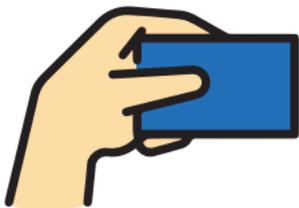




# PASSPORT



[www.qwa.org](http://www.qwa.org)



All adult volunteers must hold a valid blue card.  
To apply, scan the QR code.



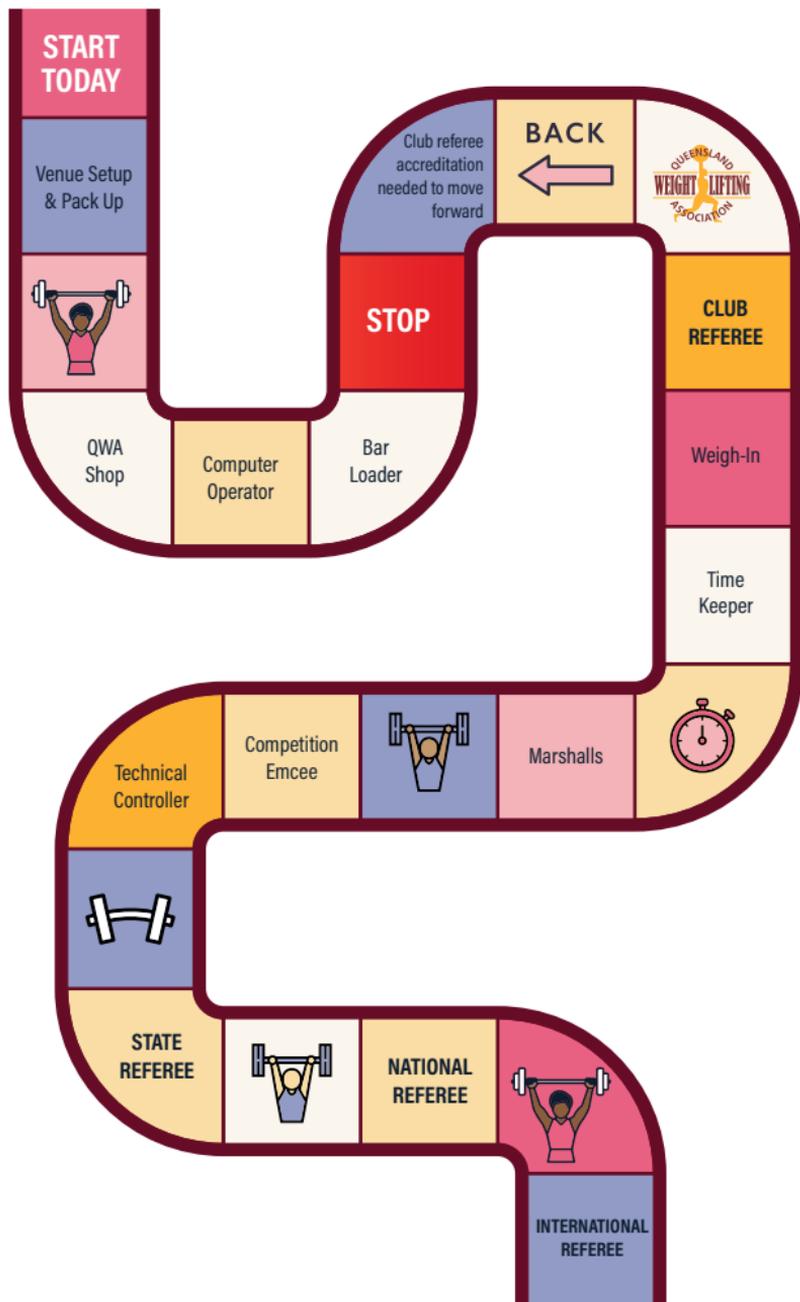
# WELCOME

Welcome aboard the journey to becoming an official Queensland Weightlifting Volunteer – or as we like to say, an “Oly Voly”!

