

**Uesaka Barbell Australia Masters League Final 2017**  
**Brisbane Barbell Club**  
**40 Mayne Rd, Bowen Hills**

**Competition Timetable - 25<sup>th</sup> November 2017**

Masters Women:	Weigh In: 9.00 – 10.00am	Start: 11:00
Masters Men:	Weigh In: 11.00 – 12.00	Start: 1pm



**ALL COMPETITORS MUST WEAR A ONE-PIECE LIFTING SUIT THAT COVERS THE TRUNK AND DOES NOT COVER THE ELBOWS.**

**COMPETITORS MAY ALSO WEAR:**

- A collarless T shirt under a one piece lifting suit
- Close-fitting pants under a one-piece lifting suit
- A full body, one-piece unitard under a one-piece lifting suit
- The top of a unitard that covers the elbows under a one-piece lifting suit / or just the bottoms on their own under a one-piece lifting suit

**COMPETITORS CAN NOT WEAR:**

- Pants and a top instead of a one-piece lifting costume
- Loose fitting clothing
- Anything that covers the elbows (apart from a unitard)
- Any clothing that displays words, slogans, or images other than brand trademarks and/or weightlifting club / team names or logos
- Lifting belts wider than 120mm

## Final Entries

### Women

#	Name	Y.O.B	Club
1	Bronwyn Hitchener	1962	Toowoomba
2	Tara Noonan	1980	BBC
3	Angela Barnas	1980	SCWC
4	Ellen Willis	1965	GCWC
5	Julie Davis	1952	NBWA
6	Kim Walker	1977	GCWC
7	Colleen Duplock	1954	NBWA
8	Telia Dennis	1976	STWC
9			
10			

### Men

#	Name	Y.O.B	Club
1	Colin Schram	1977	Alive Barbell Club
2	Bobby Johnson	1977	Southside Storm
3	Joshua Wood	1978	GCWC
4	Greg Henwood	1969	Unattached
5	Callum Hannay	1979	GCWC
6	John Hanlon	1966	Southside Storm
7	Lincoln Hanson	1980	CWC
8	Jeff Davie	1980	Unattached
9	Scott Mark	1964	Unattached
10	John Brown	1980	BBC

### ***Uesaka Barbell Australia 2017 QWA Masters League***

#### ***Format and Rules***

Below are the rules and regulations under which the Uesaka Barbell Australia QWA Masters League will operate in 2017. The general rules of competition in all Rounds and the Grand Final of the Masters League will be in accordance with the rules of the Australian Weightlifting Federation.

#### ***Entry Conditions and Participation***

To participate in any round of the Uesaka Barbell Australia 2017 QWA Masters League, a person must:

- Be a current financial member of the Queensland Weightlifting Association;
- Be 35 years of age or older as at 31 December 2017;
- Have achieved the minimum qualifying standard of 25.00 points calculated as the person's best result in the official AWF Percentage of World Record Ranking list since 1<sup>st</sup> January 2016 multiplied by the Meltzer-Faber Age Correction Factor for their age as at 31 December 2017;
- Complete the entry process online via the QWA website using a QWA Online Account.

The Uesaka Barbell Australia QWA Masters League consists of two competition Rounds and one Grand Final. Participation in the Masters Grand Final is limited to the ten (10) highest point scorers in the Men's Division and the ten (10) highest point scorers in the Women's Division, based upon the sum of the individuals' scores from the two competition Rounds.

#### ***Scoring***

Uesaka Barbell Australia QWA Masters League scores will be calculated in the following manner:

**Percentage of World Record multiplied by the Meltzer-Faber age coefficient**

The competitor's final total is calculated as a percentage of the relevant current Senior World Record Total for his or her bodyweight category. The final total divided by the World Record x 100 = Percentage Points. The percentage of World Record Total is then multiplied by the Meltzer-Faber coefficient corresponding to the competitor's age as at 31 December in the current year.

**Six out of Six Bonus**

Six (6) points will be awarded for all six attempts being judged "Good lift" by a majority of referees.

**Calculating the League Score**

(Percentage of World Record Total x Age Coefficient) + Bonus Points = Score

**Grand Final**

Participation in the Grand Final is limited to the ten (10) highest point scorers in the Masters Men's Division and the ten (10) highest point scorers in the Masters Women's Division, based upon the individuals' aggregate score from the two competition rounds.

	<b>Round 1</b>	<b>Round 2</b>	<b>Aggregate Score</b>
<b>Example 1</b>	55 points	30 points	55+30 = 85 points
<b>Example 2</b>	50 points	Did not compete	50+0 = 50 points
<b>Example 3</b>	Did not compete	60 points	0+60 = 60 points

If any of the ten (10) highest point scorers choose not to contest the Grand Final, available places will be offered to other lifters in the relevant Division according to the ranking order of the aggregate scores from the two Rounds, up until five (5) days prior to the Grand Final. No substitutions will be made less than five (5) days prior to the date of the Grand Final.

The Grand Final will be conducted according to the competition rules of the Australian Weightlifting Federation.

Scoring in the Grand Final is by the same method used in the Rounds. Point scores are calculated to the third decimal place. If two or more competitors in a Division achieve identical scores, they will share the placing.

**Awards**

The three highest point scorers in the Grand Final of the Uesaka Barbell Australia QWA Men's Masters League and the Uesaka Barbell Australia QWA Women's Masters League will be awarded trophies.

