



Weightlifting Queensland

December 2012

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London 2012 Olympian Damon Kelly

Inside This edition:

2012 QWA Events Calendar	3	AWF U15 Tournament	54
From The Office	8	AWF Junior/Youth C'Ships	57
QWA League Round 3	10	Qld All Schools C'Ships	61
Olympic Games	13	League Final	64
Qld Junior/Youth U15 Results	26	JME Results	66
League Round 4	28	Membership Options	67
World Masters	31	Technically Speaking	68
Youth World Championships	44	Club News	70



The Queensland Government is proud to provide funding for the Queensland Weightlifting Association to get more Queenslanders active through sport and recreation.

Weightlifting Queensland

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QWA Mission Statement

"To Promote and develop all aspects of the sport of weightlifting in Queensland"

Acknowledgement:

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Disclaimer

The views represented in this publication do not necessarily reflect those of the editor or of the Officers or the Management Committee of the QWA.



2013 Events Calendar

January 16 – 20	Australian Youth Olympic Festival	Sydney, AUS
January 19	Gold Coast Open Club Competition	Burleigh Heads
January 26	Ironskull Australia Day Competition	Sumner Park
<i>February 2 – 3</i>	<i>Club Weightlifting / Sports Power Coach Level 1 course</i>	<i>Chandler</i>
February 9	CrossFit Foxes/Fernwood Open Club Competition	Darra
February 16	QWA League Round 1 & Masters League Round 1 (Endorsed AWF Qualifying Event*) (Olitek National Masters League Round)	Cougars
March 8	JME Qld Club Challenge Round 1 – Ironskull	Sumner Park
March 8	JME Qld Club Challenge Round 1 – Toowoomba	Toowoomba
March 9	JME Qld Club Challenge Round 1 – Cairns	Cairns
March 9	JME Qld Club Challenge Round 1 – Cougars	Chandler
March 9	JME Qld Club Challenge Round 1 – Crossfit Brisbane	Coorparoo
March 9	JME Qld Club Challenge Round 1 – Crossfit Foxes/Fernwood	Darra
March 9	JME Qld Club Challenge Round 1 – Crossfit Northside	Clontarf
March 9	JME Qld Club Challenge Round 1 – Milton	Milton
March 9	JME Qld Club Challenge Round 1 – North Brisbane	Zillmere
March 9	JME Qld Club Challenge Round 1 – Gold Coast	Burleigh Heads
March 9	JME Qld Club Challenge Round 1 – Sunshine Coast	Nambour
March 15	Milton Open Club Competition	Milton
March 22 – 24	AWF National Club Tournament (Olitek National Masters League Round)	Melbourne, VIC
<i>April 6 – 7</i>	<i>Club Weightlifting / Sports Power Coach Level 1 course</i>	<i>Cairns</i>
April 6 – 13	Youth World Championships	Tashkent, UZB

April 20	QWA League Round 2 & Masters League Round 2 (Endorsed AWF Qualifying Event*) (Olitek National Masters League Round)	Ironskull
<i>April 27 – 28</i>	<i>Club Weightlifting / Sports Power Coach Level 1 course</i>	<i>Chandler</i>
May 3 – 11	Junior World Championships	Lima, PER
May 4	Qld Masters Championships	Cougars
May 18	Qld Senior & Junior Championships (Endorsed AWF Qualifying Event*)	Sunshine Coast
<i>May 18</i>	<i>QWA Annual General Meeting</i>	<i>Sunshine Coast</i>
May 31	JME Qld Club Challenge Round 2 – Ironskull	Sumner Park
May 31	JME Qld Club Challenge Round 2 – Toowoomba	Toowoomba
June 1	JME Qld Club Challenge Round 2 – Cairns	Cairns
June 1	JME Qld Club Challenge Round 2 – Cougars	Chandler
June 1	JME Qld Club Challenge Round 2 – Crossfit Brisbane	Coorparoo
June 1	JME Qld Club Challenge Round 2 – Crossfit Foxes/Fernwood	Darra
June 1	JME Qld Club Challenge Round 2 – Crossfit Northside	Clontarf
June 1	JME Qld Club Challenge Round 2 – Gold Coast	Burleigh Heads
June 1	JME Qld Club Challenge Round 2 – Milton	Milton
June 1	JME Qld Club Challenge Round 2 – North Brisbane	Zillmere
June 1	JME Qld Club Challenge Round 2 – Sunshine Coast	Nambour
June 15 – 16	Olitek Australian Masters Championships	Launceston, TAS
<i>June 22 – 23</i>	<i>State Weightlifting / Sports Power Coach Level 1 course</i>	<i>Chandler</i>
June 29	QWA League Round 3 & Masters League Round 3 (Endorsed AWF Qualifying Event*)	Zillmere
<i>July 6 – 7</i>	<i>Club Weightlifting / Sports Power Coach Level 1 course</i>	<i>Chandler</i>
July 6 – 17	Summer Universiade	Kazan, RUS
July 12 – 14	Australian Senior & Junior Championships	Brisbane, QLD
July 12 – 14	Oceania Junior & Youth Championships	Brisbane, QLD
July 27	Sunshine Coast Open Club Competition	Nambour
August 2 – 11	IWF World Masters Championships	Torino, ITA

August 10	Qld U15 & Youth Championships (Endorsed AWF Qualifying Event*)	Toowoomba
August 23	JME Qld Club Challenge Round 3 – Ironskull	Sumner Park
August 23	JME Qld Club Challenge Round 3 – Toowoomba	Toowoomba
August 24	JME Qld Club Challenge Round 3 – Cairns	Cairns
August 24	JME Qld Club Challenge Round 3 – Cougars	Chandler
August 24	JME Qld Club Challenge Round 3 – Crossfit Brisbane	Coorparoo
August 24	JME Qld Club Challenge Round 3 – Crossfit Foxes/Fernwood	Darra
August 24	JME Qld Club Challenge Round 3 – Crossfit Morayfield	Morayfield
August 24	JME Qld Club Challenge Round 3 – Crossfit Northside	Clontarf
August 24	JME Qld Club Challenge Round 3 – Gatton	Gatton
August 24	JME Qld Club Challenge Round 3 – Gold Coast	Burleigh Heads
August 24	JME Qld Club Challenge Round 3 – Milton	Milton
August 24	JME Qld Club Challenge Round 3 – North Brisbane	Zillmere
August 24	JME Qld Club Challenge Round 3 – Sunshine Coast	Nambour
September 2 – 5	Oceania Senior Championships	Wallis & Futuna
September 14	QWA League Round 4 & Masters League Round 4 (Endorsed AWF Qualifying Event*)	Toowoomba
<i>September 28 – 29</i>	<i>Club Weightlifting / Sports Power Coach Level 1 course</i>	<i>Chandler</i>
September 28	Cairns Open Club Competition	Cairns
October 5 – 6	Australian Youth Championships & U15 Tournament	Melbourne, VIC
October 12	CrossFit Foxes/Fernwood Open Club Competition	Darra
October 16 – 23	Senior World Championships	Warsaw, POL
October 26	Qld All Schools Championships (Endorsed AWF Qualifying Event*)	Cougars
October 27	Milton Open Club Competition	Milton
November 8	JME Qld Club Challenge Round 4 – Ironskull	Sumner Park
November 8	JME Qld Club Challenge Round 4 – Toowoomba	Toowoomba
November 9	JME Qld Club Challenge Round 4 – Cairns	Cairns
November 9	JME Qld Club Challenge Round 4 – Cougars	Chandler

November 9	JME Qld Club Challenge Round 4 – Crossfit Brisbane	Coorparoo
November 9	JME Qld Club Challenge Round 4 – Crossfit Foxes/Fernwood	Darra
November 9	JME Qld Club Challenge Round 4 – Crossfit Northside	Clontarf
November 9	JME Qld Club Challenge Round 4 – Gatton	Gatton
November 9	JME Qld Club Challenge Round 4 – Gold Coast	Burleigh Heads
November 9	JME Qld Club Challenge Round 4 – Milton	Milton
November 9	JME Qld Club Challenge Round 4 – Crossfit Morayfield	Morayfield
November 9	JME Qld Club Challenge Round 4 – North Brisbane	Zillmere
November 9	JME Qld Club Challenge Round 4 – Sunshine Coast	Nambour
November 23	QWA Grand Final (Endorsed AWF Qualifying Event*)	Cougars
November	Commonwealth Championships	TBC
<i>Nov 30 – Dec 1</i>	<i>Club Weightlifting / Sports Power Coach Level 1 course</i>	<i>Chandler</i>
December 7	Sunshine Coast Open Club Competition	Nambour
December 13	Toowoomba Open Club Competition	Toowoomba
December 14	Cairns Open Club Competition	Cairns
December 14	North Brisbane Xmas Competition	Zillmere
December 14	'Mike Keelan Shield' Competition	Chandler
December 14	Under 23 International Invitational	TBC, AUS

*Endorsed AWF Qualifying Events are State level events that are accepted by the Australian Weightlifting Federation for consideration in the selection process for Australian Representative Teams.

The closing date for entries for all QWA events is 15 days prior to the competition date.
The qualifying period for the Queensland Senior Championships is 3rd May 2012 – 3rd May 2013.
The minimum standard for entry in the Queensland Senior Championships is **AWF D Grade**.
The qualifying period for the Queensland Junior Championships is 3rd May 2012 – 3rd May 2013.
The minimum standard for entry in the Queensland Junior Championships is **AWF E Grade**.
There is no minimum qualifying standard for Queensland Under 15, Youth, School, or Masters Championships.

To be eligible to be selected to represent the QWA at the 2013 National Senior and/or Junior Championships, athletes must compete in the 2013 Queensland Senior & Junior Championships.

To be eligible to be selected to represent the QWA at the 2013 National U15 Tournament and/or National Youth Championships, athletes must compete in the 2013 Queensland U15 & Youth Championships.

An exemption from these conditions may apply in special circumstances. Refer to Section 2 of the QWA Team Selection Policy. The QWA Team Selection Policy is available on the QWA web site at www.qwa.org or from the QWA office on request.

Queensland Competition Venues

Venue	Address
Cairns North Weightlifting Association	St Andrew's College Redlynch Intake Rd Redlynch 4870
Cougars Weightlifting Club	The Velodrome Sleeman Sports Complex Cnr Old Cleveland Rd & Tilley Rd Chandler 4155
Crossfit Brisbane	47 Clarence Street Coorparoo 4151
Crossfit Foxes	Fernwood Health Club Corner Westcombe & Bellwood Streets Darra 4076
Crossfit Northside	25 Tubbs Street Clontarf 4019
Gold Coast Weightlifting Club	Unit 6 15 Taree St Burleigh Heads 4220
Ironskull Weightlifting & Fitness	Unit 2 16 Spine Street Sumner Park 4074
Sunshine Coast Weightlifting Club	Crusher Park or Nambour SHS Crusher Drive 1 Carroll Street Nambour 4560 Nambour 4560
Toowoomba Weightlifting Association	Toowoomba State High School Gymnasium Stuart St Toowoomba 4350
Milton Weightlifting Club	Fortuna Workout Centre 23 Railway Tce Milton 4064
North Brisbane Weightlifting Association	O'Callaghan Park 348 Zillmere Rd Zillmere 4034

From the QWA Office

Recently, a 'blogger' caused a small stir in weightlifting circles when he set about telling the Australian Weightlifting Federation what he thought it should do to make the sport of weightlifting survive and prosper in Australia. I'm not going to comment on the contents of that article, except to say that I found his statements to the effect that weightlifting clubs support an elitist attitude, to be quite extraordinary. Particularly as this opinion was seemingly based upon the blogger's dealings with a Queensland weightlifting club.

As I read the article, I thought about the people who keep Queensland's weightlifting clubs moving forward – the committee members, coaches, officiators and other volunteers – and I couldn't for the life of me think of anyone who would look unfavorably upon any person who wanted to be involved in weightlifting, regardless of their level of performance.

With further reading, the penny dropped. What the blogger referred to as "elitist" is in fact the propensity for weightlifting coaches to devote their time and attention to people who train to compete in the sport of weightlifting, as distinct from those who want to be coached to train but not compete.

Perhaps I'm an elitist and just don't know it, but it makes perfect sense to me for a sport coach at a sport club to focus his or her energy on coaching the sport. I'm surprised that anyone would expect otherwise.

It's becoming apparent that some people view weightlifting training as a means to its own end. But without the element of formalized competitions, weightlifting training is just exercising by lifting weights. And while exercising with weights is a beneficial and rewarding activity, it is not a sport.

Some of this confusion may also be the result of the increasing popularity of CrossFit. CrossFit is essentially a system of high-intensity physical training, but CrossFit also has an element of competition and is considered by many to be a sport. The CrossFit system of training includes, among many other movements and exercises, the classical lifts of weightlifting – the Snatch and the Clean & Jerk – potentially muddying the waters even further.

Some may argue that if more people are learning and practicing the classical lifts, this surely must be good for weightlifting. It would be, if all of those people participated in the sport, at least once in a while. But, if the blogger is correct, there is a perception out there that people who don't eat, sleep and breathe weightlifting aren't welcome in the sport. This perception may be one of the reasons behind a rise in the number of weightlifting events popping up outside of the sport's mainstream.

Those of us who are members of the sport should be conscious of any barriers to participation in weightlifting, real or perceived, and work to break those barriers down.

Rather than accommodating, and in some cases, supporting weightlifting events in a separate stream, it would surely be better to promote inclusion. There were 40 weightlifting competitions held in Queensland this year under the auspices of the QWA. There will be even more next year, as more clubs join the JME Queensland Club Challenge program.

The primary purpose of the JME Queensland Club Challenge and the QWA League competition is to make weightlifting accessible. These competitions are open to anyone who wants to register as a member of the QWA and step onto a competition platform and have a go. By providing competitions such as these, the QWA and its clubs are putting out the welcome mat and encouraging people to "come on in" to the sport of weightlifting. And the statistics show that this invitation is being accepted. There were more competitors in QWA events this year than ever before in the history of the organisation.

Of the connection between Weightlifting and CrossFit, Matt Swift, a highly respected leader in the Australian CrossFit community, wrote:

"...Much work has gone on in the background to bring the sports closer together, and I hope both sports continue to prosper by the relationship. The enemy of the relationship is the labeling of people as Weightlifters or CrossFitters.

Perhaps there is just one category ... people who love lifting weights ... and then simply many ways of expressing it, with CF being one and WL being another. Both sports respect virtuosity and that should be our common ground, bound together by the best examples of our respective sports, not the worst."

To my mind, Matt has hit the nail on the head. Labeling people will not assist the growth and development of weightlifting. Weightlifting clubs are not elitist, but they do have a particular purpose, i.e. to conduct the sport of weightlifting. However, everyone who wants to lift in a weightlifting competition is welcome to join the sport and enjoy that experience, no matter where they practice their lifts, or what other sports and activities they're involved in. Perhaps we just need to work even harder to put this message out there.

Until next time...

Ian Moir



QWA League & Masters League, Round 3

North Brisbane Weightlifting Association, Zillmere Qld
28th July 2012

Points are calculated as the percentage of World Record Total relative to bodyweight category plus bonus points for equal or new personal best lifts and 6 successful attempts; less penalty points for lifts more than 5kg below personal best.

Division 1

Name	Born	Club	Bwt	Sn	C&J	Total	Bonus	Points
Melissa Robinson	1981	Cougars	62.55	71	90	161	4	66.646
Matthew Scott	1988	WSW (VIC)	133.45	105	150	255		Guest

Division 2

Name	Born	Club	Bwt	Sn	C&J	Total	Bonus	Points
Jon Pakchung	1993	Cougars	81.15	107	125	232	15	73.883
Shane Wagner	1996	Toowoomba	74.75	93	112	205	15	69.233
Linzey Beister	1984	Cougars	100.60	117	140	257	8	66.945
Jakob Daniels	1995	Sunshine Coast	75.30	98	112	210	5	60.556
Joshua Wu	1996	Cougars	55.55	68	96	164	6	59.770
Rodney Carr	1973	Sunshine Coast	110.30	110	130	240	7	57.847
Diana Loy	1965	Milton	59.80	51	70	121	-5	42.082
Michael Teede	1975	Crossfit Foxes	77.00	84	105	189	-8	42.000

Division 3

Name	Born	Club	Bwt	Sn	C&J	Total	Bonus	Points
Tayla Ryan	1992	Milton	52.70	46	64	110	15	62.826
Tim Steele	1968	Sunshine Coast	100.30	85	104	189	15	58.349
Norman Hanna	1981	North Brisbane	80.30	77	110	187	10	57.462
Bronwyn Hitchener	1962	Toowoomba	74.80	59	69	128	3	46.243
Emma Teeded	1976	Crossfit Foxes	67.55	48	60	108	5	42.762
Sue Cox	1961	North Brisbane	68.65	42	52	94	0	32.867
John Hanlon	1966	Cougars	97.85	63	85	148	-15	18.945

Division 4

Name	Born	Club	Bwt	Sn	C&J	Total	Bonus	Points
Ben Fuller	1983	Ironskull	90.15	85	125	210	15	65.971
Jonathan Coy	1980	Cougars	92.65	100	120	220	11	64.398
Josh Steel	1989	Morayfield	84.35	80	106	186	15	62.208
Andrew Russell	1977	Ironskull	103.75	93	123	216	9	58.541
Matt Wakeham	1989	Morayfield	83.80	60	80	140	21	56.533
Adam Meek	1984	North Brisbane	99.65	75	105	180	15	56.284

Name	Born	Club	Bwt	Sn	C&J	Total	Bonus	Points
Mitchell Daniels	1997	Sunshine	52.45	43	53	96	21	52.475
Alex Greeff	1995	Cougars	105.55	76	90	166	15	50.169
Kevin Dillon	1985	Milton	78.05	75	100	175	0	44.416
Marie Brett	1961	Milton	62.00	35	47	82	12	43.907
Madeline Wu	1998	Cougars	46.10	27	42	69	12	43.797
Jamie shaw	1994	Sunshine Coast	63.00	57	70	127	7	42.475
Jessica Gilbert	1989	North Brisbane	80.80	60	75	135	1	42.159
Hayley Ward	1997	Sunshine Coast	50.65	33	40	73	9	40.739
Tim Hitchener	1997	Toowoomba	93.00	57	74	131	7	38.796
Ji Jin Lim	1981	Milton	69.75	62	71	133	3	38.185
Liam Hanlon	1996	Cougars	44.55	35	47	82	11	37.885
Colleen Duplock	1954	Cougars	57.10	26	33	59	13	36.506
Hayden White	1996	Sunshine Coast	79.80	55	65	120	5	35.457
Robin Parr	1997	Cougars	42.80	30	44	74	0	34.101
Julian Norman	2000	Cougars	35.00	21	32	53	13	30.377
Leandra Miscamble	1956	Cougars	67.95	33	48	81	0	28.322
Julie Davis	1952	North Brisbane	53.25	26	38	64	0	25.498
Larnie Beauchamp	2002	Milton	46.05	17	22	39	6	23.972
Vicki Brady	1943	North Brisbane	52.10	25	27	52	-8	14.609

Referees: Bob Henderson (Cat I), Debra Keelan (Cat I), Kylie Booth (Cat I), Vicki Brady (Cat II), Julie Davis (National), Deb Oliver (National), Coral Quinell (National), Lesley Moyle (State), Sue Cox (State), Jon Coy (Club).

