

The Chartist 2025 Qld Junior & Senior Championships

8-10th August – Cougars Weightlifting Club, Chandler V3

Session	Category	Weigh-in	Start	No. of lifters
Friday 8th August				
1	F48/F53/F58/F63B	4.00-5.00pm	6.00pm	15
Saturday 9th August				
2	M60/M71/M79B	6.00-7.00am	8.00am	14
3	F63A	9.00-10.00am	11.00am	16
4	M79A/M88B	11.30-12.30pm	1.30pm	14
5	F69	2.30-3.30pm	4.30pm	13
6	M88A	5.00-6.00pm	7.00pm	16
Sunday 10th August				
7	F77B	6.00-7.00am	8.00am	9
8	M94	8.00-9.00am	10.00am	6
9	F77A	10.00-11.00am	12.00pm	10
10	F86/F86+	12.00-1.00pm	2.00pm	14
11	M110/M110+	2.30-3.30pm	4.30pm	13

	FRIDAY		Junior	Senior	Entry	Cat.	Club	Coach
	Session 1							
	Weigh-in 4.00-5.00pm	Start 6.00pm						
400	Poppy Forrest	2009	Y	Y	106	F48	North Brisbane	Christian Hopper
38	Lok Yee Lam	1988		Y	100	F53	Burleigh Barbell Club	Callum Hannay
170	Kathleen Byrne	1998		Y	136	F53	Mettle Barbell Club	Alasdair Macdonald
231	Mahalia Davidson	2009	y	y	102	F53	Bribie Island	Jade Sharp
263	Dash Newington	1984		Y	124	F53	Cougars Weightlifting Club	Miles Wydall
32	Chloe Perkins	2006	y	Y	165	F58	Cougars	Angela Wydall

72	Natalie Marshall	1985		Y	145	F58	Noosa Barbell Club	Eugene Te Manu Marsh
80	Jaida Oliver	2009	y	Y	125	F58	Toowoomba	Gregory Hobl
102	Kayla Miller-Gorce	1999		Y	180	F58	Burleigh Barbell Club	Callum Hannay
9	Violet Edwards	1998		Y	115	F63	-	
12	Sophie Carozza	1998		Y	125	F63	Crucible Weightlifting	Liam Janse Van Rensburg
148	Emma Colombus	1985		y	128	F63	Body Express Barbell	Iain Blacow
156	Hayley Larter	1998		Y	109	F63	Dux Weightlifting Club	Rhian Roussos
207	Emily Heuer	1999		y	128	F63	mettle Barbell Club	Alasdair Macdonald
215	Lucie Macdonald	1982		Y	115	F63	Body Express Barbell	Iain Blacow
	SATURDAY							
	Session 2							
	Weigh-in 6.00-7.00am	Start 8.00am						
272	David Futo	1993		Y	140	M60	Milton	Aldous Mccarthy
301	Thomas Mckay	2008	y	Y	163	M60	Toowoomba	Gregory Hobl
43	Mitchell Yeo	2002		Y	153	M71	Cougars	Scott Robinson
52	Joel Crookall	2008	y	Y	169	M71	North Brisbane	NONE
59	Louis Feakes	1996		y	188	M71	North Brisbane	Christian Hopper
71	Tyson Eaborn	2009	y	Y	170	M71	Cougars	Miles Wydall
89	Eli Frew	2003	N	N	90	M71	Noosa Barbell Club	Eugene Te Manu Marsh

167	Cooper Lydement	2007	y	y	160	M71	Barbell 4017	Matthew Lydement
26	Kuai In Ng	1996		Y	165	M79	Cougars	Miles Wydall
35	Jordan Loughlin	1998		y	163	M79	Sunshine Coast	Barry Harden
93	Ulrich Smit	1998		Y	195	M79	North Brisbane	Christian Hopper
186	Kase Dowd	2009	y	N	145	M79	Noosa Barbell Club	Eugene Te Manu Marsh
236	Steven Rusman	1988		Y	176	M79	Crucible	Liam Janse Van Rensburg
283	Benjamin Winkless	2002		Y	190	M79	Milton	Jacqueline Nichele
	Session 3							
	Weigh-in 9.00-10.00am	Start 11.00am						
16	Lauryn Bromhead	2003		Y	155	F63	Burleigh Barbell Club	Callum Hannay
21	Kate Lindsay	1993		Y	156	F63	Toowoomba	NONE
37	Piper Mcorley	2002		Y	138	F63	North Brisbane	Coral Quinell
48	Marika Danaher	2001		Y	145	F63	North Brisbane	Coral Quinell
61	Yasmin Aziz	2008	y	Y	175	F63	Cougars	Scott Robinson
97	Georgia Sadler	2008	y	Y	142	F63	North Brisbane	Coral Quinell
101	Kaysie Florance	1993		Y	133	F63	United Barbell	Michael Murphy
132	Nicole Boutsikakis	2001		Y	145	F63	Noosa Barbell Club	Eugene Te Manu Marsh
144	Briony Challis	2000		Y	160	F63	Cougars	Miles Wydall
149	Kristy Bloomfield	1998		Y	125	F63	Fortify	Jackson Solofa
199	Dani O'neil	1995		Y	142	F63	Cougars	Angela Wydall

