

ATHLETE CODE OF CONDUCT

In addition to the AWF's General Code of Behavior, you must meet the following requirements in regard to your conduct during any activity held or sanctioned by the AWF, a member association or an affiliated club and in your role as a player/participant in any activity held by or under the auspices of the AWF, a member association or an affiliated club:

1. Abide by the General Code of Behavior.
2. Follow the rules of Australian Weightlifting Federation at all times.
3. Give your best at all times.
4. Never argue with an official. Use the appropriate rules and guidelines to resolve a dispute.
5. Control your temper. Verbal or physical abuse is not acceptable.
6. Work equally hard for yourself and/or your team.
7. Be a good sport. Applaud good performances whether they are made by your team or the opposition.
8. Treat all weightlifting participants, as you would like to be treated. Do not bully or take unfair advantage of another competitor.
9. Cooperate with your coaches, team mates, opponents, management, event staff and officials.
10. Respect the rights, dignity and worth of all participants, coaches, officials, and spectators regardless of their gender, ability, ethnicity, cultural background or religion.
11. Care for and respect the equipment provided to you as part of your program.
12. Be frank and honest with your coach concerning illness and injury and your ability to train fully within the program requirements.
13. At all times avoid intimate relationships with your coach.
14. Conduct yourself in a professional manner relating to language, temper and punctuality.
15. Maintain high personal behaviour standards at all times.
16. Abide by the rules and respect the decision of the official, making all appeals through the formal process and respecting the final decision.
17. Be honest in your attitude and preparation to training. Work equally hard for yourself and your team.
18. Cooperate with coaches and staff in development of programs to adequately prepare you for competition at the highest level.
19. Report any incident that you believe to be in breach of the AWF's Code of Conduct to the appointed Team Manager as soon as possible after the incident has occurred.