Time Keeper: Debra Keelan, Vicki Brady, Jenny Butler, Jon Coy, Lesley Moyle.

M.C: Craig Wegert, Ian Moir.

Records

Lifter	Bwt Cat	Age Group	Record Level	Record Type	New Record
Bronwyn Hitchener	F75	Masters 50-54	AUS	SNATCH	59kg
Bronwyn Hitchener	F75	Masters 50-54	QLD	SNATCH	59kg
Hayley Ward	F53	Under 15	QLD	SNATCH	33kg
Hayley Ward	F53	Under 15	QLD	TOTAL	73kg
Jakob Daniels	M77	Youth	AUS	SNATCH	98kg
Jakob Daniels	M77	Youth	QLD	SNATCH	98kg
Madeline Wu	F48	Under 15	QLD	CJ	42kg
Marie Brett	F63	Masters 50-54	QLD	SNATCH	35kg
Marie Brett	F63	Masters	QLD	TOTAL	82kg
Timothy Hitchener	M94	Under 15	QLD	CJ	74kg
Timothy Hitchener	M94	Youth	QLD	CJ	74kg
Timothy Hitchener	M94	Under	QLD	TOTAL	131kg
Timothy Hitchener	M94	Youth	QLD	TOTAL	131kg

Masters League

Points are calculated as the percentage of World Record Total relative to bodyweight category multiplied by the Malone Meltzer age coefficient, plus 6 Bonus points for six successful attempts.

Name	Born	Club	Bwt	Sn	C&J	Total	Bonus	Score
Men								
Tim Steele	1968	Sunshine Coast	100.30	85	104	189	6	57.281
Rodney Carr	1973	Sunshine Coast	110.30	110	130	240	0	57.203
Michael Teede	1975	Crossfit Foxes	77.00	84	105	189	0	55.000
Andrew Russell	1977	Ironskull	103.75	93	123	216	0	53.108
John Hanlon	1966	Cougars	97.85	63	85	148	0	40.972
Women								
Diana Loy	1965	Milton	59.80	51	70	121	0	57.298
Bronwyn Hitchener	1962	Toowoomba	74.80	59	69	128	0	53.751
Vicki Brady	1943	North Brisbane	52.10	25	27	52	0	41.962
Emma Teede	1976	Crossfit Foxes	67.55	48	60	108	0	41.048
Colleen Duplock	1954	Cougars	57.10	26	33	59	6	40.060
Marie Brett	1961	Milton	62.00	35	47	82	0	40.043
Leandra Miscamble	1956	Cougars	67.95	33	48	81	0	39.197
Julie Davis	1952	North Brisbane	53.25	26	38	64	0	38.476



Julie Davis



XXX Olympic Games

London, England
27th July- 12th August 2012

Name	Yob	Nat	Bwt	Sn	C&J	Total	Rank
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MEN

56kg Category

OM Yun Chol	1991	PRK	55.76	125	168	293	1
WU Jingbiao	1989	CHN	55.91	133	156	289	2
HRISTOV Valentin Snezhev	1994	AZE	55.84	127	159	286	3
TRAN Le Quoc Toan	1989	VIE	55.84	125	159	284	4
SETIADI Jadi	1985	INA	55.48	127	150	277	5
MONTES GONGORA Jose Lino	1989	MEX	55.80	112	157	269	6
RADA RODRIGUEZ Sergio Armando	1984	COL	55.89	118	151	269	7
BERNA Carlos	1990	COL	55.55	118	150	268	8
CROITORU Florin Ionut	1993	ROU	55.90	121	147	268	9
SIN Chol Bom	1990	PRK	55.72	113	145	258	10
ROMERO Yasmani	1988	CUB	55.95	112	146	258	11
GOEGEBUER Tom R.	1975	BEL	55.88	115	132	247	12
TULO Manuelli	1990	FIJ	55.77	105	128	233	13
SCARANTINO Mirco	1995	ITA	55.42	97	128	225	14
OSMONALIEV Bekzat	1985	KGZ	55.93	127	---	---	---
EL MAQUI Khalil	1988	TUN	55.39	132	---	---	---

Name	Yob	Nat	Bwt	Sn	C&J	Total	Rank
MAKAROV Ruslan	1987	UZB	55.96	117	---	---	---
ALVAREZ BOULET Sergio	1979	CUB	55.96	121	---	---	---

62kg Category

KIM Un Guk	1988	PRK	61.77	153	174	327	1
FIGUEROA MOSQUERA Oscar Albeiro	1983	COL	61.76	140	177	317	2
IRAWAN Eko Yuli	1989	INA	61.89	145	172	317	3
ZHANG Jie	1987	CHN	61.86	140	174	314	4
ATAK Hursit	1991	TUR	61.93	130	172	302	5
BAZARBAYEV Umurbek	1981	TKM	61.95	135	167	302	6
MUHAMAD Hasbi	1992	INA	61.81	138	163	301	7
BILGIN Erol	1987	TUR	61.90	135	165	300	8
AHMED Mohamed Saad	1986	EGY	61.63	130	162	292	9
MINGINFEL Manuel	1978	FSM	61.86	127	158	285	10
SALAMANCA PINEDA Julio Cesar	1989	ESA	61.03	110	150	260	11
LAPUA LAPUA Tuau	1991	TUV	61.62	108	135	243	12
SSEKYAAYA Charles	1994	UGA	61.47	105	130	235	13
PATRIS Stevick	1991	PLW	61.34	104	130	234	14
JI Hun-Min	1984	KOR	61.57	135	---	---	---

69kg Category

LIN Qingfeng	1989	CHN	67.79	157	187	344	1
TRIYATNO	1987	INA	68.88	145	188	333	2
MARTIN Razvan Constantin	1991	ROU	68.61	152	180	332	3

Name	Yob	Nat	Bwt	Sn	C&J	Total	Rank
KIM Myong Hyok	1990	PRK	68.78	145	184	329	4
SANCHEZ RIVERO Junior Antonio	1989	VEN	68.67	148	180	328	5
BINAY Mete	1985	TUR	68.70	150	175	325	6
WON Jeongsik	1990	KOR	68.73	144	178	322	7
HASANOV Sardar	1985	AZE	68.77	145	176	321	8
CALJA Briken	1990	ALB	68.96	143	177	320	9
ABDEL BAKI Mohamed	1987	EGY	68.97	145	171	316	10
KIM Kum Sok	1987	PRK	68.61	140	175	315	11
DENI	1989	INA	67.63	140	171	311	12
ISMAYILOV Daniyar	1992	TKM	68.06	145	165	310	13
SANCHEZ GUERRERO Doyler Eustoquio	1988	COL	68.11	138	170	308	14
KATULU Ravi Kumar	1988	IND	68.67	136	167	303	15
DAENGCHANHUEK Atthaphon	1990	THA	68.83	130	170	300	16
EVANS Gareth	1986	WAL	68.31	130	158	288	17
SEZER Bunyamin	1988	TUR	66.95	130	145	275	18
KINGUE MATAM Bernardin Ledoux	1990	FRA	68.32	---	---	---	---
DABAYA TIENTCHEU Vencelas	1981	FRA	68.66	---	---	---	---
MENDIBAEV Bakhran	1983	UZB	68.69	---	---	---	---
BAYRAMOV Afgan	1983	AZE	68.54	---	---	---	---
GODELLI Daniel	1992	ALB	68.49	---	---	---	---
MIRZOYAN Arakel	1989	ARM	68.73	148	---	---	---

Name	Yob	Nat	Bwt	Sn	C&J	Total	Rank
77kg Category							
LU Xiaojun	1984	CHN	76.62	175	204	379	1
LU Haojie	1990	CHN	76.37	170	190	360	2
CAMBAR RODRIGUEZ Ivan	1983	CUB	76.70	155	194	349	3
CHINNAWONG Chatuphum	1993	THA	76.64	157	191	348	4
RAMADAN IBRAHIM Ibrahim	1988	EGY	76.79	155	192	347	5
MATA PEREZ Andres Eduardo	1992	ESP	76.93	150	188	338	6
ZWARYCZ Krzysztof Maciej	1990	POL	76.97	150	182	332	7
EKPO Felix	1981	NGR	76.23	151	180	331	8
PAVLOV Kirill	1986	KAZ	76.77	147	175	322	9
OLIVER Jack	1991	GBR	76.45	140	170	310	10
PERITE Toafitu	1985	SAM	75.95	122	167	289	11
SA Jaehyoun	1985	KOR	76.56	158	---	---	---
85kg Category							
ZIELINSKI Adrian Edward	1989	POL	84.62	174	211	385	1
AUKHADOV Apti	1992	RUS	84.75	175	210	385	2
ROSTAMI Kianoush	1991	IRI	84.35	171	209	380	3
ABDELAZIM Tarek	1987	EGY	84.70	165	210	375	4
MARKOV Ivan	1988	BUL	84.71	172	203	375	5
RAGAB Abdelhay Saad Abdelrazek Abdalla	1991	EGY	84.81	165	207	372	6
HERNANDEZ PAUMIER Yoelmis	1986	CUB	82.28	163	205	368	7
NOVIKAU Mikalai	1986	BLR	84.71	167	196	363	8

Name	Yob	Nat	Bwt	Sn	C&J	Total	Rank
TSIREKIDZE Rauli	1987	GEO	84.49	162	200	362	9
FARRIS Kendrick James	1986	USA	84.70	155	200	355	10
YUSUPOV Sherzodjon	1982	UZB	84.72	155	195	350	11
TIBNOKE Pitaya	1989	THA	84.47	152	196	348	12
AL-JUMAILI Safaa	1990	IRQ	83.01	150	195	345	13
PATTERSON Richard	1983	NZL	84.46	150	186	336	14
KARI Steven Kakuna	1993	PNG	84.74	140	180	320	15
SAGIR Nezir	1983	TUR	83.45	140	175	315	16
KHACHATRYAN Ara	1982	ARM	84.74	---	---	---	---
SINCRAIAN Gabriel	1988	ROU	84.07	---	---	---	---
MORADI Sourab	1988	IRI	84.19	---	---	---	---
LU Yong	1986	CHN	84.54	178	---	---	---
HENNEQUIN Benjamin Didier	1984	FRA	84.44	---	---	---	---
REJEPOV Mansur	1982	TKM	84.67	160	---	---	---
RYBAKOV Andrei	1982	BLR	84.09	---	---	---	---

94kg Category

ILYIN Ilya	1988	KAZ	93.52	185	233	418	1
IVANOV Alexandr	1989	RUS	93.30	185	224	409	2
CIRICU Anatoli	1988	MDA	93.29	181	226	407	3
DEMANOV Andrey	1985	RUS	93.85	182	225	407	4
MOHAMMADPOURKARKARAGH Saeid	1993	IRI	94.00	183	219	402	5
ZAIROV Intiqam	1985	AZE	93.17	182	215	397	6

Name	Yob	Nat	Bwt	Sn	C&J	Total	Rank
UTESHOV Almas	1988	KAZ	93.15	175	220	395	7
KIM Min-Jae	1983	KOR	93.68	185	210	395	8
ZIELINSKI Tomasz Bernard	1990	POL	93.61	175	210	385	9
MAKARANKA Aliaksandr	1990	BLR	93.65	175	209	384	10
VARDANYAN Norayr	1987	ARM	93.83	170	210	380	11
PILIYEV Kostyantyn	1983	UKR	93.59	166	206	372	12
KAVELASVILI David	1985	GRE	93.21	170	200	370	13
KARINA Endri	1989	ALB	93.90	155	195	350	14
ALQAISOU Abbas	1980	KSA	93.06	155	180	335	15
KIRKBRIDE Peter Duncan	1987	GBR	93.37	138	190	328	16
KATOATAU David	1984	KIR	93.32	140	185	325	17
PAVON Cristopher Joel	1993	HON	93.20	140	180	320	18
ANTTI-ROIKO Miika	1988	FIN	93.63	140	180	320	19
GREEFF Jean	1990	RSA	93.32	137	176	313	20
KASABIJEV Arsen	1987	POL	93.56	170	---	---	---

105kg Category

TOROKHTIY Oleksiy	1986	UKR	104.31	185	227	412	1
NASIRSHELAL Navab	1989	IRI	104.41	184	227	411	2
BONK Bartlomiej Wojciech	1984	POL	104.01	190	220	410	3
NURUDINOV Ruslan	1991	UZB	102.04	184	220	404	4
EFREMOV Ivan	1986	UZB	103.83	183	218	401	5
JUGHLI Ahed	1982	SYR	104.98	180	218	398	6

Name	Yob	Nat	Bwt	Sn	C&J	Total	Rank
PLESNIKS Arturs	1992	LAT	103.69	175	215	390	7
ARROYO VALDEZ Jorge David	1991	ECU	103.96	185	200	385	8
SPIESS Jurgen	1984	GER	104.45	172	202	374	9
TAGIROV Sergiy	1989	UKR	104.72	174	200	374	10
TESOVIC Martin	1974	SVK	104.19	167	196	363	11
ZAICHKOV Alexandr	1992	KAZ	94.74	155	205	360	12
GARCIA BUSTOS Jorge Eduardo	1987	CHI	104.41	150	191	341	13
BIDANI Walid	1994	ALG	101.45	160	180	340	14
MACHAVARIANI Gia	1985	GEO	103.86	185	---	---	---
KIM Wha Sung	1985	KOR	104.55	---	---	---	---
DOLEGA Marcin	1982	POL	104.01	---	---	---	---

+105kg Category

SALIMIKORDASIABI Behdad	1989	IRI	168.19	208	247	455	1
ANOUSHIRAVANI HAMLABAD Sajjad	1984	IRI	152.46	204	245	449	2
ALBEGOV Ruslan	1988	RUS	147.15	208	240	448	3
JEON Sang-Guen	1981	KOR	157.53	190	246	436	4
TURMANIDZE Irakli	1984	GEO	126.23	201	232	433	5
SHYMECHKO Ihor	1986	UKR	137.38	197	232	429	6
ORSAG Jiri	1989	CZE	128.15	187	239	426	7
VELAGIC Almir	1981	GER	141.41	192	234	426	8
ZHARNASEK Yauheni	1987	BLR	147.37	196	230	426	9
CHEN Shih-Chieh	1989	TPE	141.14	182	236	418	10

Name	Yob	Nat	Bwt	Sn	C&J	Total	Rank
NAGY Peter	1986	HUN	155.55	191	225	416	11
SARAIVA REIS Fernando	1990	BRA	140.49	180	220	400	12
OTA Kazuomi	1986	JPN	146.51	185	215	400	13
DETENAMO Itte	1986	NRU	151.32	175	215	390	14
LOPEZ BOBADILLA Christian Alberto	1984	GUA	139.15	172	215	387	15
KELLY Damon	1983	AUS	150.83	165	216	381	16
FOKEJOU TEFOT Frederic	1979	CMR	132.74	160	202	362	17
CARL Henriquez	1979	ARU	150.38	122	160	282	18
STEINER Matthias	1982	GER	149.98	192	---	---	---

WOMEN

48kg Category

WANG Mingjuan	1985	CHN	47.73	91	114	205	1
MIYAKE Hiromi	1985	JPN	47.74	87	110	197	2
RYANG Chun Hwa	1991	PRK	47.52	80	112	192	3
PRAMONGKHOL Sirivimon	1994	THA	47.23	82	109	191	4
KARAGOZ Nurdan	1987	TUR	46.99	83	104	187	5
MIZUOCHI Honami	1993	JPN	47.77	80	96	176	6
CHANU Ngangbam Soniya	1980	IND	47.74	74	97	171	7
RIVAS ARTEAGA Betsi Gabriela	1986	VEN	47.43	70	98	168	8
PIRON Beatriz	1995	DOM	47.85	77	90	167	9
BARDIS Melanie	1986	FRA	47.71	73	93	166	10
BURGOS ORTIZ Lely Berlitt	1985	PUR	47.61	65	92	157	11

