283.088 | 2     |

| Age Group          | Name                   | Born | State | B/Wt   | Snatch | C & J | Total | MMS     | Place |
|--------------------|------------------------|------|-------|--------|--------|-------|-------|---------|-------|
| <b>35-39 Years</b> | <b>+105kg Category</b> |      |       |        |        |       |       |         |       |
|                    | Robert Webster         | 1976 | QLD   | 113.00 | 92     | 125   | 217   | 251.329 | 3     |

|                        |                                                                                                                                                                                                                                     |
|------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Jury:                  | Sam Coffa (VIC); Lyn Jones (VIC); Boris Kayser (VIC)<br>Lawrie Townsend (QLD); Barry Harden (QLD)                                                                                                                                   |
| Referees:              | Lawrie Townsend (QLD); Barrie Gilbert (SA); Deb Oliver (QLD);<br>Vicki Brady (QLD); Coral Quinell (QLD); Dean Pascoe (SA);<br>Jennie Ebert (NZL); Shokr Fallah (QLD); Trevor Walz (QLD);<br>Tony Ebert (NZL); Kathleen Harden (QLD) |
| Time Keepers:          | Coral Quinell (QLD); Deb Oliver (QLD); Dean Pascoe (SA);<br>Vicki Brady (QLD); Kathleen Harden (QLD)                                                                                                                                |
| Technical Controllers: | Vicki Brady (QLD); Lawrie Townsend (QLD); Craig Wegert (QLD);<br>Coral Quinell (QLD); Chris Michaelopoulos (NSW); Danielle Waller (WA)                                                                                              |
| Announcers:            | Michael Keelan (QLD); Craig Wegert (QLD); Ian Moir (QLD)                                                                                                                                                                            |

**New Australian Women's Masters Records**

| Lifter          | State | Bwt Cat | Age Group     | Record Type | New Record |
|-----------------|-------|---------|---------------|-------------|------------|
| Julie Davis     | QLD   | F53     | Masters 60-64 | C&J         | 40kg       |
| Meg Emerton     | QLD   | F63     | Masters 55-59 | C&J         | 49kg       |
| Meg Emerton     | QLD   | F63     | Masters 55-59 | TOTAL       | 87kg       |
| Lina Vukojevic  | VIC   | F63     | Masters 50-54 | C&J         | 65kg       |
| Lina Vukojevic  | VIC   | F63     | Masters 50-54 | TOTAL       | 111kg      |
| Kelly Rau       | NT    | F69     | Masters 45-49 | SNATCH      | 58kg       |
| Kelly Rau       | NT    | F69     | Masters 45-49 | C&J         | 70kg       |
| Kelly Rau       | NT    | F69     | Masters 45-49 | TOTAL       | 128kg      |
| Danielle Waller | WA    | F75+    | Masters 45-49 | SNATCH      | 76kg       |
| Danielle Waller | WA    | F75+    | Masters 45-49 | C&J         | 89kg       |
| Danielle Waller | WA    | F75+    | Masters 45-49 | TOTAL       | 165kg      |

New Australian Men's Masters Records

| Lifter         | State | Bwt Cat | Age Group     | Record Type | New Record |
|----------------|-------|---------|---------------|-------------|------------|
| Barry Rielly   | VIC   | M105    | Masters 75-79 | C&J         | 66kg       |
| John Clow      | VIC   | M77     | Masters 60-64 | SNATCH      | 73kg       |
| John Clow      | VIC   | M77     | Masters 60-64 | C&J         | 96kg       |
| John Clow      | VIC   | M77     | Masters 60-64 | TOTAL       | 169kg      |
| Armando Miotti | VIC   | M94     | Masters 50-54 | C&J         | 140kg      |
| Armando Miotti | VIC   | M94     | Masters 50-54 | TOTAL       | 245kg      |
| Peter Foster   | QLD   | M105+   | Masters 45-49 | SNATCH      | 112kg      |
| Peter Foster   | QLD   | M105+   | Masters 45-49 | TOTAL       | 240kg      |

Team Points

Women

| Place | Team                         | Points  |
|-------|------------------------------|---------|
| 1     | Queensland A                 | 726.471 |
| 2     | Queensland B                 | 628.616 |
| 3     | New South Wales              | 626.308 |
| 4     | Queensland C                 | 558.993 |
| 5     | Queensland D                 | 491.798 |
| 6     | Victoria                     | 421.507 |
| 7     | Western Australia            | 370.224 |
| 8     | Northern Territory           | 181.755 |
| 9     | Australian Capital Territory | 90.022  |