211	Courtney Haley	1994		Y	150	F63	---	Liam Janse Van Rensburg
226	Shanyn Andersen	1998		y	135	F63	Mettle Barbell Club	Alasdair Macdonald
232	Chloe Saliba	2006	y	Y	175	F63	Sunshine Coast	Barry Harden
233	Hailinn Diola	1993		Y	165	F63	Fortify Weightlifting	Jackson Solofa
278	Erika Yamasaki	1987		Y	145	F63	Cougars	NONE
	Session 4							
	Weigh-in 11.30-12.30pm	Start 1.30pm						
33	Samuel Honeywood	2008	y	Y	236	M79	North Brisbane	Coral Quinell
44	Chris Chung	1994		y	215	M79	Body Express	
57	Alec Clark	1999		Y	227	M79	Mettle Barbell Club	Alasdair Macdonald
82	Tristan Gibson	1999		y	225	M79	Fortify Weightlifting	Jonathan Willey
139	Zack Hansen	1995		Y	208	M79	United Barbell	Michael Murphy
146	Cesar Oyola	1991		Y	221	M79	Burleigh Barbell	Callum Hannay
160	Brandon Wakeling	1994		Y	240	M79	Cougars	Miles Wydall
187	Kaleb Secher-Jorgensen	2002		Y	180	M79	Cougars	Angela Wydall
194	Ryley Porter	1995		y	280	M79	Cougars	Miles Wydall
241	Jaz Day	1999		y	205	M79	Mettle Barbell Club	Alasdair Macdonald
99	Jesse Saliba	2009	y	Y	185	M88	Sunshine Coast	Barry Harden
134	Mitch Grieve	1995		Y	186	M88	Burleigh Barbell Club	Callum Hannay

212	Cooper Ward	2009	y	Y	190	M88	Noosa Barbell Club	Eugene Te Manu Marsh
246	Samuel Saxby	1989		Y	180	M88	---	Liam Janse Van Rensburg
	Session 5							
	Weigh-in 2.30-3.30pm	Start 4.30pm						
8	Penny Tudberry	1981		Y	155	F69	Dungeon Barbell	Miles Wydall
10	Amelia Simkin	2008	y	Y	120	F69	Thunder Barbell	Bryce Knight
65	Saige Groves	2008	y	Y	167	F69	Cougars	Miles Wydall
68	Mele Hawthorne	1993		Y	161	F69	AKWL Gold Coast	Adrienne Karniewicz
70	Angelina Deal	1987		Y	130	F69	Burleigh Barbell Club	Callum Hannay
78	Isabelle Farthing	2005	y	Y	130	F69	AKWL Gold Coast	Adrienne Karniewicz
179	Nya Hayman	2005	y	Y	205	F69	Cougars	Miles Wydall
259	Emmanuela Romano	1998		Y	130	F69	Cougars	Miles Wydall
260	Anna Wishnowsky	1994		Y	148	F69	North Brisbane	Brandon Accardi
281	Sadie Hayman	2010	y	N	101	F69	Cougars	Miles Wydall
289	Sarah Huddleston	1996		Y	124	F69	Dux Weightlifting	Rhian Roussos
294	Georgia Macdonald	2001		Y	126	F69	Body Express Barbell	Iain Blacow
298	Rachel Morrisson	1995		Y	157	F69	Burleigh Barbell Club	Callum Hannay
	Session 6							
	Weigh-in 5.00-6.00pm	Start 7.00pm						
36	Alasdair Macdonald	1992		Y	235	M88	Mettle Barbell Club	NONE