The QWA Oly Voly Passport is your go-to guide and record keeper. It’s designed to introduce you to the variety of volunteer roles available, provide key information about each one, and track your training and experience as you grow in your volunteering journey.

## How-to use this passport:

- 1** Read each role description and ensure you qualify
- 2** Register to fill that role at your next comp
- 3** After fulfilling that role, have the club sign and date your attendance
- 4** Take photo of sign-off and email to [qwa@qwa.org](mailto:qwa@qwa.org) for your attendance to be officially registered.



# QWA SHOP



## SKILL LEVEL



A shop assistant at weightlifting events in Queensland supports the sales and retail operations at the competition venue. They help manage merchandise stands, sell event-related items (such as apparel, equipment and souvenirs), and provide friendly, efficient service to athletes, spectators, and other attendees.

- Retail Sales and Customer Service
- Merchandise Setup and Presentation
- Inventory Management
- Support Event Branding and Promotions
- Customer Interaction and Representation
- Adhere to Health and Safety Standards



T.O. Name: \_\_\_\_\_

Event: \_\_\_\_\_

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# COMPUTER OPERATOR

## SKILL LEVEL



### Role Description

A computer operator in an weightlifting competition is responsible for managing and operating the competition management software and display systems that track athlete performance, control timing, and update scoring in real-time. They work closely with referees, technical officials, and the competition secretariat to ensure accurate data entry and communication.

### Key Responsibilities

- Enter lift attempts, results (good lift / no lift), and progression data as per referee decisions.
- Ensure the correct display of lifters' names, countries, weight attempts, and results on the public scoreboard and timing screens
- Update barbell weight changes and attempts immediately to inform technical staff.
- Coordinate with the speaker/announcer to ensure timely athlete introductions and attempt announcements.



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# BAR LOADER

## SKILL LEVEL



### Role Description

A bar loader is responsible for loading and unloading weight plates on the barbell during weightlifting competitions. They work as part of a team on the competition platform and must be precise, fast, and aware of competition rules to maintain a smooth flow of the event.

Bar loaders need to have enough strength to be able to lift up to 25kgs.

### Key Responsibilities

- Accurately add or remove weight plates to match the declared attempt of each lifter.
- Ensure that collars (or clips) are tightly secured after every load to prevent plate movement.
- Ensure correct plate order and orientation according to international or national competition standards.
- Work quickly between attempts to keep the competition on schedule.
- Monitor the platform for hazards and ensure a safe environment for lifters and officials.
- Wipe or clean the bar and platform if needed (e.g., due to chalk, sweat, or blood).
- Follow instructions from the Technical Controller and coordinate with the referees and announcers.



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All volunteering roles beyond this page must have a qualification of “Club Referee” as a minimum standard.

To apply to hold a Club Referee accreditation,  
please go here (insert link)  
or scan QR code for more information.



# TIME KEEPER

## SKILL LEVEL



### Role Description

The timekeeper at Australian weightlifting competitions is responsible for managing the official timing of each athlete's attempt during the competition. This role is vital to ensuring that the event runs smoothly, fairly, and according to the rules established by the International Weightlifting Federation (IWF) and the Australian Weightlifting Federation (AWF).

### Key Responsibilities

- Manage Attempt Timing
- Monitor Platform Activity
- Communicate with Technical Officials
- Ensure Rule Compliance
- Operate Timing Equipment
- Maintain Focus and Precision
- Assist in Competition Flow



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# MARSHALL

## SKILL LEVEL

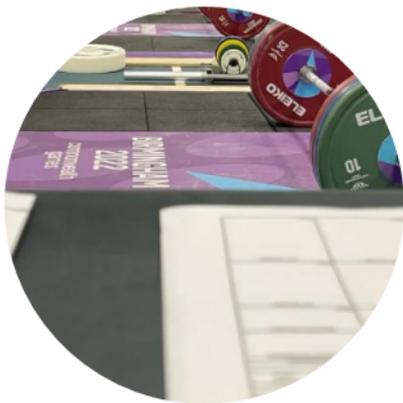


### Role Description

The Marshal plays a central role in the organization and flow of an weightlifting competition by managing athlete declarations and coordinating the order of attempts. Operating behind the scenes but crucial to the smooth execution of the event, the marshal acts as the primary liaison between the athletes/coaches and the competition officials.