Name	Yob	Nat	Bwt	Sn	C&J	Total	Rank
RAKOTONDRAMANANA Harinelina Nathalia	1989	MAD	47.74	55	80	135	12
SISOEVA Marina	1993	UZB	47.85	---	---	---	---
KHAMSRI Panida	1989	THA	47.45	---	---	---	---
53kg Category							
CHINSHANLO Zulfiya	1993	KAZ	52.70	95	131	226	1
HSU Shu-Ching	1991	TPE	52.41	96	123	219	2
IOVU Cristina	1992	MDA	52.79	99	120	219	3
FEBRIANTI Citra	1988	INA	52.53	91	115	206	4
PARATOVA Iulia	1986	UKR	52.43	91	108	199	5
VILLAR BARBOSA Rusmeris	1983	COL	52.59	87	109	196	6
KLEJNOWSKA-KRZYWANSKA Aleksandra Jadwiga	1982	POL	52.67	84	112	196	7
NGUYEN Thi Thuy	1990	VIE	52.23	85	110	195	8
YU Weili	1983	HKG	52.95	90	105	195	9
HENRRIQUEZ GONZALEZ Inmara Tibusay	1981	VEN	52.84	81	113	194	10
ROHDE Julia	1989	GER	52.45	85	108	193	11
YAGI Kanae	1992	JPN	52.36	82	109	191	12
LOCHOWSKA Joanna	1988	POL	52.57	84	107	191	13
TOUA Dika	1984	PNG	52.48	79	95	174	14
WONG Kar Mun Helena	1988	SIN	52.31	61	73	134	15
ZHOU Jun	1995	CHN	52.80	---	---	---	---
DASDELEN Aylin	1982	TUR	52.91	91	---	---	---
CONTRERAS Yuderqui	1986	DOM	52.95	---	---	---	---

Name	Yob	Nat	Bwt	Sn	C&J	Total	Rank
58kg Category							
LI Xueying	1990	CHN	57.98	108	138	246	1
SIRIKAEW Pimsiri	1990	THA	57.76	100	136	236	2
KALINA Yuliya	1988	UKR	57.60	106	129	235	3
GULNOI Rattikan	1993	THA	57.71	100	134	234	4
KOSTOVA Boyanka Minkova	1993	AZE	56.93	105	128	233	5
JONG Chun Mi	1985	PRK	57.63	101	130	231	6
NOVIKAVA Nastassia	1981	BLR	57.94	103	127	230	7
KUO Hsing-Chun	1993	TPE	56.95	99	129	228	8
ESCOBAR GUERRERO Maria Alexandra	1980	ECU	57.48	103	123	226	9
HEREDIA CUESTA Jackelina	1988	COL	57.86	100	125	225	10
BEGAJ Romela	1986	ALB	57.94	101	115	216	11
SMITH Zoe	1994	GBR	57.97	90	121	211	12
ULRICH Christin	1990	GER	57.40	93	114	207	13
YANG Eun-Hye	1987	KOR	57.93	87	113	200	14
TUNADAGI Bediha	1985	TUR	57.34	87	107	194	15
MONIQUE Annie Marie Roseline Gatiennne	1990	CAN	57.91	85	105	190	16
WINI Jenlyn Tegu	1983	SOL	57.43	65	95	160	17
DIAZ Hidilyn	1991	PHI	57.70	97	---	---	---
RIVAS Lina Marcela	1990	COL	57.73	103	---	---	---
63kg Category							
MANEZA Maiya	1985	KAZ	62.21	110	135	245	1

Name	Yob	Nat	Bwt	Sn	C&J	Total	Rank
TSARUKAEVA Svetlana	1987	RUS	62.42	112	125	237	2
GIRARD Christine	1985	CAN	62.87	103	133	236	3
SIMSEK Sibel	1984	TUR	62.28	105	130	235	4
MANEVA Milka	1985	BUL	62.66	102	131	233	5
ACOSTA VALDEZ Luz Mercedes	1980	MEX	62.91	99	125	224	6
LEE Seen	1982	AUS	59.65	83	103	186	7
LIKU Maria	1990	FIJ	61.45	82	100	182	8
CASTANEDA Lucia	1981	NCA	62.46	79	97	176	9
SALDARRIAGA Silvana	1993	PER	58.11	75	97	172	10
69kg Category							
RIM Jong Sim	1993	PRK	68.22	115	146	261	1
COCOS Roxana Daniela	1989	ROU	68.00	113	143	256	2
SHKERMANKOVA Maryna	1990	BLR	68.21	113	143	256	3
SAZANAVETS Dzina	1990	BLR	68.49	115	141	256	4
NURMUKHAMBETOVA Anna	1993	KAZ	68.71	115	136	251	5
VALOYES CUESTA Ubaldina	1982	COL	68.98	111	135	246	6
HUANG Shih Hsu	1975	TPE	68.45	110	131	241	7
BEAUCHEMIN-NADEAU Marie-Eve	1988	CAN	68.92	104	135	239	8
AHMED Esmat	1986	EGY	68.42	105	130	235	9
HASSIN Ghada	1993	TUN	68.64	102	120	222	10
TENORIO SILVA Rosa	1984	ECU	68.72	95	115	210	11
PERDUE Natasha	1975	GBR	67.98	92	113	205	12

Name	Yob	Nat	Bwt	Sn	C&J	Total	Rank
OBIERO Mercy Apondi	1978	KEN	67.85	76	105	181	13
MUN Yura	1990	KOR	68.56	---	---	---	---
DALUZYAN Meline	1988	ARM	68.65	111	---	---	---
75kg Category							
PODOBEDOVA Svetlana	1986	KAZ	74.58	130	161	291	1
ZABOLOTNAYA Natalya	1985	RUS	74.80	131	160	291	2
KULESHA Iryna	1986	BLR	74.95	121	148	269	3
VALENTIN PEREZ Lidia	1985	ESP	74.39	120	145	265	4
ABIR ABDELRAHMAN Khalil Mahmoud Khalil	1992	EGY	74.60	118	140	258	5
NZESSO Madias	1992	CMR	74.55	115	131	246	6
MIZDAL Ewa	1987	POL	70.58	104	127	231	7
FERREIRA Jaqueline	1987	BRA	74.12	102	128	230	8
VALDES Maria Fernanda	1992	CHI	74.70	96	127	223	9
LIM Ji-Hye	1985	KOR	74.81	97	126	223	10
SOBH Thuraia	1986	SYR	73.36	86	115	201	11
MOHAMMAD Khadija	1995	UAE	74.72	51	62	113	12
EVSTYUKHINA Nadezda	1988	RUS	74.23	---	---	---	---
+75kg Category							
ZHOU Lulu	1988	CHN	130.83	146	187	333	1
KASHIRINA Tatiana	1991	RUS	102.31	151	181	332	2
KHURSHUDYAN Hripsime	1987	ARM	87.58	128	166	294	3
JANG Mi-ran	1983	KOR	118.07	125	164	289	4

Name	Yob	Nat	Bwt	Sn	C&J	Total	Rank
RAMADAN MOHAMED Nahla	1985	EGY	105.51	122	155	277	5
OPELOGE Ele	1985	SAM	124.89	117	150	267	6
ROBLES Sarah	1988	USA	124.35	120	145	265	7
NIEVE ARROYO Oliba Seledina	1977	ECU	97.43	117	138	255	8
SHIMAMOTO Mami	1987	JPN	105.90	110	143	253	9
MANGOLD Holley	1989	USA	157.04	105	135	240	10
CAMPOSECO HERNANDEZ Astrid Roxana	1991	GUA	88.52	93	115	208	11
PETERS Luisa Fatiaki Taitapu	1993	COK	88.58	82	100	182	12
AMPOMAH Alberta Boatema	1994	GHA	78.53	73	101	174	13
USMAN Mariam	1990	NGR	120.79	129	---	---	---



Damon Kelly



2012 Queensland Junior & Youth & Under 15 Championships
Toowoomba State High School, Toowoomba Qld
11th August 2012

Women									
Name	Yob	Club	Bwt	Sn	C&J	Total		Place	
							Jnr	Yth	U15
44kg Category									
Robin Parr	1997	Cougars	42.30	31	46	77	1	1	1
48kg Category									
Madeline Wu	1998	Cougars	46.10	28	42	70	1	1	1
Madelene Derksen	1998	Sunshine Coast	44.40	20	25	45	---	2	2
53kg Category									
Tayla Ryan	1992	Milton	52.90	46	64	110	1	---	---
Hayley Ward	1997	Sunshine Coast	52.30	37	45	82	---	1	1
63kg Category									
Bianca Sheppard	1992	Toowoomba	62.70	67	69	136	1	---	---
Beth Tolputt	1996	Sunshine Coast	60.50	34	41	75		Guest	
+75kg Category									
Bonnie Sleeman	1993	Cougars	87.90	75	90	165	1	---	---
Sarah Counter	1994	Toowoomba	83.90	50	66	116	2	---	---
Men									
Name	Yob	Club	Bwt	Sn	C&J	Total		Place	
							Jnr	Yth	U15
50kg Category									
Liam Hanlon	1996	Cougars	45.10	34	48	82	---	1	---
James Catlow-Elliott	1998	Cougars	46.50	31	44	75	---	2	1
Julian Norman	2000	Cougars	35.60	22	30	52	---	3	2
Ethan Catlow-Elliott	2000	Cougars	47.00	20	23	43	---	4	3
Sam Weston	2000	Cougars	38.20	16	18	34	---	5	4
56kg Category									
Joshua Wu	1996	Cougars	55.10	67	85	152	1	1	---
Mitchell Daniels	1997	Sunshine Coast	53.80	46	52	98	---	2	1
Lincoln Clapham	2000	Cougars	53.60	20	29	49	---	3	2
62kg Category									
James Norman	1996	Cougars	57.80	50	70	120	1	1	---
69kg Category									
Jamie Shaw	1994	Sunshine Coast	63.80	55	75	130	1	---	---
Nick Toleman	1996	Toowoomba	67.40	45	67	112	---	1	---
77kg Category									
Jakob Daniels	1995	Sunshine Coast	76.80	92	121	213	1	1	---
Shane Wagner	1996	Toowoomba	76.70	87	117	204	2	2	---
85kg Category									
Jonathan Pakchung	1993	Cougars	80.70	105	130	235	1	---	---
Hayden White	1996	Sunshine Coast	79.20	55	---	---		---	

Name	Yob	Club	Bwt	Sn	C&J	Total		Place	
							Jnr	Yth	U15
94kg Category									
Timothy Hitchener	1997	Toowoomba	93.40	60	75	135	---	1	1
Aden Creed	1998	Toowoomba	86.00	27	35	62	---	2	2
+105kg & +94 Category									
Alex Greeff	1995	Cougars	106.50	78	95	173	1	1	---

Referees: Vicki Brady (Cat II), Chris Walsh (State), Stuart Wagner (State), Lesley Moyle (State), Shayden Groves (Club).
Time Keeper: Bowen Stuart.
M.C: Ian Moir.

Best Lifter Awards

	Junior	Youth	Under 15
Male	Jonathan Pakchung	Jakob Daniels	Mitchell Daniels
Female	Bonnie Sleeman	Robin Parr	Robin Parr

William Faulkner Performance Awards

	Junior	Youth	Under 15
Male	Jonathan Pakchung	Alex Greeff	Timothy Hitchener
Female	Bonnie Sleeman	Madelene Derksen	Madelene Derksen

New Records

Lifter	Bwt Cat	Age Group	Record Level	Record Type	New Record
Robin Parr	F44	Under 15	QLD	CJ	46kg
Robin Parr	F44	Youth	QLD	CJ	46kg
Robin Parr	F44	Under 15	QLD	Total	77kg
Robin Parr	F44	Youth	QLD	Total	77kg
Hayley Ward	F53	Under 15	QLD	Snatch	37kg
Hayley Ward	F53	Under 15	QLD	CJ	45kg
Hayley Ward	F53	Under 15	QLD	Total	82kg
Jakob Daniels	M77	Youth	QLD	CJ	121kg
Jakob Daniels	M77	Youth	AUS	CJ	121kg
Jakob Daniels	M77	Youth	QLD	Total	213kg
Jakob Daniels	M77	Youth	AUS	Total	213kg
Timothy Hitchener	M94	Under 15	QLD	Snatch	60kg
Timothy Hitchener	M94	Youth	QLD	Snatch	60kg
Timothy Hitchener	M94	Under	QLD	CJ	75kg
Timothy Hitchener	M94	Youth	QLD	CJ	75kg
Timothy Hitchener	M94	Under	QLD	Total	135kg
Timothy Hitchener	M94	Youth	QLD	Total	135kg



QWA League & Masters League, Round 4 Ironskull Weightlifting & Fitness, Sumner, QLD 1st September 2012

Points are calculated as the percentage of World Record Total relative to bodyweight category plus bonus points for equal or new personal best lifts and 6 successful attempts; less penalty points for lifts more than 5kg below personal best.

Division 1

Name	Born	Club	Bwt	Sn	C & J	Total	Bonus	Points
Luke Gardner	1988	Cougars	105.00	127	163	290	0	66.514
Melissa Robinson	1981	Cougars	62.45	65	86	151	-9	49.755

Division 2

Name	Born	Club	Bwt	Sn	C & J	Total	Bonus	Points
Tegan Napper	1986	Cougars	52.70	57	73	130	19	75.522
James Norman	1996	Cougars	55.85	71	98	169	0	55.410
Jonathan Pakchung	1993	Cougars	80.30	102	126	228	-4	53.868
Lisa Souter	1973	Toowoomba	54.55	50	68	118	0	47.012
Linzey Beister	1984	Cougars	102.05	108	140	248	-10	46.881
Joshua Wu	1996	Cougars	55.30	67	88	155	-9	41.820
Diana Loy	1965	Milton	59.85	55	70	125	-8	40.638

Division 3

Name	Born	Club	Bwt	Sn	C & J	Total	Bonus	Points
Bronwyn Hitchener	1962	Toowoomba	74.95	57	73	130	5	48.919
Malgorzata Soroka	1973		67.75	53	65	118	3	44.259
Tim Steele	1968	Sunshine Coast	99.70	86	97	183	-3	38.972
Emma Teede	1976	Crossfit Foxes	67.70	47	60	107	-1	36.413
Kim Hanssen	1986	Cougars	65.70	50	62	112	-5	34.161
Sue Cox	1961	North Brisbane	68.20	42	50	92	-3	29.168
John Hanlon	1966	Cougars	96.35	63	88	151	-9	25.633

Division 4

Name	Born	Club	Bwt	Sn	C & J	Total	Bonus	Points
Darcia Ondrovicik	1990	Cougars	62.85	48	66	114	15	59.358
Madeline Wu	1998	Cougars	46.45	32	46	78	21	56.945
Jessica Gilbert	1989	North Brisbane	82.00	62	76	138	11	52.441
Jonathan Coy	1980	Cougars	93.90	100	115	215	0	51.435
Josh Steel	1989	Morayfield	86.15	80	107	187	5	49.737
Matthew Wakeham	1989	Morayfield	86.80	63	85	148	14	49.407
Mitchell Daniels	1997	Sunshine Coast	54.75	48	58	106	13	47.754

Division 4

Name	Born	Club	Bwt	Sn	C & J	Total	Bonus	Points
Andrew Russell	1977	Ironskull	105.15	92	120	212	0	44.915
Adam Meek	1984	North Brisbane	101.40	75	105	180	3	44.284
Hayden White	1996	Sunshine Coast	80.75	60	70	130	11	43.995
Jamie Shaw	1994	Sunshine Coast	63.15	60	70	130	4	40.313
Leandra Miscamble	1956	Cougars	69.10	34	49	83	12	40.041
Lincoln Clapham	2000	Cougars	54.15	24	34	58	21	40.016
Madelene Derksen	1998	Sunshine Coast	45.35	22	27	49	17	39.581
Robin Parr	1997	Cougars	43.45	32	43	75	1	35.562
Hayley Ward	1997	Sunshine Coast	51.90	37	42	79	1	35.348
James Catlow-Elliott	1998	Cougars	47.65	32	46	78	9	34.574
Ethan Catlow-Elliott	2000	Cougars	47.00	28	30	58	15	34.016
Martin Walton	1949	North Brisbane	101.55	52	70	122	6	33.982
Timothy Hitchener	1997	Toowoomba	93.75	57	75	132	1	32.579
Alex Greeff	1995	Cougars	107.30	77	90	167	-3	32.381
Julie Davis	1952	North Brisbane	52.75	28	39	67	3	32.130
Colleen Duplock	1954	Cougars	57.25	26	34	60	5	28.904
Liam Hanlon	1996	Cougars	46.30	32	47	79	0	25.902
Julian Norman	2000	Cougars	34.30	22	30	52	1	18.049
Vicki Brady	1943	North Brisbane	52.00	25	28	53	-6	17.043
Ben Fuller	1983	Ironskull	89.30	88	130	218		Guest
Valerie Silver	1949	Cougars	59.95	28	38	66		Guest
Sam Weston	2000	Cougars	39.20	17	21	38		Guest

Referees: Angela Wydall (Cat II), Miles Wydall (Cat II), Vicki Brady (Cat II), Julie Davis (National), Deb Oliver (National), Damon Kelly (State), Lesely Moyle (State), Jenny Butler (State), Wendy Pakchung (Club), Shayden Venville (Club), Jonathan Coy (Club).

Time Keeper: Shayden Venville, Jonathan Coy, Julie Davis, Jenny Butler, Lesley Moyle.

M.C: Ian Moir, Damon Kelly, Craig Wegert.

