

Loading Charts

Note: IWF Rules permit the small 1kg increment discs to be loaded outside the collar.

MENS LOADING CHART

20	BAR				
21	BAR	0.5			
22	BAR	1			
23	BAR	1.5			
24	BAR	2			
25	BAR	COLLAR			
26	BAR	COLLAR	0.5		
27	BAR	COLLAR	1		
28	BAR	COLLAR	1.5		
29	BAR	COLLAR	2		
30	BAR	2.5	COLLAR		
31	BAR	2.5	COLLAR	0.5	
32	BAR	2.5	COLLAR	1	
33	BAR	2.5	COLLAR	1.5	
34	BAR	2.5	COLLAR	2	
35	BAR	5	COLLAR		
36	BAR	5	COLLAR	0.5	
37	BAR	5	COLLAR	1	
38	BAR	5	COLLAR	1.5	
39	BAR	5	COLLAR	2	
40	BAR	5	2.5	COLLAR	
41	BAR	5	2.5	COLLAR	0.5
42	BAR	5	2.5	COLLAR	1
43	BAR	5	2.5	COLLAR	1.5
44	BAR	5	2.5	COLLAR	2
45	BAR	10	COLLAR		
46	BAR	10	COLLAR	0.5	
47	BAR	10	COLLAR	1	
48	BAR	10	COLLAR	1.5	
49	BAR	10	COLLAR	2	
50	BAR	10	2.5	COLLAR	
51	BAR	10	2.5	COLLAR	0.5
52	BAR	10	2.5	COLLAR	1
53	BAR	10	2.5	COLLAR	1.5
54	BAR	10	2.5	COLLAR	2
55	BAR	15	COLLAR		
56	BAR	15	COLLAR	0.5	
57	BAR	15	COLLAR	1	
58	BAR	15	COLLAR	1.5	
59	BAR	15	COLLAR	2	
60	BAR	15	2.5	COLLAR	
61	BAR	15	2.5	COLLAR	0.5
62	BAR	15	2.5	COLLAR	1
63	BAR	15	2.5	COLLAR	1.5
64	BAR	15	2.5	COLLAR	2
65	BAR	20	COLLAR		
66	BAR	20	COLLAR	0.5	
67	BAR	20	COLLAR	1	
68	BAR	20	COLLAR	1.5	
69	BAR	20	COLLAR	2	

70	BAR	20	2.5	COLLAR		
71	BAR	20	2.5	COLLAR	0.5	
72	BAR	20	2.5	COLLAR	1	
73	BAR	20	2.5	COLLAR	1.5	
74	BAR	20	2.5	COLLAR	2	
75	BAR	25		COLLAR		
76	BAR	25		COLLAR	0.5	
77	BAR	25		COLLAR	1	
78	BAR	25		COLLAR	1.5	
79	BAR	25		COLLAR	2	
80	BAR	25	2.5	COLLAR		
81	BAR	25	2.5	COLLAR	0.5	
82	BAR	25	2.5	COLLAR	1	
83	BAR	25	2.5	COLLAR	1.5	
84	BAR	25	2.5	COLLAR	2	
85	BAR	25	5	COLLAR		
86	BAR	25	5	COLLAR	0.5	
87	BAR	25	5	COLLAR	1	
88	BAR	25	5	COLLAR	1.5	
89	BAR	25	5	COLLAR	2	
90	BAR	25	5	2.5	COLLAR	
91	BAR	25	5	2.5	COLLAR	0.5
92	BAR	25	5	2.5	COLLAR	1
93	BAR	25	5	2.5	COLLAR	1.5
94	BAR	25	5	2.5	COLLAR	2
95	BAR	25	10	COLLAR		
96	BAR	25	10	COLLAR	0.5	
97	BAR	25	10	COLLAR	1	
98	BAR	25	10	COLLAR	1.5	
99	BAR	25	10	COLLAR	2	
100	BAR	25	10	2.5	COLLAR	
101	BAR	25	10	2.5	COLLAR	0.5
102	BAR	25	10	2.5	COLLAR	1
103	BAR	25	10	2.5	COLLAR	1.5
104	BAR	25	10	2.5	COLLAR	2
105	BAR	25	15	COLLAR		
106	BAR	25	15	COLLAR	0.5	
107	BAR	25	15	COLLAR	1	
108	BAR	25	15	COLLAR	1.5	
109	BAR	25	15	COLLAR	2	
110	BAR	25	15	2.5	COLLAR	
111	BAR	25	15	2.5	COLLAR	0.5
112	BAR	25	15	2.5	COLLAR	1
113	BAR	25	15	2.5	COLLAR	1.5
114	BAR	25	15	2.5	COLLAR	2
115	BAR	25	20	COLLAR		
116	BAR	25	20	COLLAR	0.5	
117	BAR	25	20	COLLAR	1	
118	BAR	25	20	COLLAR	1.5	
119	BAR	25	20	COLLAR	2	
120	BAR	25	20	2.5	COLLAR	
121	BAR	25	20	2.5	COLLAR	0.5
122	BAR	25	20	2.5	COLLAR	1
123	BAR	25	20	2.5	COLLAR	1.5
124	BAR	25	20	2.5	COLLAR	2

