



2019 Queensland Masters Championships

19-20 January 2019

Milton Weightlifting Club - Milton Oly Fit - www.molyfit.com - 32 Cribb St Milton.

Session:	Weigh-in Start	Weigh-in Finish	Competition Start
Saturday			
1	8.00am	9.00am	10.00am
2	9.30am	10.30am	11.30am
3	11.30am	12.30pm	1.30pm
4	1.30pm	2.30pm	3.30pm
Sunday			
5	8.00am	9.00am	10.00am
6	10.00am	11.00am	12.00pm
7	12.00pm	1.00pm	2.00pm
8	1.30pm	2.30pm	3.30pm

SESSION 1 Weigh-in: 8.00-9.00am Start 10.00am

F59	Valerie Silver	70-74	Unattached	63
F64	Lesley Moyle	70-74	Cougars	66
F55	Julie Davis	65-69	North Brisbane	66
F59	Colleen Duplock	65-69	North Brisbane	63
F71	Meg Emerton	65-69	Cougars	95
F55	Merryn Hillhouse	60-64	Milton Weightlifting	78
F64	Coral Quinell	60-64	Milton Weightlifting	80
F71	Leandra Miscamble	60-64	Burleigh Barbell	84

SESSION 2 Weigh-in: 9.30-10.30am Start 11.30am

F55	Maree Davidson	55-59	BIMSC	73
F64	Wendy Pakchung	55-59	Milton	65
F71	Sue Cox	55-59	North Brisbane	93
F76	Bronwyn Hitchener	55-59	Toowoomba	120
F59	Ellen Willis	50-54	Burleigh Barbell	105
F64	Linda Skerman	50-54	North Brisbane	105
F64	Diana Loy	50-54	Unattached	120
F64	Fiona Redhead	50-54	Milton	120
F71	Liz Cain	50-54	Milton Weightlifting	75
F81	Sandra Branson	50-54	Stay True	92
F87+	Rawena Tairi	50-54	Burleigh Barbell	90

SESSION 3 Weigh-in: 11.30-12.30pm Start 1.30pm

M67	Ludek Prokes *		Cairns Green Ants	75
M81	Ron Fraser	65-69	Unattached	171
M102	Stephen Johnstone	60-64	Unattached	176
M96	John Beavers	55-59	Ipswich Weightlifting	129
M96	Peter Thomsen	55-59	North Brisbane	161
M102	Scott Mark*	55-59	Bounce	169
M89	Dion Walmsley	50-54	Unattached	185
M96	James Mildren*	50-54	Dungeon Barbell	178
M102	John Hanlon	50-54	Southside Storm	140
M109	Tim Redhead	50-54	Milton Weightlifting	190
M109	Peter Foster	50-54	Southside Storm	100

SESSION 4 Weigh-in: 1.30-2.30pm Start 3.30pm

F49	Lisa Souter	45-49	Toowoomba	88
F55	Sonia Stenhouse *	45-49	Saints	92
F55	Justine Winchester	45-49	North Brisbane	66
F59	Tracey Torpie	45-49	Burleigh Barbell	93
F59	Rachel Nicola	45-49	Burleigh Barbell	128
F64	Michelle Kinnane	45-49	North Brisbane	81
F71	Malgorzata Soroka	45-49	Stack City Weightlifting	125
F76	Rachel Munyard	45-49	BIMSC	74
F76	Melinda Symon	45-49	Unattached	72
F76	Rachael Robinson	45-49	Cougars	156
F81	Nicole Swanson	45-49	Vivid Barbell	100
F87	Althea Mackie	45-49	Burleigh Barbell	111
F87	Kylie Posthumus	45-49	Milton Weightlifting	98