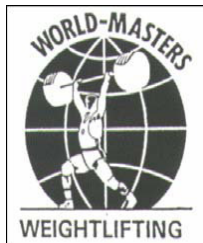
Records

Lifter	Bwt Cat	Age Group	Record Level	Record Type	New Record
Madeline Wu	F48	Under 15	QLD	SNATCH	32kg
Madeline Wu	F48	Under 15	QLD	CJ	46kg
Madeline Wu	F48	Under 15	QLD	TOTAL	78kg
Julie Davis	F53	Masters 60-64	AUS	TOTAL	67kg
Julie Davis	F53	Masters 60-64	QLD	TOTAL	67kg
Leandra Miscamble	F75	Masters 55-59	QLD	CJ	49kg
Leandra Miscamble	F75	Masters 55-59	QLD	TOTAL	83kg
Bronwyn Hitchener	F75	Masters 50-54	QLD	CJ	73kg
Bronwyn Hitchener	F75	Masters 50-54	QLD	TOTAL	130kg

Masters League

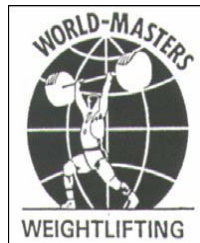
Points are calculated as the percentage of World Record Total relative to bodyweight category multiplied by the Malone Meltzer age coefficient, plus 6 Bonus points for six successful attempts

Name	Born	Club	Bwt	Sn	C & J	Total	Bonus	Score
Men								
Tim Steele	1968	Sunshine Coast	99.70	86	97	183	0	49.653
Andrew Russell	1977	Ironskull	105.15	92	120	212	0	48.149
John Hanlon	1966	Cougars	96.35	63	88	151	6	47.802
Martin Walton	1949	North Brisbane	101.55	52	70	122	0	44.323
Women								
Diana Loy	1965	Milton	59.85	55	70	125	0	59.193
Bronwyn Hitchener	1962	Toowoomba	74.95	57	73	130	0	54.591
Lisa Souter	1973	Toowoomba	54.55	50	68	118	0	52.888
Malgorzata Soroka	1973		67.75	53	65	118	0	46.416
Leandra Miscamble	1956	Cougars	69.10	34	49	83	6	44.808
Julie Davis	1952	North Brisbane	52.75	28	39	67	0	43.958
Vicki Brady	1943	North Brisbane	52.00	25	28	53	0	42.769
Emma Teede	1976	Crossfit Foxes	67.70	47	60	107	0	40.667
Sue Cox	1961	North Brisbane	68.20	42	50	92	0	40.371
Colleen Duplock	1954	Cougars	57.25	26	34	60	0	34.637
Valerie Silver	1949	Cougars	59.95	28	38	66	0	Guest



**2012 IWF-WORLD MASTERS
WEIGHTLIFTING CHAMPIONSHIPS
(28th Men's and 19th Women's
Championships)**

LVIV - UKRAINE
15th September – 22nd September 2012



MEN

Place	Name	Nat	Bwt	Yob	Age Group	Sn	C&J	Total
62kg Category								
1.	BRETAGNE Jacques	FRA	59.26	1928	80-84	39	51	90
2.	ZUBOV Vasily	RUS	61.25	1931	80-84	34	52	86
69kg Category								
1.	COHEN Howard	USA	66.20	1932	80-84	42	59	101
2.	POPILKA Václav	CZE	68.75	1929	80-84	47	50	101
3.	KUPARI Vaino	FIN	68.35	1932	80-84	35	40	75
77kg Category								
1.	KOZEMOV Albert	RUS	75.80	1932	80-84	46	63	109
2.	KARSTROM Eric	SWE	76.40	1932	80-84	51	58	109
3.	DESCHARENTS Andre	FRA	76.80	1929	80-84	38	50	88
85kg Category								
1.	BAZIUHENKO Petro	UKR	82.90	1930	80-84	45	65	110
2.	BUCHANAN Donald	CAN	77.05	1931	80-84	34	40	74
94kg Category								
1.	SCHULTZ Heinz	GER	85.90	1931	80-84	38	50	88
2.	ROSENBERGER Kurt	GER	91.45	1928	80-84	35	51	86
105kg Category								
1.	WALKER Donald	GBR	99.50	1932	80-84	44	61	105
56kg Category								
1.	ALBINAS Nauseda	LTU	55.12	1937	75-79	45	61	106
2.	KORLIKOV Rudolf	USA	55.00	1933	75-79	40	50	90
3.	BUSYGIN Yuriy	RUS	53.30	1934	75-79	35	45	80
62kg Category								
1.	NITSCHKE Horst	GER	60.85	1937	75-79	45	55	100
2.	TAMCHI Yevgen	UKR	60.00	1935	75-79	38	50	88
69kg Category								
1.	CHOWSENG Ng	MAS	67.65	1935	75-79	57	73	130
2.	KROUM Veltchev	BUL	67.65	1935	75-79	51	71	122

Place	Name	Nat	Bwt	Yob	Age Group	Sn	C&J	Total
3.	ZYHALKA Eduard	BLR	66.45	1934	75-79	53	67	120
4.	HIROSHI Koga	JPN	67.05	1937	75-79	50	60	115
5.	MALEC Valdimir	CRO	67.70	1936	75-79	47	57	104
6.	KILIMNIK Abram	GER	67.75	1936	75-79	47	57	104
7.	SOSHICHI Shibasaka	JPN	67.90	1934	75-79	40	45	85
77kg Category								
1.	LINKOWSKI Marian	POL	76.43	1934	75-79	66	80	146
2.	BORKOWSKI Jan	POL	76.80	1935	75-79	58	77	135
3.	MASAKI Maekawa	JPN	70.95	1937	75-79	53	70	123
4.	BINKOWSKI Feliks	POL	69.30	1936	75-79	50	58	108
5.	WOSK Tadeusz	POL	76.00	1937	75-79	35	45	80
85kg Category								
1.	VASILIEV Yuriy	RUS	84.25	1937	75-79	60	75	135
2.	MARKIN Mikhail	RUS	81.55	1936	75-79	55	67	122
3.	ARENAS Jesus	VEN	78.75	1936	75-79	48	65	113
4.	HOMCHENKO Mykhajlo	UKR	84.70	1935	75-79	50	55	105
94kg Category								
1.	SADOWSKI Wolfgang	GER	92.80	1937	75-79	76	94	170
2.	MILLARD Ronald	USA	93.30	1937	75-79	50	70	120
3.	ZAHAIKEVYCH Leonid	UKR	88.50	1937	75-79	45	60	105
4.	CRISP Robert	GBR	89.30	1934	75-79	37	48	85
105kg Category								
1.	KUHN Heinz	GER	94.15	1937	75-79	64	79	143
2.	STROBL August	AUT	94.50	1937	75-79	61	76	137
3.	BARRY Reilly	AUS	103.40	1937	75-79	51	60	111
+105kg Category								
1.	NIKIFOROV Lev	RUS	154.00	1936	75-79	57	70	127
2.	MITTMANN Joachim	GER	105.40	1936	75-79	47	60	107
52kg Category								
1.	ABDOUL Rahim Saffari	IRI	52.54	1940	70-74	51	68	119
	KOROTETSKYI Oleksandr	UKR	55.16	1938	70-74	---	---	0
	GEYMAN Garri	RUS	55.58	1940	70-74	48	---	0
62kg Category								
1.	YASOU Motoyama	JPN	61.70	1941	70-74	58	77	135
2.	ISAO Ikeda	JPN	61.40	1942	70-74	56	71	127
3.	FONCECA Silvestre	POR	60.50	1940	70-74	50	60	110
4.	SUHEI Iwasaki	JPN	61.85	1941	70-74	45	60	105
5.	HLUKHOV Ivan	UKR	61.20	1940	70-74	40	55	95
69kg Category								
1.	STAREGA Roman	POL	66.35	1941	70-74	67	83	150
2.	KATSURAGAWA Kozo	JPN	68.55	1938	70-74	63	80	143
3.	FABER Freidrich	GER	68.00	1940	70-74	60	77	137
4.	GRYAZEV Anatoliy	RUS	67.65	1941	70-74	50	73	123
5.	TADASHI Mano	JPN	67.25	1941	70-74	55	65	120

Place	Name	Nat	Bwt	Yob	Age Group	Sn	C&J	Total
6.	ROSSI Pertti	FIN	69.00	1942	70-74	45	60	105
	SHISLOV Boris	RUS	65.20	1939	70-74	---	---	0
	77kg Category							
1.	KOWALEWSKI Piotr	POL	75.35	1942	70-74	70	93	163
2.	TARASOV Vitali	BLR	74.90	1940	70-74	61	86	147
3.	KLEPONIS Voclavas	LTU	73.00	1941	70-74	60	85	145
4.	BYAMBAA Tsegmed	MGL	73.55	1940	70-74	57	78	135
5.	MYAKUSHKO Valeriy	RUS	76.00	1940	70-74	58	76	134
6.	KLATIL Pavel	CZE	76.05	1942	70-74	59	75	134
7.	DIDENKO Boris	RUS	75.80	1940	70-74	55	77	132
8.	STYRANIVSKIY Volodymyr	UKR	74.40	1939	70-74	50	75	125
9.	PAVLENKO Anatolii	UKR	71.20	1938	70-74	47	60	107
	85kg Category							
1.	KPUSHLINSKIY Valeriy	RUS	84.10	1942	70-74	71	92	163
2.	OCHSNER Leonhard	GER	84.75	1939	70-74	73	90	163
3.	LAZOU Jozef	BEL	83.00	1941	70-74	72	88	160
4.	STEINER Friedrich	AUT	83.65	1939	70-74	60	85	145
5.	KOROLKOV Mihail	RUS	79.80	1942	70-74	60	80	140
6.	SMAGLIY Yevgen	UKR	83.80	1939	70-74	35	50	85
	FLERKO Ivan	RUS	82.00	1939	70-74	---	---	0
	94kg Category							
1.	VISHNIAKOV Viktor	RUS	87.05	1938	70-74	75	95	170
2.	PETERSEN Preben	DEN	88.35	1939	70-74	60	82	142
3.	YASUMASA Omori	JPN	91.15	1940	70-74	55	70	125
	SHEKHOVTSOV Anatoli	UKR	92.90	1938	70-74	---	---	0
	105kg Category							
1.	NEKRASOV Vasilii	RUS	95.35	1940	70-74	65	90	155
2.	WERRA Manfred	GER	94.35	1940	70-74	61	70	131
3.	AMELIANIUK Ryhor	BLR	95.90	1942	70-74	56	65	121
	+105kg Category							
1.	FERGUSON Jim	SCO	111.55	1938	70-74	60	80	140
	56kg Category							
1.	SUZUKI Yukihiro	JPN	54.76	1947	65-69	55	65	120
2.	YAMAUCHI Hideo	JPN	55.16	1944	65-69	50	60	110
3.	KASZA Gyorgy	HUN	55.72	1945	65-69	50	57	107
	62kg Category							
1.	PROHL Karel	CZE	61.30	1947	65-69	63	86	149
2.	KUKOVEROV Vadim	RUS	61.40	1947	65-69	57	71	128
3.	CHAU Manuel	VEN	59.10	1946	65-69	55	70	125
	SZUMNIAK Edward	POL	61.55	1946	65-69	57	---	0
	69kg Category							
1.	VASYLIV Mykhajlo	UKR	68.55	1944	65-69	68	80	148
2.	MATAZINSKAS Romas	LTU	68.60	1944	65-69	61	80	141
3.	BORKIEWICS Andrzej	POL	68.90	1946	65-69	64	70	134

Place	Name	Nat	Bwt	Yob	Age Group	Sn	C&J	Total
	77kg Category							
1.	KURNEV Aleksander	RUS	76.25	1947	65-69	81	117	198
2.	MAKOWSKI Zbigniew	POL	72.20	1947	65-69	72	93	165
3.	KUCINSKI Jerzy	POL	76.75	1944	65-69	75	90	165
4.	NIEMELA Heikki	FIN	75.95	1947	65-69	68	90	158
5.	TOROK Janos	HUN	76.00	1944	65-69	68	85	153
6.	TAKESHITA Akihiko	JPN	69.95	1943	65-69	70	78	148
	85kg Category							
1.	KULIKOWSKI Pavel	BLR	84.10	1945	65-69	90	100	190
2.	GRAZIANO Magris	ITA	81.90	1946	65-69	74	96	170
3.	ARBATSKIY Boris	RUS	81.60	1944	65-69	71	93	164
4.	HEDESUND Alf	SWE	85.00	1947	65-69	65	85	150
5.	KOVALSKIY Borys	UKR	83.40	1943	65-69	65	83	148
	JAROSZ Tadeusz	POL	82.60	1947	65-69	73	---	0
	94kg Category							
1.	SCHEKOTOVSKIY Aleksander	RUS	90.55	1946	65-69	95	110	205
2.	JAKOBSEN Stefan	SWE	93.60	1947	65-69	83	100	183
3.	LASZLO Szeppsy	HUN	91.15	1943	65-69	75	106	181
4.	EVARISTO Martinez	VEN	90.40	1945	65-69	80	95	175
5.	BUDNYTSKY Leonid	UKR	91.65	1947	65-69	80	95	175
6.	STOIFL Alois	AUT	86.75	1947	65-69	77	88	165
7.	GRAF Josef	GER	91.75	1946	65-69	71	92	163
8.	HUEBSCHMANN Ray	USA	91.35	1944	65-69	54	76	130
	105kg Category							
1.	MAGDOLEN Anton	CZE	100.70	1947	65-69	92	115	207
2.	WOJCIK Stanislav	FRA	104.15	1947	65-69	86	117	203
3.	SCHUESSLER Walter	GER	95.20	1943	65-69	80	108	188
4.	ZIMBA Oleksandr	UKR	95.30	1946	65-69	70	90	160
	CHUYNKOV Oleksii	UKR	95.10	1946	65-69	52	---	0
	+105kg Category							
1.	SIDOROK Evgeniy	RUS	110.45	1947	65-69	96	122	218
2.	BOSTANOV Boris	RUS	105.05	1945	65-69	70	87	157
3.	FIGGE Erich	GER	105.05	1943	65-69	67	87	154
	56kg Category							
1.	LAGUNOV Iurii	UKR	55.50	1951	60-64	60	84	144
2.	GOROVITS Jakov	ISR	55.08	1952	60-64	63	76	139
3.	SHISHKIN Vladimir	RUS	55.62	1950	60-64	58	75	133
4.	VICENTE Francois	FRA	54.92	1951	60-64	50	65	115
	62kg Category							
1.	ZINOVYEV Petro	UKR	59.60	1951	60-64	72	91	163
2.	HIROSKI Sako	JPN	61.05	1951	60-64	72	91	163
3.	GURSKY Igor	SVK	60.35	1950	60-64	61	83	144
4.	RAFIEV Firuz	TJK	61.55	1948	60-64	55	65	120
5.	KORNIOWSKI Krzysztof	POL	61.25	1949	60-64	50	65	115

Place	Name	Nat	Bwt	Yob	Age Group	Sn	C&J	Total
69kg Category								
1.	GREINER Jurgen	GER	68.80	1951	60-64	86	105	191
2.	KOZHAN Mykola	UKR	68.65	1952	60-64	83	100	183
3.	ANGLBERGER Joahnn	AUT	66.45	1951	60-64	78	96	174
4.	SANDERBERG Ronald	SWE	68.60	1950	60-64	72	88	160
5.	ATTERIDGE Patrick	GBR	65.70	1952	60-64	65	85	150
6.	CHIMEDREGZEN Altangerel	MGL	68.45	1949	60-64	62	80	142
7.	MYKHAYLOV Ivan	UKR	68.40	1950	60-64	58	72	130
8.	SLIWINSKI Ryszard	POL	68.75	1950	60-64	57	67	124
9.	SKRYPIJ Andrzej	POL	68.25	1949	60-64	50	70	120
	KODAMA Yoshihisa	JPN	67.85	1951	60-64	---	---	0
	TORMIKOSKI Lasse	FIN	68.65	1949	60-64	---	---	0
77kg Category								
1.	TAKASHI Okada	JPN	75.20	1948	60-64	70	80	150
2.	KINYA Konno	JPN	73.00	1948	60-64	67	70	137
3.	ASK Morgan	SWE	76.25	1949	60-64	61	66	127
85kg Category								
1.	ZHILYAYEV Vladimir	AZE	85.00	1948	60-64	92	119	211
2.	SZCZESNY Witold	POL	84.00	1951	60-64	90	120	210
3.	MOURASHOV Gennadiy	RUS	83.25	1950	60-64	93	105	198
4.	HOGBERG Lars	SWE	84.75	1949	60-64	70	100	170
5.	SHABALDIN Peter	RUS	83.55	1949	60-64	75	90	165
6.	FUJISAKA Koichi	JPN	78.25	1951	60-64	68	90	158
7.	RAFIEV Sino	TJK	83.30	1952	60-64	68	75	143
8.	NEBETOV Mykola	UKR	83.85	1948	60-64	60	80	140
	JAKUB Jan	POL	83.90	1952	60-64	88	---	0
94kg Category								
1.	ZALEJKO Jerzy	POL	89.10	1951	60-64	95	118	213
2.	ONITSUKA Akira	JPN	92.50	1951	60-64	90	110	200
3.	NILSSON Carl	SWE	92.35	1950	60-64	73	91	164
4.	SAVOLDELLI Bruno	FRA	93.10	1951	60-64	70	88	158
105kg Category								
1.	HERMANN Richard	GER	97.60	1952	60-64	96	111	207
2.	LOPUHOV Vyacheslav	RUS	94.55	1950	60-64	87	117	204
3.	MELTZER David	USA	103.50	1952	60-64	86	110	196
4.	BELMAS Jean Paul	FRA	101.00	1949	60-64	81	107	188
+105kg Category								
1.	KONKOV Viktor	RUS	111.50	1951	60-64	90	110	200
2.	KALANTAEV Peter	RUS	115.30	1949	60-64	85	105	190
3.	TRISHIN Anatoliy	RUS	116.90	1951	60-64	75	100	175
56kg Category								
1.	LHKAGVA Sharav	MGL	52.64	1955	55-59	60	80	140
2.	VALIMAA Ari	FIN	55.94	1955	55-59	60	70	130