125	BAR	25	25	COLLAR			
126	BAR	25	25	COLLAR	0.5		
127	BAR	25	25	COLLAR	1		
128	BAR	25	25	COLLAR	1.5		
129	BAR	25	25	COLLAR	2		
130	BAR	25	25	2.5	COLLAR		
131	BAR	25	25	2.5	COLLAR	0.5	
132	BAR	25	25	2.5	COLLAR	1	
133	BAR	25	25	2.5	COLLAR	1.5	
134	BAR	25	25	2.5	COLLAR	2	
135	BAR	25	25	5	COLLAR		
136	BAR	25	25	5	COLLAR	0.5	
137	BAR	25	25	5	COLLAR	1	
138	BAR	25	25	5	COLLAR	1.5	
139	BAR	25	25	5	COLLAR	2	
140	BAR	25	25	5	2.5	COLLAR	
141	BAR	25	25	5	2.5	COLLAR	0.5
142	BAR	25	25	5	2.5	COLLAR	1
143	BAR	25	25	5	2.5	COLLAR	1.5
144	BAR	25	25	5	2.5	COLLAR	2
145	BAR	25	25	10	COLLAR		
146	BAR	25	25	10	COLLAR	0.5	
147	BAR	25	25	10	COLLAR	1	
148	BAR	25	25	10	COLLAR	1.5	
149	BAR	25	25	10	COLLAR	2	
150	BAR	25	25	10	2.5	COLLAR	
151	BAR	25	25	10	2.5	COLLAR	0.5
152	BAR	25	25	10	2.5	COLLAR	1
153	BAR	25	25	10	2.5	COLLAR	1.5
154	BAR	25	25	10	2.5	COLLAR	2
155	BAR	25	25	15	COLLAR		
156	BAR	25	25	15	COLLAR	0.5	
157	BAR	25	25	15	COLLAR	1	
158	BAR	25	25	15	COLLAR	1.5	
159	BAR	25	25	15	COLLAR	2	
160	BAR	25	25	15	2.5	COLLAR	
161	BAR	25	25	15	2.5	COLLAR	0.5
162	BAR	25	25	15	2.5	COLLAR	1
163	BAR	25	25	15	2.5	COLLAR	1.5
164	BAR	25	25	15	2.5	COLLAR	2
165	BAR	25	25	20	COLLAR		
166	BAR	25	25	20	COLLAR	0.5	
167	BAR	25	25	20	COLLAR	1	
168	BAR	25	25	20	COLLAR	1.5	
169	BAR	25	25	20	COLLAR	2	
170	BAR	25	25	20	2.5	COLLAR	
171	BAR	25	25	20	2.5	COLLAR	0.5
172	BAR	25	25	20	2.5	COLLAR	1
173	BAR	25	25	20	2.5	COLLAR	1.5
174	BAR	25	25	20	2.5	COLLAR	2
175	BAR	25	25	25	COLLAR		
176	BAR	25	25	25	COLLAR	0.5	
177	BAR	25	25	25	COLLAR	1	
178	BAR	25	25	25	COLLAR	1.5	
179	BAR	25	25	25	COLLAR	2	