58	Alexander Isaac	1993		Y	220	M88	North Brisbane	Lionel Isaac
73	Luke Fraser	2002		Y	200	M88	Cougars	Angela Wydall
79	Alex Davison	2005	y	Y	230	M88	Cougars	Miles Wydall
87	Levi Davidson	2008	y	y	226	M88	Bribie Island	Jade Sharp
103	Michael Nides	2002		Y	250	M88	---	Regan Hams
113	Levi Fredericks	1999		Y	240	M88	Body Express Barbell	NONE
130	Tait Stuart	2005	y	Y	193	M88	Toowoomba	Gregory Hobl
213	Stuart Ng	1997		Y	220	M88	Milton Weightlifting	Jonathan Willey
219	Carl Groth	1987		Y	215	M88	Cougars	Scott Robinson
244	Michael Murphy	1982		Y	215	M88	United Barbell	Michael Murphy
257	Bryce Knight	1989		Y	220	M88	Thunder Barbell	Rebecca Jakubovsk y
262	Joshua Swanepoel	2003		Y	255	M88	Cougars	Angela Wydall
274	Justin Connor	1985		Y	240	M88	Burleigh Barbell Club	NONE
276	Samuel Cartwright	2004		Y	195	M88	Cougars	Angela Wydall
300	Jack Gibson	2004		Y	250	M88	Cougars	Miles Wydall
	SUNDAY							
	Session 7							
	Weigh-in 6.00-7.00am	Start 8.00am						
14	Sally Reynolds	1988		Y	125	F77	Thunder Barbell	Bryce Knight
47	Taylah Smith	2004		Y	120	F77	Dungeon Barbell c.	James Mildren
129	Katie Wollstein	1998		Y	128	F77	Toowoomba	NONE
136	Olivia Forrest	1991		Y	122	F77	Northwest Powerhouse	Telia Kaye Tonkin

180	Madison Boysen-Roberts	1999		Y	119	F77	Cougars	Miles Wydall
195	Brooke Camden	1997		Y	136	F77	Dux Weightlifting Club	Rhian Roussos
243	Gabby Mast	1995		y	130	F77	Sunshine coast	Barry Harden
251	Isobel Ryan	2001		Y	130	F77	Thunder Barbell	Bryce Knight
295	Mikala Ferguson	1995		Y	130	F77	Cougars	Scott Robinson
	Session 8							
	Weigh-in 8.00-9.00am	Start 10.00am						
7	Scott Freeman	1990		Y	200	M94	Burleigh Barbell	NONE
75	Lance Dolan	1999		Y	185	M94	Burleigh Barbell	Callum Hannay
91	Blayze Sherry	1991		y	269	M94	North Brisbane	Christian Hopper
107	Samuel Dickman	1999		y	250	M94	Milton Weightlifting	Jonathan Willey
268	Callum Simmons	1999		y	200	M94	Fortify Weightlifting	Tristan Gibson
273	Ahrie Jerred	2000		Y	280	M94	Milton Weightlifting	NONE
	Session 9							
	Weigh-in 10.00-11.00am	Start 12.00pm						
1	Olivia Kelly	1993		Y	210	F77	Fortify Weightlifting	Jackson Solofa
13	Tandia Wood	1997		Y	140	F77	Cougars	Miles Wydall
25	Georgia Brown	1999		Y	140	F77	Cougars	Miles Wydall
118	Lydia Olsen	1997		Y	178	F77	Cougars	
122	Kimberly Dunn	2005	y	Y	180	F77	AKWL Gold Coast	Adrienne Karniewicz
151	Ciera Stafford	1999		Y	140	F77	Cougars	Angela Wydall

164	Julie-Anne Redpath	1996		Y	170	F77	Cougars	Miles Wydall
196	Kaiya Ngahina Marsh	2006	y	Y	153	F77	Noosa Barbell Club	Eugene Te Manu Marsh
252	Grace Tucker	1997		Y	140	F77	Bribie Island	Jade Sharp
296	Bronte Maund	2000		Y	170	F77	AKWL Gold Coast	Adrienne Karniewicz
	Session 10							
	Weigh-in 12.00-1.00pm	Start 2.00pm						
171	Laura Hando	1992		Y	127	F86	North Brisbane	Christian Hopper
181	Ella Naidoo-Golledge	2003		Y	165	F86	Burleigh Barbell Club	Callum Hannay
189	Maria Divina	1995		Y	149	F86	AKWL Gold Coast	NONE
205	Vivita Lee	1999		Y	180	F86	Cougars	Miles Wydall
271	Sharntahlia Ale	1999		Y	168	F86	Body Express Barbell	Iain Blacow
292	Kelsey Francis	2002		Y	170	F86	Toowoomba	Gregory Hobl
5	Charlene Tavai	1987		y	145	F86+	Southside Weightlifting	Tise Aaifou
28	Rachelle Young	1979		Y	131	F86+	United Barbell	Michael Murphy
46	Tori Burfield	1988		Y	131	F86+	Rebels Weightlifting	Fraser Harrison
55	Barbara Mckellar	1980		Y	120	F86+	Thunder Barbell	Bryce Knight
152	Luiza Sartori	1998		Y	155	F86+	Burleigh Barbell	Luke Gardner
161	Hinerangi Tuheke	2002		Y	165	F86+	Body Express Barbell	Iain Blacow
247	Lilliana Kendall	2006	y	N	127	F86+	Stay True Weightlifting	Jemma Cowper
401	Tise Aaifou	1987		Y	160	F86+	Southside	