Place	Name	Nat	Bwt	Yob	Age Group	Sn	C&J	Total
62kg Category								
1.	PATROVICS Geza	HUN	61.45	1954	55-59	73	97	170
2.	BELLI Alain	FRA	61.35	1957	55-59	72	90	162
3.	YAGURAMAKI Sotomitsu	JPN	58.30	1956	55-59	70	90	160
4.	CHEPIL Mykola	UKR	62.00	1954	55-59	67	80	147
5.	PEROLA Jean-marc	FRA	61.35	1956	55-59	55	72	127
6.	KRETZ Valter	GER	61.65	1954	55-59	52	68	120
7.	BATSAIKHAN Domiyo	MGL	61.15	1953	55-59	55	60	115
	KAZYLSKIY Sergey	RUS	60.55	1954	55-59	70	---	0
69kg Category								
1.	SEABER Andrew	GBR	67.80	1956	55-59	88	108	196
2.	PETALOV Sergey	RUS	68.45	1956	55-59	80	106	186
3.	USENKO Oleksandr	UKR	67.80	1957	55-59	77	98	175
4.	ZBIGNIEW Koper	POL	68.15	1953	55-59	73	93	166
5.	LAVROV Anatoliy	BLR	68.05	1953	55-59	77	88	165
6.	KORPELAINEN Urpo	FIN	63.45	1954	55-59	65	80	145
7.	DAMDINSUREN Andryei	MGL	68.45	1955	55-59	67	77	144
	HROUPA Stepan	CAN	67.80	1956	55-59	---	---	0
	SHAVALIY Agzam	RUS	68.70	1955	55-59	83	---	0
77kg Category								
1.	GLININ Vasilii	RUS	75.10	1955	55-59	97	120	217
2.	GABRHEL Josef	SVK	75.10	1955	55-59	91	110	201
3.	ALTVATER Waldemar	GER	76.15	1957	55-59	88	110	198
4.	YOICHI Yamada	JPN	76.65	1953	55-59	70	90	160
5.	DAVLATOV Sharif	TJK	76.75	1957	55-59	65	82	147
85kg Category								
1.	ZYCZKOWSKI Ryszard	POL	80.80	1957	55-59	107	131	238
2.	CIESLIK Jan	POL	84.48	1956	55-59	85	105	190
3.	MOISEYEV Volodymyr	UKR	84.60	1953	55-59	80	95	175
4.	HARUHIKO Osawa	JPN	79.75	1953	55-59	80	90	170
5.	TULYK Vasyl	UKR	84.45	1955	55-59	75	95	170
6.	ILNYTSKYI Victor	UKR	83.45	1955	55-59	72	90	162
7.	SNITKOVSKY Vladimir	ISR	81.00	1956	55-59	70	90	160
	SKORYK Serhiy	USA	84.65	1953	55-59	---	---	0
94kg Category								
1.	CHIRKOV Alexander	RUS	87.90	1953	55-59	95	130	225
2.	SIMON Peter	GER	88.40	1953	55-59	100	116	216
3.	CABAJ Zbigniew	POL	91.65	1955	55-59	93	120	213
4.	THONERUD Johan	NOR	93.80	1953	55-59	86	110	196
5.	ROPPA Giancarlo	ITA	88.45	1955	55-59	82	108	190
6.	CASE John	CAN	91.15	1955	55-59	80	105	185
7.	CHABERT Alain	FRA	92.00	1955	55-59	77	104	181
8.	HAYDAROY Valeriy	TJK	92.55	1956	55-59	80	95	175
9.	LEON Hermes Rafael	VEN	92.50	1956	55-59	75	95	170

Place	Name	Nat	Bwt	Yob	Age Group	Sn	C&J	Total
	105kg Category							
1.	SHAMS Ardeshir	IRI	102.85	1956	55-59	105	135	240
2.	SOLC Jaroslav	SVK	102.90	1957	55-59	100	130	230
3.	ELCHANINOV Anatoliy	RUS	97.35	1957	55-59	85	110	195
4.	GULAKIN Vladimir	RUS	104.60	1954	55-59	85	105	190
	VOGL Josef	GER	102.90	1953	55-59	---	---	0
	USHTVANT Aliaksandr	BLR	104.00	1955	55-59	95	---	0
	+105kg Category							
1.	BOROVIKOV Andrei	RUS	117.55	1954	55-59	85	120	205
2.	POCZA Karoly	HUN	115.15	1957	55-59	83	111	194
	SWIECICKI Jan	POL	117.10	1954	55-59	100	---	0
	56kg Category							
1.	SEDAEV Mohady	RUS	54.66	1962	50-54	78	90	168
2.	MIKLAS Tomasz	POL	55.60	1962	50-54	74	90	164
	AKIF Aliyev	AZE	54.56	1959	50-54	---	---	0
	62kg Category							
1.	GERASIMOVICH Alehander	RUS	61.70	1959	50-54	85	95	180
2.	TROHIN Vladimir	RUS	61.80	1959	50-54	78	100	178
3.	JOAO Santos	POR	61.40	1960	50-54	71	95	166
4.	MARQUINEZ Frederick	USA	59.06	1961	50-54	63	80	143
	DUARTE Antonio	POR	61.45	1958	50-54	---	---	0
	69kg Category							
1.	PEREBZYAK Vasyl	UKR	68.50	1960	50-54	80	105	185
2.	MAVRODI Viktor	UKR	67.90	1959	50-54	75	93	168
	77kg Category							
1.	WORM Holger	GER	76.70	1961	50-54	105	123	228
2.	PODDA Giovanni	ITA	76.75	1960	50-54	90	106	196
3.	JOAO Teles	POR	75.40	1961	50-54	85	110	195
4.	SHARIFOV Jalol	TJK	76.20	1961	50-54	81	100	181
5.	THERANI Edvin	SWE	76.05	1961	50-54	78	100	178
6.	MALKO Victor	UKR	75.85	1959	50-54	70	88	158
	ANTONIO Novelo	POR	76.75	1962	50-54	---	---	0
	85kg Category							
1.	STAVYNOGA Viktor	UKR	84.34	1961	50-54	105	134	239
2.	DZHAVADOV Aby	RUS	84.30	1960	50-54	108	130	238
3.	GUILAUMET Geoffroy	FRA	84.05	1959	50-54	102	133	235
4.	ZYCZKOWSKI Miroslaw	POL	84.35	1959	50-54	105	125	230
5.	MITSUHIRU Watanabe	JPN	79.70	1962	50-54	90	113	203
6.	STRELBYTSKY Vasyl	UKR	84.60	1962	50-54	90	110	200
7.	ROMASHOV Oleksandr	UKR	83.65	1958	50-54	80	110	190
8.	HERAK Peter	SVK	77.15	1960	50-54	73	88	161
	KRASOVSKI Stanislav	BLR	84.00	1961	50-54	---	---	0
	SEMILETOV Yuriy	RUS	84.25	1961	50-54	---	---	0
	CASATI Gianfranco	ITA	84.90	1962	50-54	---	---	0

Place	Name	Nat	Bwt	Yob	Age Group	Sn	C&J	Total
	94kg Category							
1.	LOBANOV Pavel	RUS	93.05	1960	50-54	115	140	260
2.	GURDAWAR Dhesi	GBR	93.25	1958	50-54	110	146	256
3.	ARMANDO Miotti	AUS	93.25	1962	50-54	114	142	256
4.	BORYSKO Orest	UKR	93.30	1962	50-54	101	135	236
5.	KAPITONOV Anatolii	UKR	92.70	1962	50-54	101	125	226
6.	MAMCHYCH Mykola	UKR	93.65	1962	50-54	93	127	220
7.	PREISSNER Roland	GER	92.30	1962	50-54	90	110	200
8.	GINTAUTAS Ceponis	LTU	90.80	1959	50-54	80	101	181
9.	CHABIN Vasiliiy	RUS	86.20	1960	50-54	70	85	155
	105kg Category							
1.	MARSAVIN Vitaliy	UKR	102.40	1962	50-54	115	131	246
2.	ANDERSEN Bernt	NOR	105.00	1958	50-54	97	132	229
3.	ZHMARYOV Aleksey	RUS	95.00	1958	50-54	98	115	213
4.	BARTH Heinrich	GER	99.85	1958	50-54	87	107	194
	+105kg Category							
1.	FEDORIN Vladimir	RUS	119.50	1962	50-54	114	147	261
2.	TREBICHAUSKY Jan	SVK	115.95	1960	50-54	112	147	246
3.	FLORES Efrain	VEN	106.90	1960	50-54	105	138	243
4.	MELNYK Valeriy	UKR	108.25	1958	50-54	107	130	237
5.	KOYKOV Alehander	RUS	127.65	1959	50-54	96	131	227
6.	SAHAROV Fyodor	RUS	114.35	1961	50-54	96	120	216
7.	PRYLYVKO Volodymyr	UKR	114.65	1962	50-54	95	115	210
8.	BERSPESTOV Mikhail	RUS	113.85	1962	50-54	85	105	190
	GURSEL Dedeuglo	TUR	105.15	1960	50-54	---	---	0
	TIBOR Mezei	SVK	106.00	1962	50-54	---	---	0
	56kg Category							
1.	JAYANT Sudhakar	IND	55.80	1967	45-49	65	81	146
2.	ZAMFIR Nicolae	UKR	55.72	1963	45-49	67	78	145
	62kg Category							
1.	KUKHARSKIY Mykhailo	UKR	61.25	1966	45-49	92	112	204
2.	LIPINSKI Waldemar	POL	61.45	1966	45-49	85	105	190
3.	DAVARI Ebrahim	IRI	60.30	1966	45-49	75	95	170
	HELIN Harri	FIN	61.45	1964	45-49	---	---	0
	69kg Category							
1.	BRAVANOVP Andrey	RUS	67.55	1963	45-49	110	130	240
2.	RYDIGER Rene	GER	68.70	1967	45-49	103	120	223
3.	MEZHENSKEY Gennadiy	UKR	68.25	1967	45-49	95	115	210
4.	BURRA Michele	ITA	68.90	1963	45-49	73	97	170
	77kg Category							
1.	BURKOV Mykhaylo	UKR	75.95	1963	45-49	102	128	230
2.	NAJMIDINOV Vakhiddin	UZB	76.45	1963	45-49	98	117	215
3.	DZUL Ivan	UKR	76.55	1963	45-49	95	120	215
4.	SCHAMNBACH Gunter	GER	76.95	1966	45-49	91	113	204

Place	Name	Nat	Bwt	Yob	Age Group	Sn	C&J	Total
5.	OLSSON Kent	SWE	75.45	1963	45-49	89	109	198
6.	NAMIG Ahgayev	AZE	72.75	1966	45-49	91	102	193
7.	HORNYAK Jozef	HUN	73.75	1964	45-49	86	100	186
8.	ROMASHKAN Iurii	UKR	73.15	1967	45-49	75	102	177
	85kg Category							
1.	NIKOLOV Andriy	UKR	80.05	1967	45-49	126	141	267
2.	GAYDUK Rudolf	RUS	84.35	1965	45-49	113	140	253
3.	INFANTE Pedro	VEN	84.25	1964	45-49	104	144	248
4.	MAFOUSSE Adnan	LIB	84.45	1964	45-49	109	139	248
5.	JAARLI Pirkkio	FIN	84.45	1967	45-49	106	127	233
6.	ROSANICS Peter	HUN	84.20	1964	45-49	100	130	230
7.	OLEYNIKOV Nikolay	RUS	84.80	1965	45-49	98	129	227
8.	FEDETOV Sergey	RUS	82.20	1963	45-49	92	110	202
9.	KUSHNIRENKO Leonid	UKR	83.05	1963	45-49	90	112	202
10.	GIRAARDI Sante	ITA	84.20	1964	45-49	85	110	195
	94kg Category							
1.	RAUSEO Ramirez	VEN	92.70	1965	45-49	124	162	286
2.	SHCHARBATAU Aliaksandr	BLR	93.40	1966	45-49	128	158	286
3.	OGANEZOV Tigran	RUS	93.60	1967	45-49	120	150	270
4.	KABBE Jens	GER	93.25	1967	45-49	120	145	265
5.	ALIAKSASHYN Vadzim	BLR	91.70	1963	45-49	105	150	255
6.	KAZUTO Mizutani	JPN	90.15	1966	45-49	110	140	250
7.	FRADE Antonio	POR	92.40	1964	45-49	105	130	235
8.	LEDIC Anton	BIH	87.95	1967	45-49	90	115	205
9.	MARTYNOV Anatolii	UKR	90.20	1963	45-49	90	115	205
10.	MAMMAADOV Ilifat	AZE	93.50	1965	45-49	85	110	195
	PORTOYAN Ruben	UKR	92.90	1964	45-49	---	---	0
	105kg Category							
1.	KOZEMOV Dmitriy	RUS	104.95	1964	45-49	104	148	252
2.	LAZSLO Orban	HUN	104.35	1965	45-49	109	132	241
3.	MAGISTRIS Cesare	ITA	98.00	1966	45-49	108	132	240
4.	ROMAN Schinan	AUT	104.15	1964	45-49	99	125	224
5.	YUJI Seino	JPN	102.20	1964	45-49	100	120	220
	NEGRI Alberto	ITA	103.80	1963	45-49	80	---	0
	HIRVONEN Jari	FIN	103.90	1963	45-49	---	---	0
	NESTOR Olivo Ruza	VEN	104.95	1966	45-49	---	---	0
	+105kg Category							
1.	NIKITIN Aleksey	RUS	111.95	1967	45-49	136	163	299
2.	SMOLONOGIN Konstantin	RUS	115.30	1964	45-49	135	158	293
3.	MEDVEDEV Igor	RUS	111.10	1964	45-49	130	151	281
4.	EVDOKIMOV Nikolay	RUS	115.15	1964	45-49	123	150	273
5.	BRAUN Jurgen	GER	141.35	1966	45-49	108	145	253
6.	YAHNISH Leanid	BLR	113.70	1964	45-49	120	130	250
7.	SEMASHKO Vasiliiy	RUS	109.90	1966	45-49	100	130	230
	KOPP Leo	GER	130.75	1967	45-49	105	---	0

Place	Name	Nat	Bwt	Yob	Age Group	Sn	C&J	Total
	62kg Category							
1.	NASYBULIN Albert	UKR	61.65	1969	40-44	98	120	218
2.	ANTOINE Raul	FRA	61.95	1971	40-44	95	110	205
3.	FARFAN Josue	VEN	56.52	1968	40-44	94	101	195
4.	ESHAGH Narouei Mohammad	IRI	61.10	1971	40-44	86	100	186
5.	GANBAATAR Mongol	MGL	61.85	1969	40-44	78	100	178
6.	BECK Mark	GBR	61.85	1970	40-44	70	95	165
	69kg Category							
1.	MALIKOV Asif	AZE	67.65	1971	40-44	100	130	230
2.	JANICEK Peter	SVK	66.85	1969	40-44	98	125	223
3.	MARCELLINO Franco	ITA	67.40	1970	40-44	89	121	210
4.	AMIDAY Gonden	ISR	68.00	1971	40-44	90	110	200
5.	ZAHLE Frank	GER	68.10	1971	40-44	85	105	190
6.	VOLOSHIN Andrey	RUS	69.00	1968	40-44	95	90	185
7.	VRONSKYY Yuriy	UKR	68.10	1968	40-44	80	100	180
8.	KHOMENKO Aleksey	USA	68.75	1969	40-44	77	97	174
	77kg Category							
1.	NAGY Noel	HUN	76.40	1970	40-44	117	150	252
2.	ULLMANN Stefan	GER	76.60	1970	40-44	108	130	238
3.	ALIYEV Vadin	UKR	75.75	1970	40-44	100	125	225
4.	NIKULIN Viktor	RUS	74.75	1968	40-44	95	125	220
5.	PUSTOVOITOV Igor	KAZ	76.25	1968	40-44	95	115	210
6.	MURAT Demirtas	TUR	76.95	1971	40-44	87	115	202
7.	ALIGULIYEV Teymur	AZE	75.50	1968	40-44	82	110	192
	85kg Category							
1.	IURKEVYCH Gennadii	UKR	81.35	1970	40-44	136	163	299
2.	ENDRE Marton	HUN	84.10	1971	40-44	112	135	247
3.	FILIMONAU Aliaksandr	BLR	83.60	1970	40-44	110	133	243
4.	LEONOV Alehander	RUS	84.00	1969	40-44	112	125	237
5.	MACHLEIT Mario	GER	82.70	1968	40-44	95	115	210
6.	CANELONES Henry	VEN	84.20	1970	40-44	90	110	200
	94kg Category							
1.	BRITVA Sergio	ISR	92.15	1971	40-44	130	155	285
2.	BERESTOVOY Igor	UKR	93.00	1968	40-44	124	155	279
3.	BRYHOV Vyacheslav	UZB	92.35	1969	40-44	121	155	276
4.	AKIMOV Evgeniy	RUS	93.35	1971	40-44	127	140	267
5.	KOLOSOV Illia	RUS	93.30	1969	40-44	110	152	262
6.	URMAS Trieer	EST	93.35	1969	40-44	118	137	255
7.	HELENA Chrisophe	FRA	93.45	1968	40-44	117	138	255
8.	MARTYNENKO Serhiy	UKR	92.80	1971	40-44	112	141	253
9.	NEMETH Peter	HUN	93.05	1972	40-44	110	138	248
10.	LOGVYENKO Igor	UKR	93.95	1970	40-44	105	125	230
11.	GRISHCHENKO Alexander	BLR	93.90	1968	40-44	102	125	227
	105kg Category							
1.	MYKHAYLO Hal	UKR	104.95	1971	40-44	147	177	324