180	BAR	25	25	25	2.5	COLLAR		
181	BAR	25	25	25	2.5	COLLAR	0.5	
182	BAR	25	25	25	2.5	COLLAR	1	
183	BAR	25	25	25	2.5	COLLAR	1.5	
184	BAR	25	25	25	2.5	COLLAR	2	
185	BAR	25	25	25	5	COLLAR		
186	BAR	25	25	25	5	COLLAR	0.5	
187	BAR	25	25	25	5	COLLAR	1	
188	BAR	25	25	25	5	COLLAR	1.5	
189	BAR	25	25	25	5	COLLAR	2	
190	BAR	25	25	25	5	2.5	COLLAR	
191	BAR	25	25	25	5	2.5	COLLAR	0.5
192	BAR	25	25	25	5	2.5	COLLAR	1
193	BAR	25	25	25	5	2.5	COLLAR	1.5
194	BAR	25	25	25	5	2.5	COLLAR	2
195	BAR	25	25	25	10	COLLAR		
196	BAR	25	25	25	10	COLLAR	0.5	
197	BAR	25	25	25	10	COLLAR	1	
198	BAR	25	25	25	10	COLLAR	1.5	
199	BAR	25	25	25	10	COLLAR	2	
200	BAR	25	25	25	10	2.5	COLLAR	
201	BAR	25	25	25	10	2.5	COLLAR	0.5
202	BAR	25	25	25	10	2.5	COLLAR	1
203	BAR	25	25	25	10	2.5	COLLAR	1.5
204	BAR	25	25	25	10	2.5	COLLAR	2
205	BAR	25	25	25	15	COLLAR		
206	BAR	25	25	25	15	COLLAR	0.5	
207	BAR	25	25	25	15	COLLAR	1	
208	BAR	25	25	25	15	COLLAR	1.5	
209	BAR	25	25	25	15	COLLAR	2	
210	BAR	25	25	25	15	2.5	COLLAR	
211	BAR	25	25	25	15	2.5	COLLAR	0.5
212	BAR	25	25	25	15	2.5	COLLAR	1
213	BAR	25	25	25	15	2.5	COLLAR	1.5
214	BAR	25	25	25	15	2.5	COLLAR	2
215	BAR	25	25	25	20	COLLAR		
216	BAR	25	25	25	20	COLLAR	0.5	
217	BAR	25	25	25	20	COLLAR	1	
218	BAR	25	25	25	20	COLLAR	1.5	
219	BAR	25	25	25	20	COLLAR	2	
220	BAR	25	25	25	20	2.5	COLLAR	
221	BAR	25	25	25	20	2.5	COLLAR	0.5
222	BAR	25	25	25	20	2.5	COLLAR	1
223	BAR	25	25	25	20	2.5	COLLAR	1.5
224	BAR	25	25	25	20	2.5	COLLAR	2
225	BAR	25	25	25	25	COLLAR		
226	BAR	25	25	25	25	COLLAR	0.5	
227	BAR	25	25	25	25	COLLAR	1	
228	BAR	25	25	25	25	COLLAR	1.5	
229	BAR	25	25	25	25	COLLAR	2	
230	BAR	25	25	25	25	2.5	COLLAR	
231	BAR	25	25	25	25	2.5	COLLAR	0.5
232	BAR	25	25	25	25	2.5	COLLAR	1
233	BAR	25	25	25	25	2.5	COLLAR	1.5
234	BAR	25	25	25	25	2.5	COLLAR	2

235	BAR	25	25	25	25	5	COLLAR		
236	BAR	25	25	25	25	5	COLLAR	0.5	
237	BAR	25	25	25	25	5	COLLAR	1	
238	BAR	25	25	25	25	5	COLLAR	1.5	
239	BAR	25	25	25	25	5	COLLAR	2	
240	BAR	25	25	25	25	5	2.5	COLLAR	
241	BAR	25	25	25	25	5	2.5	COLLAR	0.5
242	BAR	25	25	25	25	5	2.5	COLLAR	1
243	BAR	25	25	25	25	5	2.5	COLLAR	1.5
244	BAR	25	25	25	25	5	2.5	COLLAR	2
245	BAR	25	25	25	25	10	COLLAR		
246	BAR	25	25	25	25	10	COLLAR	0.5	
247	BAR	25	25	25	25	10	COLLAR	1	
248	BAR	25	25	25	25	10	COLLAR	1.5	
249	BAR	25	25	25	25	10	COLLAR	2	
250	BAR	25	25	25	25	10	2.5	COLLAR	
251	BAR	25	25	25	25	10	2.5	COLLAR	0.5
252	BAR	25	25	25	25	10	2.5	COLLAR	1
253	BAR	25	25	25	25	10	2.5	COLLAR	1.5
254	BAR	25	25	25	25	10	2.5	COLLAR	2
255	BAR	25	25	25	25	15	COLLAR		
256	BAR	25	25	25	25	15	COLLAR	0.5	
257	BAR	25	25	25	25	15	COLLAR	1	
258	BAR	25	25	25	25	15	COLLAR	1.5	
259	BAR	25	25	25	25	15	COLLAR	2	
260	BAR	25	25	25	25	15	2.5	COLLAR	
261	BAR	25	25	25	25	15	2.5	COLLAR	0.5
262	BAR	25	25	25	25	15	2.5	COLLAR	1
263	BAR	25	25	25	25	15	2.5	COLLAR	1.5
264	BAR	25	25	25	25	15	2.5	COLLAR	2
265	BAR	25	25	25	25	20	COLLAR		
266	BAR	25	25	25	25	20	COLLAR	0.5	
267	BAR	25	25	25	25	20	COLLAR	1	
268	BAR	25	25	25	25	20	COLLAR	1.5	
269	BAR	25	25	25	25	20	COLLAR	2	
270	BAR	25	25	25	25	20	2.5	COLLAR	
271	BAR	25	25	25	25	20	2.5	COLLAR	0.5
272	BAR	25	25	25	25	20	2.5	COLLAR	1
273	BAR	25	25	25	25	20	2.5	COLLAR	1.5
274	BAR	25	25	25	25	20	2.5	COLLAR	2
275	BAR	25	25	25	25	25	COLLAR		