### Key Responsibilities

- Manage Athlete Declarations
- Coordinate Attempt Order
- Liaise with Coaches and Athletes
- Apply Competition Rules
- Maintain Accurate Records
- Ensure Smooth Competition Flow
- Support Jury and Technical Officials



T.O. Name: \_\_\_\_\_

Event: \_\_\_\_\_

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# COMPETITION ANNOUNCER



## SKILL LEVEL



### Role Description

The Competition Announcer is the public voice of an weightlifting event, responsible for engaging the audience, presenting athletes, and conveying official information throughout the competition. Blending professionalism with energy, the emcee enhances the spectator experience while ensuring that all announcements align with the rules and expectations of the Australian Weightlifting Federation (AWF) and the International Weightlifting Federation (IWF).

### Key Responsibilities

- Announce Athletes and Attempts
- Provide Timely Competition Updates
- Coordinate with Technical Officials
- Enhance Audience Engagement
- Maintain Professionalism and Fairness
- Deliver Formal Announcements
- Support Event Protocols



T.O. Name: \_\_\_\_\_

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# TECHNICAL CONTROLLER

## SKILL LEVEL



### Role Description

The Technical Controller is a senior official responsible for ensuring that the technical aspects of a weightlifting competition are conducted in strict accordance with the rules and standards set by the International Weightlifting Federation (IWF) and the Australian Weightlifting Federation (AWF). Acting as a key liaison between the field of play and competition officials, the Technical Controller oversees athlete readiness, equipment compliance, and the overall technical flow of the session.

### Key Responsibilities

- Ensure Athlete and Equipment Readiness
- Control Access to the Competition Platform
- Monitor Timing and Platform Flow
- Apply and Enforce Technical Rules
- Coordinate with Other Officials
- Supervise Warm-Up Area
- Assist with Emergencies or Protests



T.O. Name: \_\_\_\_\_

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# CLUB REFEREE



## ELIGIBILITY PROCESS

To become a QWA Club Referee, please complete our online course.  
[www.qwa.org/volunteer](http://www.qwa.org/volunteer)

### Role Description

A club-level weightlifting referee is responsible for overseeing and officiating local competitions. They ensure that athletes perform lifts according to technical rules, monitor adherence to competition protocol, and contribute to the smooth operation of the event. This position serves as an entry-level certification and stepping stone toward higher levels of officiating.

### Key Responsibilities

- Enforcing and ensuring the technical and procedural of weightlifting competition rules
- Lift Judging
- Pre-Competition Checks
- Monitor athlete conduct and enforce safety standards
- Communication with other referees and event staff
- Continuous learning by staying current with updates to weightlifting rules and standards.



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# STATE REFEREE

## ELIGIBILITY PROCESS

For a Club Referee to be eligible to progress to the level of State Referee, they must have officiated at a minimum of 5 Club or State level events in the past 2 years.

### Role Description

A State Referee is a certified technical official responsible for judging the validity of lifts during weightlifting competitions. Operating under the technical rules of the International Weightlifting Federation (IWF), the referee ensures each attempt is judged fairly and accurately, helping maintain the integrity of the sport. State Referees typically officiate at local and state-level events and may support national competitions depending on their accreditation and experience.

### Key Responsibilities

- Judge the Validity of Lifts
- Adhere to IWF/AWF Rules
- Work as Part of the Referee Team
- Participate in Equipment and Attire Checks
- Monitor Attempt Timings
- Support Competition Integrity
- Assist with Protocol and Procedures





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# NATIONAL REFEREE

## ELIGIBILITY PROCESS

For a State Referee to be eligible to progress to the level of National Referee, they must have officiated at a minimum of 10 events, which may include any number of Club, State and National events as well as other Technical Official roles, in the past 2 years.