Men

| Place | Team                         | Points   |
|-------|------------------------------|----------|
| 1     | Queensland A                 | 1430.869 |
| 2     | Queensland B                 | 1264.530 |
| 3     | Victoria A                   | 1227.596 |
| 4     | New South Wales              | 854.195  |
| 5     | Queensland C                 | 763.201  |
| 6     | Victoria B                   | 649.366  |
| 7     | Western Australia            | 510.028  |
| 8     | Australian Capital Territory | 492.034  |
| 9     | South Australia              | 241.498  |
| 10    | Northern Territory           | 179.089  |



2012 AWF National Senior Championships

Brisbane • Queensland  
16<sup>th</sup> June 2012

WOMEN

| Name                  | Born | State | B/Wt  | Snatch | Cl & Jk | Total | Sinclair | Place |
|-----------------------|------|-------|-------|--------|---------|-------|----------|-------|
| <b>48KG Category</b>  |      |       |       |        |         |       |          |       |
| Vivian Lee            | 1978 | VIC   | 47.85 | 65     | 89      | 154   | 235.853  | 1     |
| <b>53kg Category</b>  |      |       |       |        |         |       |          |       |
| Socheata Be           | 1989 | VIC   | 52.75 | 70     | 90      | 160   | 225.778  | 1     |
| <b>58kg Category</b>  |      |       |       |        |         |       |          |       |
| Seen Lee              | 1982 | VIC   | 57.70 | 84     | 104     | 188   | 247.943  | 1     |
| Christine Meier       | 1987 | QLD   | 57.80 | 66     | 83      | 149   | 196.266  | 2     |
| <b>63kg Category</b>  |      |       |       |        |         |       |          |       |
| Jacquie White         | 1982 | VIC   | 63.00 | 71     | 90      | 161   | 200.151  | 1     |
| Melissa Robinson      | 1986 | QLD   | 62.30 | 69     | 90      | 159   | 199.077  | 2     |
| <b>69kg Category</b>  |      |       |       |        |         |       |          |       |
| Elena Palamara        | 1986 | NSW   | 67.90 | 73     | 89      | 162   | 192.576  | 1     |
| Kylie Lindbeck        | 1984 | ACT   | 66.65 | 73     | 85      | 158   | 189.828  | 2     |
| <b>75kg Category</b>  |      |       |       |        |         |       |          |       |
| Jenna Myers           | 1986 | TAS   | 74.65 | 98     | ---     | ---   |          |       |
| <b>+75kg Category</b> |      |       |       |        |         |       |          |       |
| Deborah Aason         | 1986 | QLD   | 88.30 | 102    | 120     | 222   | 234.920  | 1     |
| Kaitlyn Fassina       | 1990 | TAS   | 88.55 | 86     | 100     | 186   | 196.647  | 2     |

Jury: Sam Coffa (VIC); Boris Kayser (VIC); Lyn Jones (NSW)

Referees: John Way (NSW); Pedro Sanchez (VIC); Danielle Waller (WA)

Time Keeper: Tony Campbell-Cowie (NSW)

Technical Controller: Chris Michaelopoulos (NSW)

Announcer: Ian Moir (QLD)

**MEN**

| Name                 | Born | State | B/Wt  | Snatch | Cl & Jk | Total | Sinclair | Place |
|----------------------|------|-------|-------|--------|---------|-------|----------|-------|
| <b>62KG Category</b> |      |       |       |        |         |       |          |       |
| Daniel Koum          | 1985 | VIC   | 61.25 | 110    | 145     | 255   | 369.684  | 1     |
| Jamie Osbourne       | 1980 | ACT   | 61.90 | 97     | 114     | 211   | 303.618  | 2     |
|                      |      |       |       |        |         |       |          |       |
| <b>69kg Category</b> |      |       |       |        |         |       |          |       |
| Francois Etoundi     | 1984 | VIC   | 68.95 | 127    | 157     | 284   | 380.268  | 1     |
|                      |      |       |       |        |         |       |          |       |
| <b>77KG Category</b> |      |       |       |        |         |       |          |       |
| Ben Turner           | 1984 | QLD   | 76.15 | 125    | 156     | 281   | 354.590  | 1     |
| Ricky Gulyamov       | 1989 | NSW   | 76.55 | 130    | 150     | 280   | 352.291  | 2     |
| Daniel Katz          | 1990 | VIC   | 76.65 | 115    | 140     | 255   | 320.602  | 3     |
|                      |      |       |       |        |         |       |          |       |
| <b>85kg Category</b> |      |       |       |        |         |       |          |       |
| Malek Chamoun        | 1989 | NSW   | 84.45 | 135    | 170     | 305   | 364.421  | 1     |
| Steve McConnell      | 1991 | VIC   | 78.75 | 105    | 125     | 230   | 284.908  | 2     |