WOMENS LOADING CHART

15	BAR				
16	BAR	0.5			
17	BAR	1			
18	BAR	1.5			
19	BAR	2			
20	BAR	COLLAR			
21	BAR	COLLAR	0.5		
22	BAR	COLLAR	1		
23	BAR	COLLAR	1.5		
24	BAR	COLLAR	2		
25	BAR	2.5	COLLAR		
26	BAR	2.5	COLLAR	0.5	
27	BAR	2.5	COLLAR	1	
28	BAR	2.5	COLLAR	1.5	
29	BAR	2.5	COLLAR	2	
30	BAR	5	COLLAR		
31	BAR	5	COLLAR	0.5	
32	BAR	5	COLLAR	1	
33	BAR	5	COLLAR	1.5	
34	BAR	5	COLLAR	2	
35	BAR	5	2.5	COLLAR	
36	BAR	5	2.5	COLLAR	0.5
37	BAR	5	2.5	COLLAR	1
38	BAR	5	2.5	COLLAR	1.5
39	BAR	5	2.5	COLLAR	2
40	BAR	10	COLLAR		
41	BAR	10	COLLAR	0.5	
42	BAR	10	COLLAR	1	
43	BAR	10	COLLAR	1.5	
44	BAR	10	COLLAR	2	
45	BAR	10	2.5	COLLAR	
46	BAR	10	2.5	COLLAR	0.5
47	BAR	10	2.5	COLLAR	1
48	BAR	10	2.5	COLLAR	1.5
49	BAR	10	2.5	COLLAR	2
50	BAR	15	COLLAR		
51	BAR	15	COLLAR	0.5	
52	BAR	15	COLLAR	1	
53	BAR	15	COLLAR	1.5	
54	BAR	15	COLLAR	2	
55	BAR	15	2.5	COLLAR	
56	BAR	15	2.5	COLLAR	0.5
57	BAR	15	2.5	COLLAR	1
58	BAR	15	2.5	COLLAR	1.5
59	BAR	15	2.5	COLLAR	2
60	BAR	20	COLLAR		
61	BAR	20	COLLAR	0.5	
62	BAR	20	COLLAR	1	
63	BAR	20	COLLAR	1.5	
64	BAR	20	COLLAR	2	