### Role Description

A National Level Referee is an experienced and highly qualified technical official responsible for judging weightlifting competitions at the highest national level in Australia. The National Referee ensures that lifts are judged accurately, fairly, and consistently across all major domestic competitions and often assists in international events held in Australia.

### Key Responsibilities

- Make Accurate Judgments on Lifts
- Uphold IWF and AWF Rules
- Lead and Collaborate with the Referee Panel
- Assist in Equipment and Athlete Compliance Checks
- Manage Competition Flow and Fairness
- Contribute to Officiating Standards and Development
- Support Event Procedures





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# INTERNATIONAL REFEREE

## ELIGIBILITY PROCESS

Please see next page.

### Role Description

An International Referee is a highly experienced and elite technical official accredited by the International Weightlifting Federation (IWF), authorised to officiate at international, continental, and major national weightlifting competitions worldwide, including events hosted in Australia. This referee is responsible for applying the highest standards of technical judgment, fairness, and consistency in accordance with IWF rules, contributing to the global integrity of the sport.

### Key Responsibilities

- Make Expert Judgments on Lifts
- Enforce International Competition Standards
- Lead the Referee Team
- Contribute to Rule Interpretation and Development
- Uphold the Integrity of the Sport
- Support Event Management
- Represent the IWF and AWF
- Promote and safeguard the reputation of the sport at world championships, Olympic Games, and other major events.

# INTERNATIONAL REFEREE ELIGIBILITY PROCESS



## How to become an International Referee

Having held the qualification of National Referee a referee must, as a minimum, have satisfactorily fulfilled the following roles within the previous 5 years:

- Referee at three (3) State events
- Referee at two (2) National events
- Technical Controller at two (2) National Events
- Timekeeper at two (2) National Events
- Marshal at two (2) National Events
- Timekeeper at two (2) State Championship Events
- Have been an active Technical Official within the AWF National and State competition program for a minimum of five years
- Undertake and pass the written examination prescribed by the International Weightlifting Federation
- Undertake and pass the practical examination prescribed by the International Weightlifting Federation



# RESOURCES

## **Queensland Weightlifting Association**

Deb Keelan - Operations Manager  
[office@qwa.org](mailto:office@qwa.org)

## **Technical Official On-Line Course**

[www.awf.com.au/education/technical-officials/enrolment](http://www.awf.com.au/education/technical-officials/enrolment)

## **Technical Official Handbook**

[https://www.qwa.org/wp-includes/docs/qwa\\_technicalofficialsguidebook\\_april2019.pdf](https://www.qwa.org/wp-includes/docs/qwa_technicalofficialsguidebook_april2019.pdf)

## **Blue Card Application**

<https://my.bluecard.qld.gov.au/login>

## **Sport Integrity Australia**

[www.sportintegrity.gov.au](http://www.sportintegrity.gov.au)





## TAKING PHOTO & VIDEOS?

### ASK BEFORE

Ask before taking the photo or video (even if it's your child). Are they comfortable having their image taken? If they aren't, it's probably best to put the phone or camera away.

Ask before sharing photos of people and respect their decision. It's that simple! If they say they're uncomfortable with a photo or video being shared, then respect their decision.

### CONSENT IS ONGOING

If someone asks you to remove an image or video of them (even if they initially allowed it), do it.

Respect the choices and decisions people make about their personal privacy.

Once you post or share something, you can lose control of the content. This can have devastating consequences or impact the mental health of people who may not have wanted the image to be shared in the first place.

**Photography and Filming of  
Children and Young People in Sport.  
Scan QR code for more info.**



If you would like to make a complaint, please email [office@qwa.org](mailto:office@qwa.org)  
All reports are taken seriously. All complainants are protected under member protection policies.



[www.qwa.org](http://www.qwa.org)