Place	Name	Nat	Bwt	Yob	Age Group	Sn	C&J	Total
2.	ROSENGART Oliver	GER	104.65	1971	40-44	130	155	285
3.	ZARUBIN Aivar	EST	103.10	1971	40-44	120	155	275
	ARESHKA Dzimtry	BLR	104.00	1971	40-44	147	---	0
+105kg Category								
1.	SUSHCHAK Vladimir	RUS	136.25	1972	40-44	165	191	356
2.	TOMCHENKO Igor	UKR	128.30	1970	40-44	150	185	335
3.	KARTAMYSHEV Vitaliy	UKR	119.60	1970	40-44	130	165	295
4.	RUGIERO Coco	ITA	117.10	1970	40-44	100	142	242
5.	TAVARES Carlos	POR	139.00	1970	40-44	102	140	242

WOMEN

Place	Name	Nat	Bwt	Yob	Age Group	Sn	C&J	Total
58kg Category								
1.	MCSWAIN Dagmar	GER	55.84	1946	65-69	28	39	67
53kg Category								
1.	LEICK Gwendolyn	GBR	52.08	1951	60-64	26	38	64
58kg Category								
1.	ULMER-WOLF Anneliese	AUT	56.30	1949	60-64	26	36	62
63kg Category								
1.	SILVER Valerie	AUS	60.55	1949	60-64	31	41	72
69kg Category								
1.	PFEIFFER Frederike	AUT	65.10	1952	60-64	44	59	103
2.	DOLZENKOVA Vera	RUS	65.40	1949	60-64	33	40	73
75kg Category								
1.	QUINN Judy	CAN	72.25	1948	60-64	37	49	86
+75kg Category								
1.	ZUBEHINA Nataliya	RUS	92.50	1951	60-64	35	47	82
53kg Category								
1.	JORGENSEN Marga	DEN	52.24	1955	55-59	4	54	98
58kg Category								
1.	QUINELL Corall	AUS	55.76	1957	55-59	51	59	110
63kg Category								
1.	HNATOVA Lyubov	UKR	61.50	1953	55-59	40	50	90
2.	LARSEN Lene	DEN	62.70	1955	55-59	36	46	82
3.	MOORE-FOX Lucinda	IRL	62.25	1957	55-59	34	42	76
69kg Category								
1.	GRACE Morison	AUS	67.70	1954	55-59	47	58	105
75kg Category								
1.	BARBARA Hermann	GER	74.05	1955	55-59	39	51	90
2.	MISCAMBLE Leandra	AUS	69.80	1956	55-59	32	48	80
53kg Category								
1.	SCHMIDBERGER Gudrun	GER	52.46	1961	50-54	47	48	95

Place	Name	Nat	Bwt	Yob	Age Group	Sn	C&J	Total
58kg Category								
1.	PIPKE Monika	GER	53.20	1960	50-54	37	47	84
69kg Category								
1.	FORBES Trisha	GBR	68.40	1962	50-54	34	43	77
75kg Category								
1.	HYDER Mary	USA	74.25	1959	50-54	45	53	98
+75kg Category								
1.	SMITH-VOKOJ Sandra	GBR	91.60	1962	50-54	53	70	123
2.	TSERENDORJ Oyunchimeg	MGL	90.50	1962	50-54	52	64	116
3.	CAMERON Claire	SCO	95.15	1958	50-54	37	51	88
48kg Category								
1.	MANON Poulin	CAN	47.00	1963	45-49	45	60	105
53kg Category								
1.	MCMANUS Joanne	GBR	52.18	1966	45-49	47	57	104
58kg Category								
1.	LOY Diana	AUS	58.00	1965	45-49	55	73	128
2.	SAYURI Iwanaga	JPN	55.16	1963	45-49	49	64	113
63kg Category								
1.	GROTHENHUIS Corinne	USA	61.90	1965	45-49	55	65	120
2.	SHAHVERDI Xatria	AZE	60.05	1967	45-49	34	44	78
69kg Category								
1.	ROBINSON Eilyn	USA	68.50	1965	45-49	45	65	110
2.	FAIRCHILD Alea	BEL	67.10	1964	45-49	44	62	106
75kg Category								
1.	PERRONE Susana	ITA	74.50	1964	45-49	66	81	147
2.	GRIMAL Anne-marie	FRA	73.80	1967	45-49	44	60	104
+75kg Category								
1.	TAKACS Maria	HUN	94.30	1966	45-49	77	98	175
53kg Category								
1.	YU Hing	TAH	51.26	1972	40-44	50	60	110
58kg Category								
1.	TYO Svetlana	RUS	55.38	1969	40-44	43	55	98
69kg Category								
1.	PALOSAARI Pirjo	FIN	62.50	1970	40-44	52	70	122
1.	NENSIS Medina	VEN	64.90	1968	40-44	48	60	108
2.	VAN De Ghinste Elise	FRA	63.35	1970	40-44	42	60	102
3.	MARIA Lorca	VEN	63.25	1968	40-44	40	50	90
75kg Category								
1.	ELKE Lohan	GER	70.95	1969	40-44	60	73	133
2.	ROY Celia	FRA	70.90	1968	40-44	55	65	120
+75kg Category								
1.	TAKACS Erika	HUN	100.25	1969	40-44	72	95	167

Place	Name	Nat	Bwt	Yob	Age Group	Sn	C&J	Total
48kg Category								
1.	ZEHNER Ulrike	GER	47.74	1977	35-39	43	62	105
2.	KASZA Adrienne	HUN	47.60	1973	35-39	43	50	93
53kg Category								
1.	ALMEIDA Lagoa Maria Fatima	POR	51.36	1974	35-39	55	70	125
58kg Category								
1.	GAMONDES Cendrine	FRA	54.90	1976	35-39	55	71	126
2.	VYSHNYTSKA Nataliia	UKR	53.22	1977	35-39	52	68	120
3.	NYLUND Marjaana	FIN	57.72	1976	35-39	48	61	109
63kg Category								
1.	CRETON Sandy	FRA	62.05	1976	35-39	73	87	158
2.	ITÄPELTO Taru	FIN	58.68	1977	35-39	56	68	124
3.	KRYVYCH Nataliia	UKR	59.36	1974	35-39	50	60	110
4.	GARCIA Carmen	VEN	59.44	1973	35-39	46	55	101
69kg Category								
1.	KOVTUN Lydiya	RUS	67.85	1975	35-39	70	94	164
2.	MAIZELS Patricia L.	USA	67.05	1977	35-39	71	92	163
75kg Category								
1.	RZAYEVA Sabina	AZE	72.10	1976	35-39	70	89	159
2.	PASHKEVYCH Nina	UKR	74.15	1977	35-39	71	88	159
3.	MYRYAM Quinzero	VEN	69.90	1975	35-39	52	72	124
4.	DRAGER Emilene	USA	73.70	1975	35-39	53	60	113
+75kg Category								
	MARKUS Aniko	HUN	78.70	1975	35-39	38	---	0



Leandra Miscamble



2012 IWF Youth World Championships

Kosice, Slovakia
17th – 22nd September 2012

MEN

Rank	Name	Yob	Nat	Bwt	Sn	C&J	Total
50kg Category							
1	YANG Yixiong	1995	CHN	47.95	89	115	204
2	MANEA Robert Stefan	1997	ROU	49.76	88	107	195
3	ASLANOV Ruzimurod	1995	UZB	49.37	88	106	194
4	IARKIN Viacheslav	1997	RUS	49.74	88	106	194
5	SUHAREVS Ritvars	1999	LAT	49.92	80	105	185
6	YULDASHEV Mashkhur	1997	UZB	48.46	78	100	178
7	KOMOROWSKI Tomasz	1995	POL	49.68	77	98	175
8	AL-KRAGULE Mohammed	1996	IRQ	49.29	78	96	174
9	LAI Yung-En	1997	TPE	49.93	75	96	171
10	VALLECILLO Vicente	1997	MEX	49.05	73	97	170
---	IMANZADE Rustam	1998	AZE	50.00	83	---	---
56kg Category							
1	JIANG Hao	1995	CHN	55.51	115	145	260
2	SCARANTINO Mirco	1995	ITA	55.44	104	128	232
3	MAZLUM Ferhat	1996	TUR	55.69	100	121	221
4	ROJAS CONCHA Marco	1995	PER	55.08	90	125	215
5	HAMDAYI Sajjad	1995	IRQ	55.12	96	118	214
6	DI GIUSTO Michael	1995	ITA	55.88	93	118	211
7	HAMBARDZUMYAN Aram	1995	ARM	55.52	93	113	206

Rank	Name	Yob	Nat	Bwt	Sn	C&J	Total
8	PONIEDZIALEK Piotr	1995	POL	55.65	93	111	204
9	LIU Chia Hung	1995	TPE	55.77	92	112	204
10	ALEKSIEJUS Svajunas	1997	LTU	55.37	88	110	198
11	FABO Jakub	1997	SVK	54.69	79	91	170
12	NORMAN James Sahutta	1996	AUS	55.36	73	93	166
13	BODORIK Matus	1996	SVK	55.36	72	93	165
14	WU Joshua Luke James Vain Kyang	1996	AUS	55.15	71	92	163
15	MARECEK Petr	1998	CZE	51.77	77	85	162
---	OMAR Oropeza	1995	VEN	55.74	91	---	---
---	SANTA Aruna	1996	IND	55.45	---	123	---
62kg Category							
1	MOSQUERA Luis	1995	COL	61.19	128	155	283
2	YUAN Chengfei	1995	CHN	61.20	129	146	275
3	MUNOZ Jonathan	1995	MEX	61.33	118	147	265
4	YOKUBOV Doston	1995	UZB	61.97	112	144	256
5	ENDER Blanco	1995	VEN	61.21	111	143	254
6	ANDREEV Bozhidar	1997	BUL	61.82	113	133	246
7	GOKMEN Ali Osman	1995	TUR	61.57	113	127	240
8	CEYLAN Bahdir Nezh	1996	TUR	61.90	111	127	238
9	CHOSZCZ Aleksander	1995	POL	61.96	108	129	237
10	BARDALEZ Luis David	1995	PER	61.20	104	127	231
11	ALIGULIYEV Kanan	1998	AZE	60.59	103	124	227
12	LO Kun Huang	1995	TPE	61.68	100	120	220
13	GOMES Jonatan	1997	BRA	61.71	100	116	216
14	GROEHLER Mason Christian	1997	USA	61.66	91	115	206

Rank	Name	Yob	Nat	Bwt	Sn	C&J	Total
15	SOILEMEZIDIS Georgios	1995	GRE	61.12	90	115	205
16	HASANOV Hasan	1996	AZE	61.17	93	112	205
17	LUSHI Emanuel	1996	ALB	60.39	91	111	202
18	FORRESTER Patrick Robert	1995	USA	61.23	87	107	194
19	JUHASZ Jacint	1998	SVK	61.27	85	107	192
20	GASIOR Jaromir	1997	CZE	61.43	88	100	188
21	POLACEK Matej	1995	SVK	61.60	86	100	186
22	KRIZ Lukas	1998	CZE	61.43	81	95	176
23	RANA Bassel Amjad	1996	AUS	61.47	75	95	170
69kg Category							
1	KARRAR MOHAMMED Jawad Mohammed Kadhum	1995	IRQ	68.47	143	168	311
2	KHUGAEV Khetag	1997	RUS	68.70	134	164	298
3	LINDER Albert	1996	KAZ	67.18	135	162	297
4	ALIGULIZADA Elkhan	1995	AZE	68.46	131	161	292
5	MILITOSYAN Vardan	1995	ARM	68.10	130	161	291
6	KAZOV Aidar	1995	KAZ	68.72	125	162	287
7	YANG Hong	1995	CHN	66.60	125	151	276
8	TAGHIZADE Jeyhun	1995	AZE	68.78	117	151	268
9	AGUILAR CHAN Josue Alberto	1996	MEX	67.00	112	149	261
10	YEVSYUTKIN Nazar	1995	UKR	68.26	117	142	259
11	SMOCHEK Serhii	1996	UKR	68.78	115	142	257
12	SKOCZEK Szymon Zozislaw	1995	POL	68.03	113	139	252
13	LAHUANAMPA CASTILLO Junior Chayanne	1995	PER	68.21	105	143	248
14	NALBANTORUC Kuddusi	1995	TUR	68.31	110	138	248
15	CAKIR Eyup Ensar	1996	TUR	68.05	112	127	239

Rank	Name	Yob	Nat	Bwt	Sn	C&J	Total
16	SOTO MONTECINO Eduardo Alexis	1995	CHI	67.60	105	133	238
17	VERDIALES Luis R.	1995	USA	67.76	95	128	223
18	BEST Brien Anderson	1996	BAR	66.50	97	125	222
19	LAURINAVICIUS Laurynas	1995	LTU	67.92	96	120	216
20	SEDLAK Patrik	1995	SVK	68.33	86	106	192
21	HOFBAUER Lukas	1997	CZE	68.10	87	104	191
22	HOVJACKY Ondrej	1997	CZE	64.47	83	97	180
---	YANG Chih Lun	1996	TPE	67.50	94	---	---
77kg Category							
1	KARAPETYAN Andranik	1995	ARM	75.60	155	176	331
2	LEFLER Artem	1995	RUS	76.56	135	169	304
3	ZHUBATKANOV Galymbek	1995	KAZ	75.86	143	160	303
4	RAGALA Venkat Rahul	1997	IND	75.99	131	165	296
5	LOPEZ FARIAS Bastian Andres	1995	CHI	75.80	125	165	290
6	TATOYAN Davit	1995	ARM	75.20	125	164	289
7	DOKMETAS Abdulmuttalip	1996	TUR	76.67	134	148	282
8	PALOMO David	1996	MEX	75.20	124	153	277
9	PETKA Mariusz	1995	POL	76.51	126	151	277
10	YUAN Haowen	1995	CHN	76.21	120	155	275
11	NABIEV Fayzullo	1995	UZB	73.85	122	150	272
12	PLYESNOY Anton	1996	UKR	74.69	122	148	270
13	WANG Nien Chu	1995	TPE	76.21	117	147	264
14	CHERTKOV Danie	1997	ISR	75.00	115	145	260
15	DUMAN Y. Emre	1995	TUR	75.59	118	138	256
16	MIRGA David	1995	CZE	76.81	111	142	253

Rank	Name	Yob	Nat	Bwt	Sn	C&J	Total
17	SMILGEVICIUS Julius	1996	LTU	73.66	103	143	246
18	DAMRON Nathan Charles	1996	USA	74.19	105	121	226
19	DANIELS Jakob David	1995	AUS	75.98	98	122	220
20	SAMARAS Christos	1995	GRE	76.02	100	120	220
---	BODORIK Michal	1996	SVK	76.27	120	---	---
85kg Category							
1	KONOTOP Igor	1995	UKR	80.22	141	173	314
2	PIRELA GOTERA Darwin Jose	1995	VEN	83.06	135	173	308
3	HOZA Volodymyr	1996	UKR	84.54	147	160	307
4	AKHMEROV Albert	1995	KAZ	83.59	146	160	306
5	TURAN Halil Ibrahim	1995	TUR	84.90	135	166	301
6	CHEN Zhi	1995	CHN	82.84	135	165	300
7	SIMON Bence	1996	HUN	84.64	130	151	281
8	DEREN Mieczyslaw	1995	POL	81.68	127	153	280
9	KU Daniel	1996	MEX	83.20	120	151	271
10	FLOREZ Oscar	1995	COL	83.42	120	150	270
11	MURODOV Nodirjon	1995	UZB	83.62	123	147	270
12	RUBINAS Vilius	1996	LTU	82.53	118	145	263
13	DADASHBAYLI Dadash	1996	AZE	82.78	115	145	260
14	WIITANEN Daniel Kristopher	1996	USA	83.04	107	142	249
15	HOWERTON Ian Amir	1995	USA	83.52	107	140	247
16	MANHART Vaclav	1996	CZE	83.89	107	140	247
17	OSTROVSKY Viktor	1995	SVK	79.94	111	135	246
18	KOPECKY Vlastimil	1995	CZE	82.57	107	132	239
---	KEKHTER Denis	1997	RUS	84.27	128	---	---

Rank	Name	Yob	Nat	Bwt	Sn	C&J	Total
94kg Category							
1	GUIDEA Marcel	1995	MDA	91.83	155	192	347
2	LAKTIONOV Maxim	1995	KAZ	93.69	160	179	339
3	SOLOVEV Nikita	1996	RUS	93.04	152	183	335
4	MARTIROSYAN Simon	1997	ARM	93.69	150	183	333
5	MALTCEV Vitalii	1995	RUS	92.70	152	175	327
6	UZKURAITIS Andrius	1995	LTU	90.92	143	167	310
7	WANG Shuxing	1995	CHN	92.87	131	155	286
8	BONIKOWSKI Dawid	1995	POL	88.76	128	148	276
9	QUINTAL Jael	1997	MEX	86.93	125	150	275
10	JAKUBSEN Tayler Kalon	1995	USA	93.06	125	148	273
11	YAMSKYI Artom	1996	UKR	93.93	113	159	272
12	GUISKIS Gedas	1996	LTU	92.15	120	151	271
13	SHCHUR Ivan	1995	UKR	93.77	121	150	271
14	GANIEV Azimjon	1996	UZB	92.18	115	145	260
15	BRITO Michel	1995	BRA	92.09	115	140	255
---	HOVHANNISYAN Narek	1995	ARM	90.87	130	---	---
+94kg Category							
1	SAVCHUK Antony	1995	RUS	123.52	167	208	375
2	MAMMADLI Azar	1995	AZE	143.89	148	188	336
3	ZHANG Jixin	1995	CHN	120.10	149	186	335
4	KUFFEL Jakub Kacper	1995	POL	101.46	140	170	310
5	ISUPOV Alexander	1995	RUS	143.60	140	170	310
6	KOBETS Maksym	1996	UKR	107.07	133	171	304
7	KURBANOV Saidjalol	1995	UZB	130.20	120	161	281