Jury: Pedro Sanchez (VIC); Chris Michaelopoulos (NSW);  
Lawrie Townsend (QLD)

Referees: John Way (NSW); Shokr Fallah (QLD);  
Tony Campbell-Cowie (NSW)

Time Keeper: Dean Pascoe (SA)

Technical Controller: Danielle Waller (WA)

Announcer: Lyn Jones (NSW)

| Name                   | Born | State | B/Wt   | Snatch | Cl & Jk | Total | Sinclair | Place |
|------------------------|------|-------|--------|--------|---------|-------|----------|-------|
| <b>94kg Category</b>   |      |       |        |        |         |       |          |       |
| Simplice Ribouem       | 1982 | VIC   | 92.95  | 145    | 180     | 325   | 371.562  | 1     |
| Zac Grgurevic          | 1991 | TAS   | 93.90  | 132    | 165     | 297   | 338.090  | 2     |
| Chris Ciancio          | 1984 | VIC   | 89.60  | 145    | ---     | ---   |          |       |
|                        |      |       |        |        |         |       |          |       |
| <b>105kg Category</b>  |      |       |        |        |         |       |          |       |
| Robert Galsworthy      | 1989 | QLD   | 104.90 | 142    | 175     | 317   | 345.884  | 1     |
| Gordon Laurie          | 1986 | VIC   | 103.70 | 138    | 160     | 298   | 326.460  | 2     |
| Luke Gardner           | 1988 | QLD   | 104.15 | 125    | 166     | 291   | 318.307  | 3     |
| Ben Mulder             | 1978 | SA    | 99.20  | 125    | 165     | 290   | 322.922  | 4     |
|                        |      |       |        |        |         |       |          |       |
| <b>+105kg Category</b> |      |       |        |        |         |       |          |       |
| Damon Kelly            | 1983 | QLD   | 147.10 | 170    | 210     | 380   | 383.661  | 1     |
| Craig Wegert           | 1973 | QLD   | 150.40 | 120    | 151     | 271   | 272.963  | 2     |

Jury: Sam Coffa (VIC); Pedro Sanchez (VIC); Boris Kayser (VIC)

Referees: John Way (NSW); Barrie Gilbert (SA); Phil Maunder (SA)

Time Keeper: Danielle Waller (WA)

Technical Controller: Lawrie Townsend (QLD)

Announcer: Lyn Jones (NSW)

**SINCLAIR RANKING - WOMEN**

| Rank | Name             | Score  |
|------|------------------|--------|
| 1    | Seen Lee         | 247.94 |
| 2    | Vivian Lee       | 235.85 |
| 3    | Deborah Acason   | 234.92 |
| 4    | Socheata Be      | 225.78 |
| 5    | Jacquie White    | 200.15 |
| 6    | Melissa Robinson | 199.08 |
| 7    | Kaitlyn Fassina  | 196.65 |
| 8    | Christine Meier  | 196.27 |
| 9    | Elena Palamara   | 192.58 |
| 10   | Kylie Lindbeck   | 189.83 |
| 11   | Jenna Myers      | 0.00   |

**SINCLAIR RANKING - MEN**

| Rank | Name              | Score  |
|------|-------------------|--------|
| 1    | Damon Kelly       | 383.66 |
| 2    | Francois Etoundi  | 380.27 |
| 3    | Simplice Ribouem  | 371.56 |
| 4    | Daniel Koum       | 369.68 |
| 5    | Malek Chamoun     | 364.42 |
| 6    | Ben Turner        | 354.59 |
| 7    | Ricky Gulyamov    | 352.29 |
| 8    | Robert Galsworthy | 345.89 |
| 9    | Zac Grgurevic     | 338.09 |
| 10   | Gordon Laurie     | 326.46 |
| 11   | Ben Mulder        | 322.92 |
| 12   | Daniel Katz       | 320.60 |
| 13   | Luke Gardner      | 318.31 |
| 14   | Jamie Osborne     | 303.62 |
| 15   | Steve McConnell   | 284.91 |
| 16   | Craig Wegert      | 272.96 |
| 17   | Christopher Ciano | 0.00   |