SESSION 5 Weigh-in: 8.00-9.00am Start 10.00am

F55	Kim Walker	40-44	Burleigh Barbell	94
F59	Rebecca Kane	40-44	Milton	122
F64	Marianna Toller *	40-44	Dungeon Barbell	142
F71	Kelly Tumata *	40-44	Burleigh Barbell	119
F71	Paige Neal *	40-44	Jimboomba Barbell	115
F71	Zoe Goodwin	40-44	Unattached	75
F71	Bronwyn Graham	40-44	Milton Weightlifting	138
F76	Andrea Arnold	40-44	Bounce	131
F76	Susan Hornick	40-44	Cougars	140
F87	Lainie Carter	40-44	Burleigh Barbell	82
F87+	Telia Tonkin	40-44	Unattached	94
F87+	Leah Chandler *	40-44	Milton	100
F87+	Kelly Sirett	40-44	Unattached	60

SESSION 6 Weigh-in: 10.00-11.00am Start 12.00pm

M61	Graham Walker	45-49	Milton Weightlifting	155
M67	Clint Winchester	45-49	North Brisbane	147
M73	Steven Graham	45-49	Ipswich Weightlifting	182
M96	Robert Binskin	45-49	Cougars	140
M73	Matthew Manz	40-44	Burleigh Barbell	183
M81	Garrith Chandler *	40-44	Milton	163
M89	Colin Schram	40-44	Burleigh Barbell	200
M96	Matt Evans	40-44	Milton	137
M96	Bobby Johnson	40-44	Southside Storm	214
M102	Iain Blacow	40-44	Unattached	194
M102	Adrian Lamond	40-44	Ipswich Barbell	240

SESSION 7 Weigh-in: 12.00-1.00pm Start 2.00pm

F76	Vicki-lee McAnany	35-39	BIMSC	104
F59	Jessica Greacen	35-39	Milton	100
F64	Logan Poon	35-39	Ipswich Weightlifting	138
F64	Rebecca Jakubovsky *	35-39	Townsville Barbell	140
F76	Meagan Wellby *	35-39	Berserker Barbell	150
F81	Angela Barnas	35-39	Sunshine Coast	140
F81	Rebecca Gowland	35-39	Toowoomba	115
F87+	Emily Maher	35-39	Toowoomba	119
	Jamie Swartz *		GUEST	

SESSION 8 Weigh-in: 1.30-2.30pm Start 3.30pm

M55	Fred Buchanan	35-39	North Brisbane	145
M61	Quyen Nguyen	35-39	Cougars	165
M73	Lincoln Hanson	35-39	Cougars	217
M81	Sandow Weldemar Nasution	35-39	Burleigh Barbell	200
M81	Alan (Songhwan) Park	35-39	Milton	208
M89	Nathan Mortensen	35-39	None	225
M96	Brent Vaughan	35-39	Toowoomba	203
	Benjamin Timms *		GUEST	

*Denotes athletes applying for exemption, or applying for invited guest lifter status

COMPETITION INFORMATION

Changes of bodyweight Category must be made to the QWA Office by 12.00pm Friday 18th January via email: gwa@qwa.ORG OR Text: 0438 031 377

Canteen on-site. Food outlets are nearby.

Access to competition, and parking available along Crombie Street

ALL COMPETITORS MUST WEAR A ONE-PIECE LIFTING SUIT THAT COVERS THE TRUNK.

COMPETITORS MAY ALSO WEAR:

- A collarless T shirt under a one piece lifting suit
- Close-fitting pants under a one-piece lifting suit
- A full body, one-piece non-patterned unitard under a one-piece lifting suit
- The top of a non-patterned unitard that covers the elbows under a one-piece lifting suit / or just the bottoms on their own under a one-piece lifting suit

COMPETITORS CAN NOT WEAR:

- Pants and a top instead of a one-piece lifting costume
- Loose fitting clothing
- Anything that covers the elbows (apart from a unitard)
- Any clothing that displays words, slogans, or images other than brand trademarks and/or weightlifting club / team names or logos
- Lifting belts wider than 120mm