Rank	Name	Yob	Nat	Bwt	Sn	C&J	Total
8	KENJAEV Davron	1995	UZB	99.28	135	145	280
9	PAPIEVIS Povilas	1995	LTU	109.82	116	145	261
10	JOHNSON JR Michael Wayne	1995	USA	127.41	120	140	260
11	MIKUTIS Sigitas	1995	LTU	125.85	112	127	239
12	HOLCSI Krisztian	1998	SVK	95.22	95	115	210

WOMEN

44kg Category							
1	MAO Xiangmei	1995	CHN	42.82	58	81	139
2	CSENGERI Monica Suneta	1996	ROU	43.75	62	77	139
3	TARAFDAR Chandrika	1996	IND	42.99	55	74	129
4	KOHA Rebeka	1998	LAT	42.72	58	70	128
5	MAIRA Prado	1997	VEN	42.12	55	68	123
6	PAGLIARO Alessandra	1997	ITA	43.68	58	65	123
7	LARA Guadalupe	1998	MEX	42.79	52	70	122
8	SZLASA Emilia	1995	POL	43.77	52	64	116
9	GOAD Sydney Rachelle	1997	USA	40.59	47	63	110
10	JANKOWSKA Aneta	1996	POL	43.56	49	60	109
11	LEE Wen Kuan	1996	TPE	43.52	48	60	108
48kg Category							
1	HINESTROZA Yiliana	1999	COL	47.55	73	90	163
2	MARIA Sierra	1995	VEN	47.52	68	87	155
3	ZHANG Chunhua	1996	CHN	46.82	67	85	152
4	IEFIMCHUK Nadiia	1995	UKR	46.63	63	82	145
5	KIZILDAG Gamzegul	1995	TUR	47.52	62	81	143
6	MUNOZ Viviana	1995	MEX	47.93	62	80	142

Rank	Name	Yob	Nat	Bwt	Sn	C&J	Total
7	MAL Joti	1996	IND	47.80	60	80	140
8	BAYMULKINA Irina	1995	RUS	47.93	64	76	140
9	DE LA HERRAN Andrea	1996	MEX	47.61	60	73	133
10	SONOWAL Manalisha	1995	IND	47.28	59	70	129
11	ROSA Natascha	1996	BRA	47.90	54	64	118
12	LIAO Ya-Jung	1997	TPE	47.86	52	60	112
13	MIHALOVICOVA Dalma	1998	SVK	46.99	36	47	83
53kg Category							
1	DURAN Ana	1997	MEX	52.78	76	102	178
2	ALVAREZ Yenny	1995	COL	51.13	77	100	177
3	PRICOP Laura Ionela	1996	ROU	52.02	73	98	171
4	LI Yan	1998	CHN	52.67	74	95	169
5	KHANOVA Elvina	1995	RUS	52.67	70	93	163
6	BLANCO Karool	1995	COL	51.95	72	90	162
7	WROBLEWSKA Izabela	1996	POL	52.98	70	86	156
8	KESKIN Yasemin	1998	TUR	52.39	68	83	151
9	LIU Wei Ting	1995	TPE	52.54	65	81	146
10	KOREN Shelby Coral	1996	USA	52.55	61	82	143
11	ERRA Deexitha	1997	IND	52.97	63	79	142
12	YUMNAM Khomdonbi Chanu	1997	IND	52.62	62	76	138
13	SANTILLAN Yaritza	1996	PER	52.78	57	80	137
14	WEI Hsin-Yi	1996	TPE	52.01	58	75	133
15	KRITIKAKI Athina	1996	GRE	52.86	52	68	120
16	LUKACOVA Viktoria	1996	SVK	52.58	40	53	93
17	SKOVAJSOVA Miriam	1999	SVK	52.56	38	50	88

Rank	Name	Yob	Nat	Bwt	Sn	C&J	Total
---	LAURINDO Leticia	1995	BRA	52.40	---	81	---
---	POLAKOWSKA Marlena	1995	POL	51.57	67	---	---
58kg Category							
1	MAXIMOVA Ksenia	1995	RUS	57.39	94	111	205
2	FITOVA Alina	1996	RUS	57.31	78	100	178
3	KURNAZ Mehtap	1995	TUR	57.19	81	96	177
4	KOKHANENKO Olena	1995	UKR	57.59	79	96	175
5	PEREZ Marlene	1995	MEX	57.58	76	98	174
6	TUNCBILEK Rabia	1995	TUR	55.91	76	90	166
7	STOCKEL Natalie Hope	1995	USA	56.85	68	81	149
8	LIMAS Beatriz	1995	PER	57.14	65	80	145
9	KASZA-KOVACS Klara	1995	HUN	57.64	61	76	137
---	LUGO Carolina	1996	MEX	57.26	---	98	---
63kg Category							
1	LIKHACHEVA Nadezda	1995	RUS	62.35	94	116	210
2	TOMA Loredana Elena	1995	ROU	60.99	93	113	206
3	SILGADO Rosive	1995	COL	61.58	87	105	192
4	FILIMONOVA Alina	1997	KAZ	59.81	86	100	186
5	BELEVETS Yuliya	1995	UKR	62.11	83	95	178
6	ZENCHENKO Sofiya	1997	UKR	60.45	78	99	177
7	SARGSYAN Ani	1995	RUS	61.99	77	100	177
8	LICALSI Alexis Nicole	1995	USA	60.68	67	90	157
9	SZILAGYI Kinga	1995	HUN	62.37	70	85	155
10	SAELEE Koy F.	1995	USA	58.98	63	80	143
11	BOMBUL Ave	1996	EST	62.01	60	82	142

Rank	Name	Yob	Nat	Bwt	Sn	C&J	Total
69kg Category							
1	MOLIE Madalina Bianca	1996	ROU	64.29	101	120	221
2	NEISI Dajomes	1998	ECU	66.14	90	115	205
3	BELOBORODOVA Maria	1995	RUS	67.34	90	110	200
4	KENTLI Sumeyye	1995	TUR	67.20	88	108	196
5	WIOR Jolanta	1995	POL	67.86	85	106	191
6	TORRES Anacarmen	1995	MEX	64.49	81	106	187
7	VASHYNA Alyona	1997	UKR	66.83	79	100	179
8	LIN Meng Shan	1995	TPE	68.49	80	94	174
9	AYNACI Duygu	1996	TUR	67.00	81	91	172
10	YUMKHAIBAM Nafisa	1996	IND	68.79	64	83	147
+69kg Category							
1	NOGAY Nadezhda	1996	KAZ	88.48	123	145	268
2	VAGNER Viktoriya	1995	KAZ	80.36	100	130	230
3	ROMANOVA Anastasiya	1996	UKR	76.70	95	121	216
4	DEKHA Iryna	1996	UKR	75.72	100	115	215
5	LI Bingping	1995	CHN	71.46	90	120	210
6	KLINGSEIS Marissa Eileen	1995	USA	102.49	88	117	205
7	MOLNAR Martina Szilvia	1996	HUN	104.96	81	99	180
8	KACZMARCZYK Kinga	1997	POL	74.90	81	97	178
9	ATAC Yasemin	1995	TUR	72.06	72	95	167
10	WCISLAK Eliza	1997	POL	85.18	77	90	167
11	BEED Jaclyn Elizabeth	1996	USA	77.55	75	90	165
12	MESZES Bianka	1995	HUN	107.00	71	89	160
13	ZANGELIDOU Olga	1998	GRE	86.59	66	70	136



2012 AWF Under 15 Tournament

5th October 2012
Sydney Olympic Park, NSW

LIFTER	YOB	STATE	BWT	SN	CJ	TOT	SINCLAIR
FEMALE							
44kg Category							
Robin Parr	1997	QLD	42.62	33	48	81	138.274
48kg Category							
Charrae Myers	1999	TAS	47.54	36	43	79	121.689
Madeline Wu	1998	QLD	46.56	30	48	78	122.423
Madelene Derksen	1998	QLD	45.15	23	28	51	82.352
53kg Category							
Hayley Ward	1997	QLD	52.07	36	44	80	114.069
58kg Category							
Sophie Cowen	1997	TAS	57.75	47	62	109	143.665
Tiarna Davis	1999	TAS	56.68	43	59	102	136.264
Alexandra Martin	1997	VIC	56.04	43	50	93	125.280
Emma Hayden	1997	VIC	56.61	28	36	64	85.576
63kg Category							
Nicole Geurts	1997	VIC	61.45	21	28	49	61.900
69kg Category							
Zoe Simon	1998	NSW	64.53	48	57	105	128.602

LIFTER	YOB	STATE	BWT	SN	CJ	TOT	SINCLAIR
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MALE

50kg Category

Peter Gremos	1997	NSW	49.95	46	57	103	175.108
Lachlan Robinson	1999	VIC	42.25	40	50	90	178.116
James Catlow-Elliott	1998	QLD	48.04	35	46	81	142.424
Dominic Newman	2001	TAS	48.77	20	28	48	83.296

56kg Category

Cameron McTaggart	1997	NZL	55.70	77	92	169	262.940
Hamish Adam	1997	NSW	54.18	60	70	130	206.710
Mitchell Daniels	1997	QLD	53.74	52	60	112	179.252
Josiah Widger-Hartree	1998	WA	51.90	46	56	102	167.935
Max Handcock	1998	VIC	55.76	37	50	87	135.249
Liam Farrell	1999	VIC	53.86	33	43	76	121.418
Oliver Smith	1999	VIC	54.11	31	39	70	111.420
Lincoln Clapham	2000	QLD	53.38	25	35	60	96.547
Javier Balayo	1998	QLD	52.51	25	28	53	86.428

62kg Category

Samuel Reichler	1998	VIC	59.29	65	78	143	212.243
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77kg Category

Blake Shadbolt	1998	WA	69.43	72	95	167	222.636
Kasey Canham	1997	TAS	72.30	40	49	89	115.744
Kealan Balayo	2000	QLD	74.81	18	24	42	53.537

LIFTER	YOB	STATE	BWT	SN	CJ	TOT	SINCLAIR
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94kg Category

Edward Maxwell	1997	NSW	89.72	63	81	144	167.208
Timothy Hitchener	1997	QLD	92.27	61	70	131	150.241

+94kg Category

Jaiden Ortiz	1997	VIC	99.64	53	60	113	125.616
Nieck Ten-Broek	1997	VIC	103.04	45	50	95	104.309



Hayley Ward



AWF Youth & Junior Championships

6th October 2012 to 7 October 2012
Sydney Olympic Park, NSW

LIFTER **YOB** **STATE** **BWT** **SN** **CJ** **TOT** **SINCLAIR**
FEMALE

48kg Category

Georgina Lock	1992	WA	47.78	44	55	99	151.817
Jessica Barkhan	1995	NSW	45.22	37	48	85	137.055
Robin Parr	1997	QLD	42.06	34	49	83	143.569
Madeline Wu	1998	QLD	46.45	34	49	83	130.552
Charrae Myers	1999	TAS	47.46	39	44	83	128.043
Courtenay Chisholm	1995	TAS	42.38	34	44	78	133.902

53kg Category

Tayla Ryan	1992	QLD	52.88	46	64	110	154.920
Hayley Ward	1997	QLD	51.36	39	45	84	121.117

58kg Category

Sophie Cowen	1997	TAS	57.39	50	65	115	152.253
Courtney Fitzharris	1994	NSW	56.72	50	64	114	152.216
Tiarna Davis	1999	TAS	56.76	43	60	103	137.458
Alexandra Martin	1997	VIC	56.44	44	45	89	119.266

63kg Category

Rachel Goodman	1997	VIC	62.66	63	82	145	180.880
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LIFTER	YOB	STATE	BWT	SN	CJ	TOT	SINCLAIR
Bianca Sheppard	1992	QLD	62.34	70	42	112	140.172

69kg Category

Berlyn Hiram	1997	VIC	64.43	45	55	100	122.594
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+75kg Category

Bonnie Sleeman	1993	QLD	86.81	76	90	166	176.651
Courtney Page	1996	WA	100.52	59	75	134	137.051
Raelene Eckardt	1995	VIC	104.30	55	65	120	121.891

MALE

56kg Category

Joshua Wu	1996	QLD	55.40	72	97	169	264.052
James Norman	1996	QLD	55.56	72	94	166	258.782
James Delaney	1996	VIC	53.70	59	80	139	222.597
Mitchell Daniels	1997	QLD	53.53	54	62	116	186.238

62kg Category

Bassel Rana	1996	NSW	61.85	82	100	182	262.038
Samuel Reichler	1998	VIC	59.35	0	0	0	0.000

69kg Category

Matthew Munns	1993	WA	68.54	105	120	225	302.409
Boris Elesin	1995	VIC	64.18	75	101	176	246.993
Blake Shadbolt	1998	WA	68.08	68	88	156	210.572
Adam Sennett	1995	VIC	67.04	70	85	155	211.308

LIFTER	YOB	STATE	BWT	SN	CJ	TOT	SINCLAIR
Luke Robinson	1996	NSW	68.45	60	76	136	182.942
Oisin Clarken	1998	VIC	67.39	52	73	125	169.836
77kg Category							
Paulo Magistrado	1992	VIC	75.47	110	142	252	319.614
Liam Larkins	1993	VIC	76.10	107	127	234	295.390
Simon Rassy	1993	NSW	74.92	92	115	207	263.641
Jakob Daniels	1995	QLD	76.61	93	112	205	257.814
Jordan Bender	1992	VIC	74.47	90	111	201	256.890
Mitchell Boyd	1995	NSW	74.17	71	110	181	231.870
85kg Category							
Luke Stone	1992	VIC	84.14	105	145	250	299.248
Jonathan Pakchung	1993	QLD	78.72	102	130	232	287.443
Patrick Canavan	1992	NSW	83.13	95	120	215	258.909
John Cichello	1993	VIC	84.26	87	111	198	236.838
Bradley Groom	1995	TAS	77.40	80	102	182	227.587
Jay Jankowski	1995	WA	77.35	72	85	157	196.396
Alexander Kinsella	1995	VIC	83.75	68	85	153	183.563
Yakoub Amrane	1997	VIC	81.12	65	85	150	182.912
William Smith	1995	VIC	83.58	57	79	136	163.333
94kg Category							
Scott Norman	1992	VIC	87.26	105	120	225	264.632
Matthew Newman	1995	TAS	89.05	64	88	152	177.100

LIFTER	YOB	STATE	BWT	SN	CJ	TOT	SINCLAIR
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105kg Category

Ryan Pasfield	1993	NSW	95.79	103	140	243	274.349
Kurt Hill	1993	WA	95.36	102	122	224	253.362
Matthew Lilli	1996	NSW	98.55	77	95	172	192.012

+105kg Category

Alex Greeff	1995	QLD	107.19	77	100	177	191.726
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James Norman



2012 Queensland All Schools Championships

Nambour SHS, Nambour Qld

&

St Andrew's Catholic College, Redlynch QLD

2nd – 3rd November 2012

WOMEN

Name	YOB	School	Bwt	Sn	C&J	Total	Sinclair	Place Open	U15
44kg									
Robin Parr	1997	Wynnum	43.70	32	50	82	136.59	1	1
48kg Category									
Madeline Wu	1998	Sheldon	47.50	35	49	84	129.49	1	1
Madelene Derksen	1998	Nambour	46.00	26	34	60	95.22	2	2
53kg Category									
Hayley Ward	1997	Nambour	52.40	40	50	90	127.68	1	1
63kg Category									
Beth Tolputt	1996	Nambour	59.40	33	38	71	91.76	1	
Zoe Klibbe	1996	St Andrew's	62.05	25	35	60	75.32	2	
+69kg Category									
Deanne Elliott	1998	Southern Cross	100.30	33	43	76	77.77	1	1
Elizabeth Peers	1996	St Andrew's	80.15	30	45	75	82.23	2	

MEN

50kg Category									
Liam Hanlon	1996	Kingston	47.50	38	52	90	159.83	1	
James Catlow-Elliott	1998	Cleveland	49.30	37	49	86	147.85	2	1
Joel Fletcher	1997	St Andrew's	50.00	35	50	85	144.38	3	2
Ethan Catlow-Elliott	2000	Capalaba	46.80	30	36	66	118.77	4	3
Julian Norman	2000	Springwood	35.60	21	30	51	120.26	5	4
Sam Weston	2000	ACGS	42.30	21	28	49	96.86	6	5
Ty Huston	2000	Yandina	35.80	17	20	37	86.72	7	6
56kg Category									
Cameron McTaggart	1997	NZL	55.70	77	92	169	262.94	Guest	
Mitchell Daniels	1997	Burnside	55.50	53	66	119	185.67	1	1
Eden Cvetkovic	2000	St Andrew's	54.40	29	40	69	109.36	2	2
Lincoln Clapham	2000	St Laurence's	54.20	27	39	66	104.91	3	3
62kg Category									
James Norman	1996	Rochedale	61.90	72	100	172	247.50	1	
Nick Anderson	1995	St Andrew's	60.00	50	65	115	169.21	2	
Joshua Mak	1999	St Laurence's	61.00	35	46	81	117.77	3	1
Lachlan Barr	1998	St Andrew's	59.40	35	45	80	118.58	4	2

Name	YOB	School	Bwt	Sn	C&J	Total	Sinclair	Place Open	U15
69kg Category									
Justice Fletcher	1995	St Andrew's	69.00	74	94	168	224.84	1	
Jamie Shaw	1994	Nambour SHS	63.50	60	75	135	190.84	2	
77kg Category									
Jakob Daniels	1995	Nambour CC	76.90	80	100	180	225.90	1	
Joshua Wegert	1996	Springfield AC	70.90	50	67	117	153.97	2	
85kg Category									
Shane Wagner	1996	Toowoomba SHS	79.80	92	115	207	254.60	1	
Hayden White	1996	Nambour SHS	81.10	60	75	135	164.64	2	
94kg Category									
Timothy Hitchener	1997	Toowoomba CC	93.70	62	75	137	156.09	1	1
Max McCoy	1998	St Andrew's	88.70	60	70	130	151.74	2	2
Aden Creed	1998	Toowoomba SHS	88.80	35	44	79	92.16	3	3
+94kg Category									
Adison Pozzebon	1997	St Laurence's	111.30	50	65	115	123.09	1	1
Callum Scott	1997	St Andrew's	93.25	40	60	100	114.17	2	2
Jordan Evans	1999	Wellington Point	96.10	25	35	60	67.65	3	3

Referees:

Debra Keelan (Cat I); Craig Wegert (Cat II); Vicki Brady (Cat II); Deb Oliver (National); Tim Steele (Club); David De Rose (State); Simon Wilkinson (Club); Thomas Sweeney (Club)

Time Keepers:

Tim Steele; Vicki Brady
Ian Moir, Craig Wegert, David De Rose.

