

# ***Uesaka Barbell Australia 2017 QWA Masters League Format and Rules***

Below are the rules and regulations under which the Uesaka Barbell Australia QWA Masters League will operate in 2017. The general rules of competition in all Rounds and the Grand Final of the Masters League will be in accordance with the rules of the Australian Weightlifting Federation.

## ***Entry Conditions and Participation***

To participate in any round of the Uesaka Barbell Australia 2017 QWA Masters League, a person must:

- Be a current financial member of the Queensland Weightlifting Association;
- Be 35 years of age or older as at 31 December 2017;
- Have achieved the minimum qualifying standard of 25.00 points calculated as the person's best result in the official AWF Percentage of World Record Ranking list since 1<sup>st</sup> January 2016 multiplied by the Meltzer-Faber Age Correction Factor for their age as at 31 December 2017;
- Complete the entry process online via the QWA website using a QWA Online Account.

The Uesaka Barbell Australia QWA Masters League is an adjunct to the Uesaka Barbell Australia QWA League. Participants in the Uesaka Barbell Australia QWA League who are aged 35 years or more as at 31 December 2017 are automatically entered into the Uesaka Barbell Australia QWA Masters League. The Uesaka Barbell Australia QWA Masters League consists of two Divisions: Masters Men and Masters Women.

Participation in each Uesaka Barbell Australia QWA League & Masters League competition round is limited to 60 competitors per day. This includes competitors of all ages. Entry quotas will be managed by the Online Entry System. Entries open 30 days prior to the closing date and close 13 days prior to the competition date or when the maximum number of entries is reached, whichever comes first. No late entries can be accepted.

Masters entrants will be scheduled to compete according to their Uesaka Barbell Australia QWA League Division. Division 1 and Division 4 will be scheduled to compete on the Saturday; and lifters who are classified in Division 2 and Division 3 will be scheduled to compete on the Sunday. Uesaka Barbell Australia Masters League entrants who are not qualified to compete in the Uesaka Barbell Australia QWA League will be scheduled to compete on Saturday.

Entrants may swap sessions with each other provided that both entrants are the same gender and they notify the QWA office of the swap no less than 5 days prior the commencement of the competition.

The Uesaka Barbell Australia QWA Masters League consists of two competition Rounds and one Grand Final. Participation in the Masters Grand Final is limited to the ten (10) highest point scorers in the Men's Division and the ten (10) highest point scorers in the Women's Division, based upon the sum of the individuals' scores from the two competition Rounds.

## ***Scoring***

Uesaka Barbell Australia QWA Masters League scores will be calculated in the following manner:

### **Percentage of World Record multiplied by the Meltzer-Faber age coefficient**

The competitor's final total is calculated as a percentage of the relevant current Senior World Record Total for his or her bodyweight category. The final total divided by the World Record x 100 = Percentage Points. The percentage of World Record Total is then multiplied by the Meltzer-Faber coefficient corresponding to the competitor's age as at 31 December in the current year.

### **Six out of Six Bonus**

Six (6) points will be awarded for all six attempts being judged "Good lift" by a majority of referees.

### **Calculating the League Score**

(Percentage of World Record Total x Age Coefficient) + Bonus Points = Score

## ***Grand Final***

Participation in the Grand Final is limited to the ten (10) highest point scorers in the Masters Men's Division and the ten (10) highest point scorers in the Masters Women's Division, based upon the individuals' aggregate score from the two competition rounds.

	<b>Round 1</b>	<b>Round 2</b>	<b>Aggregate Score</b>
<b>Example 1</b>	55 points	30 points	55+30 = 85 points
<b>Example 2</b>	50 points	Did not compete	50+0 = 50 points
<b>Example 3</b>	Did not compete	60 points	0+60 = 60 points

If any of the ten (10) highest point scorers choose not to contest the Grand Final, available places will be offered to other lifters in the relevant Division according to the ranking order of the aggregate scores from the two Rounds, up until five (5) days prior to the Grand Final. No substitutions will be made less than five (5) days prior to the date of the Grand Final.

The Grand Final will be conducted according to the competition rules of the Australian Weightlifting Federation.

Scoring in the Grand Final is by the same method used in the Rounds. Point scores are calculated to the third decimal place. If two or more competitors in a Division achieve identical scores, they will share the placing.

### ***Awards***

The three highest point scorers in the Grand Final of the Uesaka Barbell Australia QWA Men's Masters League and the Uesaka Barbell Australia QWA Women's Masters League will be awarded trophies.