65	BAR	20	2.5	COLLAR		
66	BAR	20	2.5	COLLAR	0.5	
67	BAR	20	2.5	COLLAR	1	
68	BAR	20	2.5	COLLAR	1.5	
69	BAR	20	2.5	COLLAR	2	
70	BAR	25		COLLAR		
71	BAR	25		COLLAR	0.5	
72	BAR	25		COLLAR	1	
73	BAR	25		COLLAR	1.5	
74	BAR	25		COLLAR	2	
75	BAR	25	2.5	COLLAR		
76	BAR	25	2.5	COLLAR	0.5	
77	BAR	25	2.5	COLLAR	1	
78	BAR	25	2.5	COLLAR	1.5	
79	BAR	25	2.5	COLLAR	2	
80	BAR	25	5	COLLAR		
81	BAR	25	5	COLLAR	0.5	
82	BAR	25	5	COLLAR	1	
83	BAR	25	5	COLLAR	1.5	
84	BAR	25	5	COLLAR	2	
85	BAR	25	5	2.5	COLLAR	
86	BAR	25	5	2.5	COLLAR	0.5
87	BAR	25	5	2.5	COLLAR	1
88	BAR	25	5	2.5	COLLAR	1.5
89	BAR	25	5	2.5	COLLAR	2
90	BAR	25	10	COLLAR		
91	BAR	25	10	COLLAR	0.5	
92	BAR	25	10	COLLAR	1	
93	BAR	25	10	COLLAR	1.5	
94	BAR	25	10	COLLAR	2	
95	BAR	25	10	2.5	COLLAR	
96	BAR	25	10	2.5	COLLAR	0.5
97	BAR	25	10	2.5	COLLAR	1
98	BAR	25	10	2.5	COLLAR	1.5
99	BAR	25	10	2.5	COLLAR	2
100	BAR	25	15	COLLAR		
101	BAR	25	15	COLLAR	0.5	
102	BAR	25	15	COLLAR	1	
103	BAR	25	15	COLLAR	1.5	
104	BAR	25	15	COLLAR	2	
105	BAR	25	15	2.5	COLLAR	
106	BAR	25	15	2.5	COLLAR	0.5
107	BAR	25	15	2.5	COLLAR	1
108	BAR	25	15	2.5	COLLAR	1.5
109	BAR	25	15	2.5	COLLAR	2
110	BAR	25	20	COLLAR		
111	BAR	25	20	COLLAR	0.5	
112	BAR	25	20	COLLAR	1	
113	BAR	25	20	COLLAR	1.5	
114	BAR	25	20	COLLAR	2	
115	BAR	25	20	2.5	COLLAR	
116	BAR	25	20	2.5	COLLAR	0.5
117	BAR	25	20	2.5	COLLAR	1
118	BAR	25	20	2.5	COLLAR	1.5
119	BAR	25	20	2.5	COLLAR	2

120	BAR	25	25	COLLAR			
121	BAR	25	25	COLLAR	0.5		
122	BAR	25	25	COLLAR	1		
123	BAR	25	25	COLLAR	1.5		
124	BAR	25	25	COLLAR	2		
125	BAR	25	25	2.5	COLLAR		
126	BAR	25	25	2.5	COLLAR	0.5	
127	BAR	25	25	2.5	COLLAR	1	
128	BAR	25	25	2.5	COLLAR	1.5	
129	BAR	25	25	2.5	COLLAR	2	
130	BAR	25	25	5	COLLAR		
131	BAR	25	25	5	COLLAR	0.5	
132	BAR	25	25	5	COLLAR	1	
133	BAR	25	25	5	COLLAR	1.5	
134	BAR	25	25	5	COLLAR	2	
135	BAR	25	25	5	2.5	COLLAR	
136	BAR	25	25	5	2.5	COLLAR	0.5
137	BAR	25	25	5	2.5	COLLAR	1
138	BAR	25	25	5	2.5	COLLAR	1.5
139	BAR	25	25	5	2.5	COLLAR	2
140	BAR	25	25	10	COLLAR		
141	BAR	25	25	10	COLLAR	0.5	
142	BAR	25	25	10	COLLAR	1	
143	BAR	25	25	10	COLLAR	1.5	
144	BAR	25	25	10	COLLAR	2	
145	BAR	25	25	10	2.5	COLLAR	
146	BAR	25	25	10	2.5	COLLAR	0.5
147	BAR	25	25	10	2.5	COLLAR	1
148	BAR	25	25	10	2.5	COLLAR	1.5
149	BAR	25	25	10	2.5	COLLAR	2
150	BAR	25	25	15	COLLAR		
151	BAR	25	25	15	COLLAR	0.5	
152	BAR	25	25	15	COLLAR	1	
153	BAR	25	25	15	COLLAR	1.5	
154	BAR	25	25	15	COLLAR	2	
155	BAR	25	25	15	2.5	COLLAR	
156	BAR	25	25	15	2.5	COLLAR	0.5
157	BAR	25	25	15	2.5	COLLAR	1
158	BAR	25	25	15	2.5	COLLAR	1.5
159	BAR	25	25	15	2.5	COLLAR	2
160	BAR	25	25	20	COLLAR		
161	BAR	25	25	20	COLLAR	0.5	
162	BAR	25	25	20	COLLAR	1	
163	BAR	25	25	20	COLLAR	1.5	
164	BAR	25	25	20	COLLAR	2	
165	BAR	25	25	20	2.5	COLLAR	
166	BAR	25	25	20	2.5	COLLAR	0.5
167	BAR	25	25	20	2.5	COLLAR	1
168	BAR	25	25	20	2.5	COLLAR	1.5
169	BAR	25	25	20	2.5	COLLAR	2
170	BAR	25	25	25	COLLAR		
171	BAR	25	25	25	COLLAR	0.5	
172	BAR	25	25	25	COLLAR	1	
173	BAR	25	25	25	COLLAR	1.5	
174	BAR	25	25	25	COLLAR	2	