**TEAM CLASSIFICATION – WOMEN**

| Place           | State / Team                 | Points |
|-----------------|------------------------------|--------|
| 1 <sup>st</sup> | Victoria                     | 36     |
| 2 <sup>nd</sup> | Queensland                   | 23     |
| 3 <sup>rd</sup> | New South Wales              | 9      |
| 4 <sup>th</sup> | Tasmania                     | 7      |
| 4 <sup>th</sup> | Australian Capital Territory | 7      |

**TEAM CLASSIFICATION – MEN**

| Place           | State / Team                 | Points |
|-----------------|------------------------------|--------|
| 1 <sup>st</sup> | Victoria                     | 47     |
| 2 <sup>nd</sup> | Queensland                   | 40     |
| 3 <sup>rd</sup> | New South Wales              | 16     |
| 4 <sup>th</sup> | Tasmania                     | 7      |
| 4 <sup>th</sup> | Australian Capital Territory | 7      |
| 6 <sup>th</sup> | South Australia              | 5      |

**RECORDS**

| Lifter      | Bwt Cat | Age Group | Record Level | Record Type | New Record |
|-------------|---------|-----------|--------------|-------------|------------|
| Jenna Myers | F75     | Senior    | AUS          | SNATCH      | 98kg       |

# New QWA Membership Options

The QWA has introduced an option for membership which may be attractive to potential new members. This option provides a one-month period of membership which can be upgraded to a full 12-month membership prior to expiry for a total cost which is no more than the cost of a 12-month membership.

The QWA Management Committee envisages that this new option will suit people who would like to experience a weightlifting competition before deciding on the extent of their future involvement in the sport. Until now, for a person to try competitive weightlifting for the first time, he or she would have been required to buy a full twelve-month membership at up to \$80.00, on top of the competition entry fee. The introduction of this one-month membership for \$25, which provides AWF registration and insurance cover, can make it easier for people to try weightlifting at least once. And if, as we would hope, they enjoy the experience, they can pay the difference to purchase the rest of a full-term membership. In this case, the \$25 they've already paid becomes a part payment of the normal 12-month membership fee.

## Membership periods and fees

There are three membership options:

1. **Yearly** – membership for twelve (12) consecutive months, commencing at the date of payment of the applicable fee and expiring at the same date in the following year.
2. **Monthly** – membership for one (1) month, commencing at the date of payment of the applicable fee and expiring at the same date in the following month.
3. **Upgrading from Monthly to Yearly membership.** Prior to the expiration of a Monthly membership, the member may upgrade to a Yearly membership by paying an additional fee which is \$25 less than the normal Yearly membership fee. An upgraded membership is considered to have commenced at the date of payment of the original Monthly membership fee and will expire at the same date in the following year.

**Important Note:** a Monthly membership can only be upgraded **BEFORE** the current period of membership expires. An application for any category of membership received after the expiration of a previous membership period will incur the full applicable fees.

All membership fees include the Australian Weightlifting Federation capitation fee.

The membership fees for competitors include a Sports Injury insurance premium.

All membership fees include GST.

## Schedule of Fees

### Yearly Membership

SENIOR (21 years and over) \$80.00 (competitor) or \$70.00 (non competitor)

JUNIOR (20 years and under) \$60.00 (competitor) or \$55.00 (non competitor)

YOUTH (17 years and under) \$41.00 (competitor) or \$39.00 (non competitor)

### Monthly Membership

All age categories \$25.00

### Upgrading from Monthly to Yearly Membership before the date of expiry

SENIOR (21 years and over) \$55.00 (competitor) or \$45.00 (non competitor)

JUNIOR (20 years and under) \$35.00 (competitor) or \$30.00 (non competitor)

YOUTH (17 years and under) \$16.00 (competitor) or \$14.00 (non competitor)

# Technically Speaking

## Lot Numbers and Start Numbers

The recent Olitek AWF Masters Championships held in Brisbane provided an introduction to Start numbers for many lifters and some Technical Officials. It should be remembered that Start numbers do not replace Lot numbers. Both of these numbers have important roles to play in the organising and running of competitions.

Lot numbers are randomly generated numbers allocated to each entrant in any competition and this is usually done in advance, after all of the preliminary entries are received. The Lot number determines the order in which the competitors are arranged within each bodyweight category, from the lowest Lot number to the highest Lot number.

Once assigned, the Lot numbers don't change. For example, if a competitor moves to a different bodyweight category at the time of the verification of final entries, he or she retains the same Lot number and is listed according to the Lot order (lowest to highest number) in the 'new' category.

Why do we need Start numbers?

