



EVENT VENUE INFORMATION



2025 QLD SENIOR AND JUNIOR CHAMPIONSHIPS



Accreditation passes are required and are supplied on arrival

[Know your zone](#)



SAUNA

A sauna will be available from 30 mins before the first weigh-in on each day of the competition.



PARKING

Please use carparks 3 and 4 of the Sleeman Sports Complex if the Cougars Parking is full – please do not park on the Ring Road as the Sleeman will issue Parking Fines!



FOOD & DRINKS

There will be a BBQ and we will be running a canteen with Tea Coffee Drinks and Cakes etc.



LOCATION

Cougars Weightlifting Club is located at the Sleeman Sports Complex (under the velodrome) Corner of Old Cleveland Rd & Tilley Rd, Chandler, Brisbane.