M.C:

Best Lifter Awards

	Under 15	Open
Male	Mitchell Daniels	Shane Wagner
Female	Robin Parr	Robin Parr



Shane Wagner receiving his Best Open Lifter award from QWA President Craig Wegert

The Roman Wojcieszuk Memorial Shield

School	Points
St Andrew's Catholic Colle	128
St Laurence's College	74
Toowoomba State High School	51
Tambour State High School	50
Burnside State High School	28
Kingston College	28
Tambour Christian College	28
Rochedale State High School	28
Toowoomba Christian College	28
Cleveland District State High School	25
Springfield Anglican College	25
Wellington Point State High School	23
Capalaba Secondary College	22
Springwood Central State School	21
Anglican Church Grammar School	20
Yandina State School	19

Records

Lifter	Cat	Age Group	Record Level	Record Type	New Record
Hayley Ward	F53	Under 15	QLD	SNATCH	40kg
Hayley Ward	F53	Under 15	QLD	CJ	50kg
Hayley Ward	F53	Under 15	QLD	TOTAL	90kg
James Norman	M62	Youth	QLD	SNATCH	72kg
James Norman	M62	Youth	QLD	CJ	100kg
James Norman	M62	Youth	QLD	TOTAL	172kg
Madeline Wu	F48	Under 15	QLD	SNATCH	35kg
Madeline Wu	F48	Under 15	QLD	TOTAL	84kg
Robin Parr	F44	Under 15	AUS	CJ	50kg
Robin Parr	F44	Youth	AUS	CJ	50kg
Robin Parr	F44	Under 15	QLD	CJ	50kg
Robin Parr	F44	Youth	QLD	CJ	50kg
Shane Wagner	M85	Youth	AUS	SNATCH	92kg
Shane Wagner	M85	Youth	QLD	SNATCH	92kg
Shane Wagner	M85	Youth	AUS	CJ	115kg
Shane Wagner	M85	Youth	QLD	CJ	115kg
Shane Wagner	M85	Youth	AUS	TOTAL	207kg
Shane Wagner	M85	Youth	QLD	TOTAL	207kg



QWA League Grand Final

Cougars Weightlifting Club, Chandler Qld
24th November 2012

Division 1

Name	Born	Club	Bwt	Sn	C&J	Total	Bonus	Points
Luke Gamder	1988	Cougars	104.75	124	163	287	4	69.826
David Hockins	1991	Toowoomba	61.85	88	110	198	1	61.550
Melissa Robinson	1981	Cougars	62.25	68	88	156	0	60.700

Division 2

Name	Born	Club	Bwt	Sn	C&J	Total	Bonus	Points
Linzey Beister	1984	Cougars	104.45	120	142	262	15	75.092
Joshua Wu	1996	Cougars	59.90	75	105	180	20	75.046
Tegan Napper	1986	Cougars	53.00	54	70	124	-2	51.913
Jonathan Pakchung	1993	Cougars	76.40	100	120	220	-13	45.047

Division 3

Name	Born	Club	Bwt	Sn	C&J	Total	Bonus	Points
Tim Steele	1968	Sunshine Coast	100.45	88	105	193	10	54.266
Thomas Rech	1990	Cougars	97.95	95	122	217	4	53.771
Norman Hanna	1981	North Brisbane	76.35	77	110	187	3	52.340
Bronwyn Hitchener	1962	Toowoomba	74.30	54	71	125	-1	41.230

Division 4

Name	Born	Club	Bwt	Sn	C&J	Total	Bonus	Points
Madeline Wu	1998	Cougars	46.75	39	51	90	13	54.475
Matthew Wakeham	1989	Morayfield	86.75	69	88	157	14	51.560
Andrew Russell	1977	Ironskull	105.85	95	120	215	3	48.551

Bonus Round (lift-off) *

Name	Lift	90%	95%	97.5%	100%	102.5%	105%	107.5%
Tim Steele	Snatch	77	81	83	86	88	90	92
Madeline Wu	C&J	44	46	47	49	50	51	52
Luke Gardner	C&J	150	158	162	167	171	175	
Linzey Beister	Snatch	105	111	114	117	119		

* Bonus Round results are not sanctioned for official rankings or records.

Referees: Bob Henderson, Barry Harden (Cat II), Vicki Brady (Cat II), Julie Davis (National), Deb Oliver (National), Coral Quinell (National), Lesley Moyle (State).

Time Keeper: Vicki Brady, Glen Weston, Shayden Venville; Lesley Moyle.

M.C: Ian Moir.

Awards

Division 1	Luke Gardner	\$400	Coach: Miles Wydall	\$100
Division 2	Linzey Beister	\$400	Coach: Miles Wydall	\$100
Division 3	Tim Steele	\$400	Coach: Barry Harden	\$100
Division 4	Madeline Wu	\$400	Coach: Angela Wydall	\$100
Bonus Round	Madeline Wu	\$400	Coach: Angela Wydall	\$100

Records

Lifter	Bwt Cat	Age Group	Record Level	Record Type	New Record
Joshua Wu	M62	Youth	QLD	SNATCH	75kg
Joshua Wu	M62	Youth	QLD	CJ	105kg
Joshua Wu	M62	Youth	QLD	TOTAL	180kg
Madeline Wu	F48	Under 15	QLD	SNATCH	39kg
Madeline Wu	F48	Youth	QLD	SNATCH	39kg
Madeline Wu	F48	Under 15	QLD	CJ	51kg
Madeline Wu	F48	Youth	QLD	CJ	51kg
Madeline Wu	F48	Under 15	QLD	TOTAL	90kg
Madeline Wu	F48	Youth	QLD	TOTAL	90kg
Madeline Wu	F48	Under 15	AUS	TOTAL	90kg

QWA Masters League Grand Final

Cougars Weightlifting Club, Chandler Qld
24th November 2012

Women								
Name	YOB	Club	Bwt	Sn	C&J	Total	Bonus	Points
Coral Quinell	1957	Milton	57.15	47	57	104	6	61.936
Diana Loy	1965	Milton	59.40	53	67	120	0	56.825
Sue Cox	1961	North Brisbane	68.20	42	51	93	6	46.809
Leandra Miscamble	1956	Cougars	68.65	30	44	74	6	41.810
Julie Davis	1952	North Brisbane	52.75	26	40	66	0	43.302
Men								
Name	YOB	Club	Bwt	Sn	C&J	Total	Bonus	Points
Barry Harden	1959	Sunshine Coast	92.95	80	105	185	6	63.226
Martin Walton	1949	North Brisbane	101.30	53	71	124	0	45.050
John Hanlon	1966	Cougars	91.85	63	85	148	0	42.736
Peter Foster	1967	Cougars	114.80	103	---	---	0	---

Referees: Bob Henderson (Cat I), Deb Oliver (National), Glen Weston (Club).
Time Keeper: Shayden Venville
M.C.: Ian Moir

JME Club Challenge Results

Club	Round 1	Round 2	Round 3	Round 4	Total
Cougars Weightlifting Club	803.116	700.531	729.400	690.865	2923.912
Toowoomba Weightlifting Association	721.631	515.398	688.268	648.281	2573.578
Sunshine Coast Weightlifting Club	517.052	565.437	673.463	703.351	2459.303
Cairns North Green Ants	556.289	644.020	615.367	569.134	2384.810
Ironskull Weightlifting & Fitness	522.655	557.967	445.949	590.221	2116.792
CrossFit Northside Weightlifting Club	448.175	469.016			917.191
CrossFit Foxes Weightlifting Club	475.924	393.359			869.283
North Brisbane Honey Badgers	333.393	106.139	75.139		514.671



QWA Membership Options

The QWA has introduced an option for membership which may be attractive to potential new members. This option provides a one-month period of membership which can be upgraded to a full 12-month membership prior to expiry for a total cost which is no more than the cost of a 12-month membership.

The QWA Management Committee envisages that this new option will suit people who would like to experience a weightlifting competition before deciding on the extent of their future involvement in the sport. Until now, for a person to try competitive weightlifting for the first time, he or she would have been required to buy a full twelve-month membership at up to \$81.00, on top of the competition entry fee. The introduction of this one-month membership for \$25, which provides AWF registration and insurance cover, can make it easier for people to try weightlifting at least once. And if, as we would hope, they enjoy the experience, they can pay the difference to purchase the rest of a full-term membership. In this case, the \$25 they've already paid becomes a part payment of the normal 12-month membership fee.

Membership periods and fees

There are three membership options:

1. **Yearly** – membership for twelve (12) consecutive months, commencing at the date of payment of the applicable fee and expiring at the same date in the following year.
2. **Monthly** – membership for one (1) month, commencing at the date of payment of the applicable fee and expiring at the same date in the following month.
3. **Upgrading from Monthly to Yearly membership.** Prior to the expiration of a Monthly membership, the member may upgrade to a Yearly membership by paying an additional fee which is \$25 less than the normal Yearly membership fee. An upgraded membership is considered to have commenced at the date of payment of the original Monthly membership fee and will expire at the same date in the following year.

Important Note: a Monthly membership can only be upgraded **BEFORE** the current period of membership expires. An application for any category of membership received after the expiration of a previous membership period will incur the full applicable fees.

All membership fees include the Australian Weightlifting Federation capitation fee.

The membership fees for competitors include a Sports Injury insurance premium.

All membership fees include GST.

Schedule of Fees

Yearly Membership

SENIOR (21 years and over) \$81.00 (competitor) or \$71.00 (non competitor)

JUNIOR (20 years and under) \$60.00 (competitor) or \$55.00 (non competitor)

YOUTH (17 years and under) \$41.00 (competitor) or \$39.00 (non competitor)

Monthly Membership

All age categories \$25.00

Upgrading from Monthly to Yearly Membership before the date of expiry

SENIOR (21 years and over) \$56.00 (competitor) or \$46.00 (non competitor)

JUNIOR (20 years and under) \$35.00 (competitor) or \$30.00 (non competitor)

YOUTH (17 years and under) \$16.00 (competitor) or \$14.00 (non competitor)

Technically Speaking

Most lifters and coaches know the competition rules that describe the difference between a Good Lift and No Lift. However, these are not the only rules that competitors need to be aware of; and a coach who fully prepares a lifter for competition will ensure that he or she also has a sound knowledge of competition procedures.

The competition rules, or Technical Rules of weightlifting, as they are known, are freely available to everyone via the International Weightlifting Federation's (IWF) website. They are not hard to understand and are not open to interpretation. And yet, some lifters arrive at competition venues seemingly unaware or confused about many of the Technical Rules of the sport in which they are about to participate.

Firstly, let's deal with what lifters should wear while competing. Changes to the Technical Rules governing the competitor's outfit in recent times seem to have caused some confusion. Currently, the following rules apply:

Athletes must wear a weightlifting costume which is clean, designed and worn so as to comply with the following criteria:

- must be one-piece
- must be collar-less
- may be of any colour
- must not cover the elbows
- must not cover the knees

A unitard may be worn under the costume. The unitard must comply with the following criteria:

- must be one-piece (full body)
- must be tight-fitting
- must be collar-less
- may cover the elbows and knees
- may be of any colour
- no pattern or design permitted

A T-shirt may be worn under the costume. The T-shirt must comply with the following criteria:

- must be collar-less
- must not cover the elbows
- may be of any colour

Shorts may be worn under or over the costume. Shorts must comply with the following criteria:

- must be tight-fitting
- must not cover the knees
- may be of any colour
- may be worn under or over the costume

Since one-piece lifting costumes can be expensive and hard to find, a two-piece costume is allowed in many QWA events. But a two-piece costume must still conform to all other regulations. An acceptable two-piece costume consists of close-fitting shorts that do not cover the knees, plus a close-fitting T-shirt that is collarless, covers the torso and does not cover the elbows.

The clothing described above is the only clothing that the rules permit competitors to wear. If an item of clothing does conform to these descriptions, then it is not permitted. For example, nowhere in the rules does it say that a competitor may wear loose-fitting shorts, or any kind of pants that cover the knees.



Next, let's look at the weigh-in. Before every competition there must be a weigh-in and the rule book describes the weigh-in procedure in detail. At the weigh-in, competitors are weighed in their underwear or naked. Those are the only options. Lifters can not elect to wear any article of clothing in addition to their underwear while being weighed, e.g. shoes, socks, T-shirts, lifting costumes, etc.

At the weigh-in competitors must nominate weights for their first attempts in the competition, i.e. their first snatch attempt and their first clean & jerk attempt. Coaches should ensure that lifters know what these weights are before they are called into the weigh-in room.

Before the start of competition, the competitors are presented to the audience. Coaches and lifters should know this and they should be prepared to pause their warm-up activities and assemble for the presentation of athletes. Lifters who continue warming-up when they should be lining-up only delay the start of the competition. A lifter may even be disqualified from the competition for failing to appear during the presentation of athletes.

And lastly... the victory ceremony. After each competition at a championship event, medals and/or other awards are presented to the category champions and runners up. Lifters should know if they have won a medal. So those lifters who will be required for the victory ceremony should remain in the warm-up room or other designated area and await further instructions from the relevant competition personnel.

It is in the best interests of all lifters to know of these regulations and procedures, as this will ensure that they can approach every competition confident in the knowledge that their progress towards the platform will not be interrupted by Technical Officials who are forced to intervene when competitors do not comply with the rules.

CLUB NEWS



Merry Christmas
Everyone & Have A
Happy New Year!

Morayfield Weightlifting Club

Morayfield Weightlifting Club is a new club in the northern suburbs of Brisbane, having started in February 2012. Training sessions were run from the Crossfit Morayfield premises in Caboolture South.

Though only being a fledgling club, we were proud to have 2 members competing in the League Round Finals in November. Congratulations to Josh and Matt.

As we slowly grow in numbers I hope all new members are enjoying learning the 'art' of weightlifting and no doubt we will see a few new faces competing in 2013.

Jenny Butler
President
Morayfield Weightlifting Club



North Brisbane Weightlifting Association

It's the festive time of the year again and the Badgers wish you all a Merry Christmas and a Happy New Year. Look forward to seeing you all back on the platform in 2013.

Please have a look at our new web page, which should be finished by the time this newsletter reaches you.

Christian is still travelling the world and spending Christmas and New Year in Germany. We look forward to having him back in 2013.

World Masters Games are once again on the calendar for a group of Honeybadgers in August 2013 in Turin, Italy, however there are a few competitions and qualifications to get to before then. This just gives us all the incentive to keep training and improving the best we can.

Our JME club competitions were almost non existent in 2012 and we are certainly hoping to increase the interest and numbers for these in 2013.

We have recently had an enquiry from a group of "throwers" who want to increase their strength and conditioning and are looking at some weightlifting coaching.

Our Christmas Competition saw the return of Lesley to the platform who took out our "Most Fearless and Ferocious Award" for hard knocks and bullet dodging as someone once put it!! Congratulations to Lesley it is great to have you back. Our other award winners were:

Encouragement Award – Norman Hanna – for the amount of pb's he had achieved in 2012.

The Belt Award – Martin Walton for his pbs and selection in League Round Final and placing 2nd.

The Perseverance Award – Thomas Van Der Pol for his consistency at training with firstly Leo, Christian, Ben, Mitch and now Andrew and his first attempt at a competition.

The Lawrie Award – Julie Davis selected by a panel of 3. Might just add how happy I was with that 29kg snatch – it flew up!!!! The 41kg clean & jerk wasn't bad either.

Thanks to Erich we now not only have some amazing Jerk Blocks, but also a new competition platform which is easily put together and stored away in the cupboard.

The Badgers are happy to announce that Andrew Cook has agreed to join our gym and do some coaching. Anyone interested can obtain Andrew's details through our new web page or the link from QWA if it's not up and running yet.

2013 will no doubt see another constructive year for us with a few changes and hopefully a few more members. We seem to be able to keep our head above water and pay the bills with the group that we have, so for the moment we just keep on doing what we are doing and enjoying the ride. JULIE DAVIS SECRETARY.

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The Queensland Weightlifting Association (QWA) strives to promote weightlifting as a healthy and enjoyable sport for all.

Through its system of clubs around the state of Queensland, Australia, the QWA provides quality coaching for beginners to elite athletes, and offers an organised program of events for men and women aged from their 'teen years through to the Masters categories.

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The QWA also offers training for coaches and officials and, as an affiliated member of the Australian Weightlifting Federation, opportunities to participate in national and international events.