There are two reasons. Firstly: to enable the Technical Officials to verify that the athlete who is going on to the platform to make his or her attempt is the correct one. This is done by issuing numbered bibs to each competitor, which they must attach to the leg of their lifting costume. Technical Controllers, Referees and Jury members, who may not know all of the competitors by sight, can then easily identify each lifter by the number displayed on the bib, which corresponds to their Start number, as shown on the competition documents and scoreboard. While this could also be done with the Lot numbers, using sequential numbers in a smaller range, e.g. 1 to 15, simplifies the task and reduces the potential for errors.

The Start number is also used to harmonise the order of the weigh-in and the lifting order, when two or more bodyweight categories are combined in one competition group

Lot numbers are 'category specific'; while Start numbers apply to the whole group no matter how many bodyweight categories are included. Start numbers always begin at 1 and are assigned firstly according to the bodyweight category (lightest category first) and then according to the Lot order within each category (lowest Lot number first).

Example:

| Category | Start # | Lot # | Name     | Snatch 1 | Snatch 2 | Snatch 3 |
|----------|---------|-------|----------|----------|----------|----------|
| 63kg     | 1       | 50    | Lifter A | 60       |          |          |
| 63kg     | 2       | 101   | Lifter B | 60       |          |          |
| 69kg     | 3       | 45    | Lifter C | 60       |          |          |
| 69kg     | 4       | 82    | Lifter D | 60       |          |          |
| 69kg     | 5       | 84    | Lifter E | 60       |          |          |
| 75kg     | 6       | 22    | Lifter F | 60       |          |          |
| 75kg     | 7       | 37    | Lifter G | 60       |          |          |
| 75kg     | 8       | 90    | Lifter H | 60       |          |          |
| +75kg    | 9       | 10    | Lifter I | 60       |          |          |
| +75kg    | 10      | 44    | Lifter J | 60       |          |          |

In this example, if there were no Start numbers the order of lifting according to the Lot numbers would be: I, F, G, J, C, A, D, E, H, B. A competition conducted in this manner would 'jump around' between bodyweight categories and all lifters would be treated as though they are competing in a single group.

With the Start number dictating the order of lifting, it becomes: A, B, C, D, E, F, G, H, I, J. This method prevents lifters in different bodyweight categories 'crossing over' each other in the lifting order when the weight, attempt number and progression are the same.

In reality of course, it's highly unlikely that a scoresheet would look like the example above, but any number of lifters within a group might select the same weights. So, by applying Start numbers to the whole group and using this to set the order of lifting, the running of the competition remains focussed as much as possible on the separate bodyweight categories and the lifters who are actually competing directly with one another.

# CLUB NEWS



## North Brisbane Weightlifting Association

Exciting times with the Olympics upon us and we wish Damon and Seen good lifting and a safe and enjoyable trip to London. We know you will do Australia proud and your dedication and love of the sport has been rewarded by representing your country.

The Oceania and National Masters Championships held in June were a great success and to have the Olympic Trials on the same stage was a boost for the Masters! The seminar held on the Thursday before the lifting proved to be an interesting forum of speakers and was well received. Thank you to the National Masters Panel for their organisation and to Deb Oliver from Olitek who sponsored the National Masters Program. The luncheon held afterwards at the Bowls Club was a great afternoon and decorated with great love and passion by Leandra and her team of workers.

Our JME competition was non existent in June through lack of numbers so we are hoping for more enthusiasm at the League Round and our next JME comp. Numbers in the gym are up and down, however our coaches Ben and Vicki are still coaching and obviously obtaining results with a huge PB from Jess Gilbert and World and National Masters Records for Lesley Moyle and National Masters Record for Julie Davis.

Lesley would like me to thank everyone for their "best wishes" and expressions of concern with her recent health problems, but assures us that the surgery went well and she has taken the opportunity of visiting her daughter and family in Victoria until her treatment starts in another month or so.

We are still waiting for our new web page, but we are on facebook where I have been following Christian's travels and I am wondering whether he will ever return. He has been photographed in some amazing places with some amazing girls! Well why not, I say.

Julie Davis  
Secretary



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The Queensland Weightlifting Association (QWA) strives to promote weightlifting as a healthy and enjoyable sport for all.

Through its system of clubs around the state of Queensland, Australia, the QWA provides quality coaching for beginners to elite athletes, and offers an organised program of events for men and women aged from their 'teen years through to the Masters categories.

The QWA also offers training for coaches and officials and, as an affiliated member of the Australian Weightlifting Federation, opportunities to participate in national and international events.

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