	Session 11							
	Weigh-in 2.30-3.30pm	Start 4.30pm						
17	Taj Marsh	2004		Y	320	M110	Noosa Barbell Club	Eugene Te Manu Marsh
77	Saraswat Basu	1999		Y	215	M110	Milton Weightliftin g	Brandon Wakeling
81	Denis Kaiser	1988		Y	218	M110	Cougars	Scott Robinson
126	Jett Levi	2001		Y	250	M110	---	NONE
188	Ridge Barredo	1995		Y	310	M110	---	Michael Pang
291	Tyler Woolfe	1999		y	271	M110	Mettle Barbell Club	
34	Jakob Daniels	1995		Y	260	M110 +	Sunshine Coast	Barry Harden
64	Hilton Im	2007	y	Y	180	M110 +	Cougars	Miles Wydall
98	Justin Masima	1998		y	200	M110 +	Cougars	Scott Robinson
115	Thomas Sili	1996		Y	240	M110 +	Fortify Weightliftin g	Jackson Solofa
138	Jesse Watts	1994		Y	200	M110 +	Fortify Weightliftin g	Jackson Solofa
177	Sotiri Karageorgio u	1990		y	250	M110 +	Cougars	Miles Wydall
225	Tyler Tavalea	1993		Y	250	M110 +	Mettle Barbell Club	Alasdair Macdonald

Competition Regulations and Information

all athletes must wear a **one-piece lifting suit**

photo ID is required in weigh-in; along with any other supporting documentation in the case of differences between athlete entered name and photo ID name

starting weights must be submitted at time of weigh-in

20kg rule will be in play

All competitors **MUST wear a one-piece lifting suit that cover the trunk** and does not cover the elbows. Please do not wear a Queensland or Australian lifting suit unless you have represented Qld or Aus. There are some generic black suits available in the QWA Shop if you need to purchase one. Note there is no additional incoming stock before the event.

COMPETITORS MAY ALSO WEAR:

A collarless T shirt under a one-piece liftingsuit

Close-fitting pants under a one-piece liftingsuit

A full body, one-piece unitard under a one-piece lifting suit

The top of a unitard that covers the elbows under a one-piece lifting suit / or just the bottoms on their own under a one-piece lifting suit

COMPETITORS CAN NOT WEAR:

Loose fitting clothing

Anything that covers the elbows (apart from a unitard)

Shirts with collars

Any clothing that displays words, slogans, or images **other than** brand trademarks and/or weightlifting club / team names or logos

Lifting belts wider than 120mm

As the majority of weigh-ins have been staffed by females we ask that athletes weigh-in in their lifting suit **worn with straps over shoulders.**

AWARDS:

Medals for 1st, 2nd & 3rd place in all bodyweight categories Junior and Senior.

Best lifter Plaques: Best Female lifter Junior & Senior; Best Male lifter Junior & Senior (calculated using Sinclair)

Most Improved Lifter Award trophies: Most Improved Female lifter Junior & Senior; Most Improved Male lifter Junior & Senior (calculated using the Forbes formula)

\$200 prize money provided by **The Chartist** – naming rights sponsor of the event for each **Senior** bodyweight category champion male and female.

At the event we are continuing to trial the **new zone and lanyard system**. This system ensures member protection, child safeguarding, and a seamless event experience. Color-coded lanyards designate specific roles, maintaining secure zones for athletes, ensuring children's safety, and enabling officials to perform without disruption. We ask spectators, officials, coaches and athletes for your full and committed participation in this trial. Where required, please wear your lanyards visibly and only access your designated zones. For questions or concerns about the trial, please contact Fraser Harrison.

Exemptions:

Celeste Van Coeverden
James Norman
Ryven Ewing
Sienna Lambert
Poppy Priestley
Atticus Manz
Darcy Kay
Cameron Maher
Lily Strange
Bec Akdemir
Stefanie Clinton
Brayden Williams
Ebony Gorincu
Jayda Williams
Kevin Tam