175	BAR	25	25	25	2.5	COLLAR		
176	BAR	25	25	25	2.5	COLLAR	0.5	
177	BAR	25	25	25	2.5	COLLAR	1	
178	BAR	25	25	25	2.5	COLLAR	1.5	
179	BAR	25	25	25	2.5	COLLAR	2	
180	BAR	25	25	25	5	COLLAR		
181	BAR	25	25	25	5	COLLAR	0.5	
182	BAR	25	25	25	5	COLLAR	1	
183	BAR	25	25	25	5	COLLAR	1.5	
184	BAR	25	25	25	5	COLLAR	2	
185	BAR	25	25	25	5	2.5	COLLAR	
186	BAR	25	25	25	5	2.5	COLLAR	0.5
187	BAR	25	25	25	5	2.5	COLLAR	1
188	BAR	25	25	25	5	2.5	COLLAR	1.5
189	BAR	25	25	25	5	2.5	COLLAR	2
190	BAR	25	25	25	10	COLLAR		
191	BAR	25	25	25	10	COLLAR	0.5	
192	BAR	25	25	25	10	COLLAR	1	
193	BAR	25	25	25	10	COLLAR	1.5	
194	BAR	25	25	25	10	COLLAR	2	
195	BAR	25	25	25	10	2.5	COLLAR	
196	BAR	25	25	25	10	2.5	COLLAR	0.5
197	BAR	25	25	25	10	2.5	COLLAR	1
198	BAR	25	25	25	10	2.5	COLLAR	1.5
199	BAR	25	25	25	10	2.5	COLLAR	2
200	BAR	25	25	25	15	COLLAR		
201	BAR	25	25	25	15	COLLAR	0.5	
202	BAR	25	25	25	15	COLLAR	1	
203	BAR	25	25	25	15	COLLAR	1.5	
204	BAR	25	25	25	15	COLLAR	2	
205	BAR	25	25	25	15	2.5	COLLAR	
206	BAR	25	25	25	15	2.5	COLLAR	0.5
207	BAR	25	25	25	15	2.5	COLLAR	1
208	BAR	25	25	25	15	2.5	COLLAR	1.5
209	BAR	25	25	25	15	2.5	COLLAR	2
210	BAR	25	25	25	20	COLLAR		
211	BAR	25	25	25	20	COLLAR	0.5	
212	BAR	25	25	25	20	COLLAR	1	
213	BAR	25	25	25	20	COLLAR	1.5	
214	BAR	25	25	25	20	COLLAR	2	
215	BAR	25	25	25	20	2.5	COLLAR	
216	BAR	25	25	25	20	2.5	COLLAR	0.5
217	BAR	25	25	25	20	2.5	COLLAR	1
218	BAR	25	25	25	20	2.5	COLLAR	1.5
219	BAR	25	25	25	20	2.5	COLLAR	2
220	BAR	25	25	25	25	COLLAR		
221	BAR	25	25	25	25	COLLAR	0.5	
222	BAR	25	25	25	25	COLLAR	1	
223	BAR	25	25	25	25	COLLAR	1.5	
224	BAR	25	25	25	25	COLLAR	2	
225	BAR	25	25	25	25	2.5	COLLAR	
226	BAR	25	25	25	25	2.5	COLLAR	0.5
227	BAR	25	25	25	25	2.5	COLLAR	1
228	BAR	25	25	25	25	2.5	COLLAR	1.5
229	BAR	25	25	25	25	2.5	COLLAR	2

230	BAR	25	25	25	25	5	COLLAR	
231	BAR	25	25	25	25	5	COLLAR	0.5
232	BAR	25	25	25	25	5	COLLAR	1
233	BAR	25	25	25	25	5	COLLAR	1.5
234	BAR	25	25	25	25	5	COLLAR	2
235	BAR	25	25	25	25	5	2.5	COLLAR